

PLAYING REGULATION 19.0 - WRESTLING

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the Senior age requirements as per [Article VI, Section III](#) of the HSSAA Constitution.
3. **EVENTS:** O.F.S.A.A. metric weights will be used in Halton. The weights are as follows: Men: 38kg, 41kg, 44kg, 47.5kg, 51kg, 54kg, 57.5kg, 61kg, 64kg, 67.5kg, 72kg, 77kg, 83kg, 89kg, 95kg, 130kg, and over 130kg.
 - In order to compete in the 130 kg class, a competitor must weigh in over 95 kg and in order to compete in the highest weight class, a competitor must weigh in over 130 kg. Women: 41kg, 44kg, 47.5kg, 51kg, 54kg, 57.5kg, 61kg, 64kg, 67.5kg, 72kg, 77kg, 83kg, 115kg, and over 115kg.
 - In order to compete in the 115 kg class, a competitor must weigh in over 83 kg and in order to compete in the highest weight class, a competitor must weigh in over 115 kg.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#). Boys and Girls will be eligible to compete in their respective weight classes.
5. **ENTRIES:** Each school may enter an unlimited number of competitors per weight class; however, only the highest two (2) finishers will count for team points.
6. **RULE BOOK:** The current Wrestling Canada Lutte rule book will govern with the right of modification where it benefits Halton.
7. **OFFICIALS:** Only rated officials will be used. Five officials should be used. (If there are four mat surfaces)
8. **UNIFORMS:** Not specified.
9. **STARTING TIME:** 7:30 AM - 8:30 AM - WEIGH INS
8:30 AM - 9:15 AM - COACHES MEETING AND DRAW
9:30 AM - START OF COMPETITION
10. **AWARDS:** A Trophy will be presented to the overall team Champion. Individual Weight Class Champions receive Medallions. The winning team will receive (18) Medallions.
11. **GHAC REPRESENTATION:**
 - a) **ELIGIBILITY:** The top (4) wrestlers as determined by each region, shall be eligible for GHAC competition. If one region does not have (4) competitors, the other region may send their 5th and 6th place finishers. The regional results must be forwarded by email to the GHAC Convenor within (24) hours of the regional competition. Both the Hamilton and Halton Championships should be held on the same day. Wrestlers must compete in a minimum of (3) competitions prior to their regional qualifying tournament to be eligible for GHAC competition.

All wrestlers must be registered with the Hamilton, Halton and GHAC Convenors, (2) weeks prior to the GHAC competition. Wrestlers must be registered at a given weight (Wrestler may wrestle 119, 127, or 134)

b) BYE INTO GHAC: Athletes may be given a bye directly into GHAC under exceptional circumstances such as injury, sickness, involvement in a higher level of competition etc. The granting of a bye is at the discretion of the regional coaches and must follow a formal request by the athlete's coach. Injured or ill athletes must make weight at the Regionals, those involved in another competition must be competing at or below their GHAC weight or make weight before departure. If an athlete receives a bye, he must be seeded #1 or #2 from his region. The region will only qualify (3) others at the regional competition and a maximum of (4) overall.

c) SEEDING: 1st and 3rd seeds from one region will be grouped with the 2nd and 4th seeds from the other region. In the first round the pairings will be #1 seed (Hamilton/Halton) vs. #4 seed (Hamilton/Halton) and #2 seed (Hamilton/Halton) vs. #3 seed (Hamilton/Halton).

d) FORMAT: A two pool round robin format will be used. All wrestlers in the pool will face one another, unless one wrestler is winless after two rounds and all other competitors have won one match. If two wrestlers are winless after Round #2, they will meet to determine 3rd place in the pool. (Good points will not be used to eliminate wrestlers who have not met). In the semi-finals, #1 from Pool #1 and Pool #2 will face #2 from Pool #2 and Pool #1. The winners of the semi-finals will compete for the Gold Medal and qualify for OFSAA competition, while the losers will compete for the Bronze. The 3rd place finisher in each pool will wrestle for 5th place. If there are less than (6) competitors, only (1) Pool will be used. In a (1) Pool system, the zone champions will face the lowest finisher from the other zone in round #1. Zone Champions will not meet before round #3.

e) SCORING: Only the top placing per school will count for team points. Challenge matches do not affect medal placement or team scoring.

SCORING: 1ST - 12 POINTS

2ND - 9 POINTS

3RD - 6 POINTS

4TH - 4 POINTS

5TH - 2 POINTS

6TH - 1 POINT

f) CHALLENGE MATCHES: Using the Pool format, there will no longer be any challenge matches

g) WEIGH-INS: Optional night before weigh-ins will be held at two locations. Weigh-ins will be done from 6:00 PM to 6:30 PM and supervised by a GHAC Official. Night before weigh-ins must be verified by an official and an opposing coach. Night before weigh-ins will be held in alternating years in Burlington/Hamilton and Georgetown/Milton. Those who do not weigh in the night before, may weigh in at the competition site on the morning of the competition.

h) GHAC DRAW: FORMAT - (2) Four man Pool

- UWW Nordic Draw Scoring/FILA Round Robin Scoring

- Seeding remains as is

11. **GENERAL REGULATIONS:**

a) TOURNAMENT DRAW: A double elimination bracket draw will be used in weight classes with 6 or more athletes, and a Nordic draw will be used in weight classes with 5 or less athletes.

b) TEAM SCORING: All individuals placing in the top (6) will score points for their team. Only the top (2) wrestlers per school may count for team points. Only the top placing per school will count for team points. Challenge matches do not affect medal placement or team scoring.

SCORING: 1ST - 12 POINTS
 2ND - 9 POINTS
 3RD - 6 POINTS
 4TH - 4 POINTS
 5TH - 2 POINTS
 6TH - 1 POINT

- c) WEIGH-INS: Calibrated scales must be used.
- d) DATES: The GHAC Meet should be approximately one week before OFSAA and the Halton Tournament one week before GHAC.
- e) HALTON SEEDING: Seeding will be agreed upon between coaches before the draws are posted.