

PLAYING REGULATION 18.1 - VOLLEYBALL (GIRLS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the HSSAA Constitution
3. **EVENTS:** There will be competitions for Junior and Senior Champions in the respective league alignment divisions.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each school may enter one team per Division.
6. **RULE BOOK:** The rules and regulations as outlined in the "Volleyball Guide" by the C.V.A. will govern unless specified differently in the Playing Regulations. The height of the net for Senior Girls will be 2.24 metres and the height of the net for Junior Girls will be 2.15 metres
7. **OFFICIALS:**
 - a) To be assigned by the Halton Referee-In-Chief. Officials shall be of the highest caliber possible. Referees are not to be used when they teach in the school of one of the competing teams, unless both coaches agree.
 - b) Two rated officials are to be used for all playoff games.
 - c) Officials for all playoff and championship games are to be assigned under the direction of the league Convenor. Requests for specific officials are to be discouraged.
 - d) The Referee-In-Chief (or designate) must be invited to attend a coaches meeting prior to the start of league play, outlining any rule changes or interpretations for the season. Changes in rules and/or interpretations should not occur during the season without another meeting of the coaches, Convenor and Referee-In-Chief. Requests for rule changes specific to Halton by the coaches must be made at this meeting.
 - e) The Referee-In-Chief must be made aware of any league exceptions to O.V.A. Rules and he/she in turn, must make his/her officials aware of these exceptions.
8. **UNIFORMS:** Will be governed by O.V.A. Rules.
9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches meeting
10. **AWARDS:** For each Division, there will be:
 - a) A Trophy - for the winning team
 - b) Medallions - for each member of the winning team (max 15)
 - c) Medallions - for each member of the finalist team (max 15)
11. **GHAC REPRESENTATION:** As governed by HSSAA Constitution [Article XVI, Section XI](#)
12. **GENERAL REGULATIONS:**
 - a) The following exceptions to C.V.A. Rules will be permitted:
 1. More than (12) players are allowed to be listed on the score sheet and to play in one match.

2. Team members will be allowed to come off the bench to listen to the coach during timeouts.
3. More than one coach may be allowed to come off the bench to speak to the home team during a time out. (Max. of 2)
- b) The host school will provide whistles, time clock, competent linesperson, game ball, scorer and visual scoreboard. The home team will provide two lines persons. The visiting team will provide their own practice balls.
- c) LEAGUE GAMES:
 1. All matches will be (2) out of (3) games.
 2. The 3rd game is compulsory.
 3. Flip a coin for serve in the 3rd game and switch ends after one team accumulates (8) points.
 4. All games are to be played in the school's main gymnasium.
 5. The Convenor will attempt to schedule half of the school's games with the Junior Team playing first and the other half with the Senior Team playing first.
 6. Warm-up will be 5-5-2 with the home team having court first.(5-5-2 means the home team has the entire court for five minutes, followed by the visiting team having the court for five minutes, followed by a 2 minute serving period by both teams.
- d) All Senior finals and OFSAA qualifying/challenge matches will be best 3 out of 5 sets played to 15 points. Junior finals will remain the best 2 out of 3 format.
- e) BREAKING TIES Refer to Article XXII, Section IV – Application of Sport Specific Tiebreakers.
 - e) At all HSSAA games, effective September 1990, a three copy game sheet must be used with one copy going to the Visiting Team, one copy going to the Home Team and one copy going to the Athletic Convenor.
 - f) A player or coach ejected from a league or playoff game will be automatically prohibited from dressing for and participating in the next scheduled game.