

HALTON
SECONDARY
SCHOOL
ATHLETIC
ASSOCIATION



CONSTITUTION

hssaa.ca

REVISED: September 2023

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PART I

NAME

The name of this organization shall be known as the Halton Secondary School Athletic Association, hereafter called the HSSAA or the Association.

MISSION STATEMENT

The Halton Secondary School Athletic Association shall strive to deliver a fair, equitable, competitive structure of Interschool Athletic activities among member schools that will encourage student participation, consistent with the aims and objectives of the Association.

AIMS AND OBJECTIVES

SECTION I - AIMS

The aim of the Association shall be to make the fullest possible contribution to the health, happiness and physical welfare of participating students by sponsoring well organized and properly supervised Interschool Athletic activities.

SECTION II - OBJECTIVES

- A) To promote, organize and administer athletic competition between member schools of the Association.
- B) To provide opportunities for the development of physical literacy skills, living skills, and physical fitness.
- C) To provide students with the opportunity to participate in Interschool Athletic activities, according to their interests, as an extension of the Member School's Health and Physical Education program.
- D) To promote and encourage sportsmanship and fair play among all participating students and all members of the Association.
- E) To support all participating students in recognizing their strengths and limitations, thereby allowing students to work towards achieving their goals.
- F) To develop positive relationships with peers and to encourage interest and participation beyond the Interschool level in outside groups or sports clubs in the community.
- G) To stimulate participating students to achieve academic success and to make positive contributions to each school's environment.
- H) To provide, through Interschool competition, opportunities for member schools and student athletes to progress onto Regional and/or Provincial competitions, as per the GHAC and OFSAA Constitution.

PART II

MEMBERSHIP

SECTION I: GENERAL

The Association shall consist of a group of schools, hereinafter referred to as Member Schools, which meet the requirements stated in this Constitution. These Member Schools are to be comprised of secondary schools as approved by the Ontario Ministry of Education. Any association member, through established process and protocol, shall be accorded the privilege of inquiry, can put forth or second any Notice of Motion for change in By-Laws or Playing Regulations, can nominate fellow members for Association Awards or Executive Council Office or be nominated themselves or other privileges described herein.

SECTION II: CLASSIFICATION

Member Schools shall be of three classifications as follows:

- A) Full Members shall be secondary schools under the jurisdiction of the Halton District School Board;
- B) Associate or Independent Members shall be secondary schools as defined by the By-Laws;
- C) Individuals included as members of this Association are comprised of the teachers, community coaches and student-athletes of the Member Schools, and the Executive Council.

SECTION III: APPLICATION

Any secondary school seeking membership to this Association must forward a formal request in writing to the Association Secretary prior to the Association's Annual General Meeting, for acceptance into the following school year's competitive structure. Such requests must include the name, colours and mascot of the school and must indicate that the applicant school will abide by the By-Laws, Playing Regulations, Policies, Procedures and Standing Rules of the Constitution and Association. Acceptance by HSSAA will mandate full commitment to HSSAA while the school is a member of the Association.

SECTION IV: ACCEPTANCE

The Association Secretary shall give notice and present any application for new membership for ratification at the Association's Annual General Meeting. An approval of 2/3 (two thirds) majority of member schools present is required for acceptance of any new member applicant. Voting procedures require (1) one vote per member school.

SECTION V: STATUS

Any Member School in good standing at the end of August each year shall remain in good standing upon payment of their membership dues for the next fiscal year unless suspended for good and sufficient cause.

SECTION VI: CONDITIONS

Member Schools of this Association are accepted as such upon payment of membership annual dues as determined by the HSSAA Athletic Convenor and communicated to member schools at the September General Meeting. All Member Schools agree to abide by Association By-Laws, Playing Regulations, Policies, Procedures and Standing Rules. Member Schools shall provide member representation at all Association Meetings and Interscholar Athletic competitions as required.

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ARTICLE I – EXECUTIVE COUNCIL

SECTION I: GENERAL

The Executive Council of the Halton Secondary School Athletic Association shall be the decision making body and as such will determine policies and establish principles for conducting the affairs of the Association.

SECTION II: OFFICERS

The Executive Council shall consist of the following officers and representatives:

- President
- Vice-President
- Secretary
- Secondary Athletic Convenor
- Transfer Representative
- OFSAA/GHAC Representative
- HPE Department Head Representative – HDSB
- HPE Department Head Representative – Independent Member Schools
- Principal’s Representative - HDSB
- Secondary Program Department Representative - HDSB
- Past-President
- Members at Large

SECTION III: CHIEF EXECUTIVE OFFICER

The Chief Executive Officer and official spokesperson of the HSSAA shall be the President of the Association. The President shall preside over the meetings of the Executive Council, General Meetings and Association Boards of Reference for Code of Conduct/Sanctions and Eligibility.

SECTION IV: ELECTION AND TERM

Elections for Executive Officers will occur at the year end General Meeting. A candidate will be vetted by the relevant Board of Education for nomination to the position of Association Secretary every two (2) years. The term of office for the positions of President, Vice-President, and Past-President shall be for two (2) years. The term of office for the position of Secretary shall be for two (2) years. The term of all remaining members of the Executive Council shall be for an unspecified period of time, renewable each year at the Annual General Meeting of the Association.

Members of the Association who are interested in becoming more familiar with the work of the Executive will have an opportunity to serve the Association for one year as a Member at Large. Members at Large will be appointed and/or re-appointed annually. When selecting Members at Large, the Executive Council will make every effort to assure that there is equal gender representation, both the Public, and Independent Member Schools are represented and all three Regions of Halton (North, East and West) are represented.

In the event that an officer or other member of the Executive Council is unable to complete a term of office, a replacement may be appointed by the Executive Council to serve the balance of the term.

Nominations for the position of Secretary must be submitted in writing to the Association Secretary, no later than May 31st of the school year in which officers are scheduled for

election or re-election. Should a position remain open prior to the Annual General Meeting, nominations from the floor for such open positions will be accepted.

Should more than one (1) individual be nominated for any single office or position, an election by secret ballot shall be held. The Association Secretary shall be responsible for administering an election process with all Member School representatives eligible to cast one (1) vote for a candidate of his/her choice.

SECTION V: DUTIES OF OFFICERS AND REPRESENTATIVES

PRESIDENT:

- The President shall be the Chief Executive Officer of the Association
- The President shall act as the official spokesperson for the Association
- The President shall preside over the Board of Reference, Executive Council, General and Annual General Meetings.
- The President shall have the authority to inquire into any matter pertaining to the affairs of the Association.
- The President shall have the authority to request information concerning any issue or incident or request any individuals attend any meeting.
- The President shall be part of the Sanctions Committee.
- The President shall perform other duties and functions as directed by the Executive Council.
- The President shall report to the Association at each General and Annual General Meeting.

VICE-PRESIDENT:

- The Vice-President shall act whenever the President is unable to act or prefers not to act in matters of conflict of interest.
- The Vice-President shall be the coordinating contact regarding all requests for Board of Reference hearings.
- The Vice-President shall perform other duties and functions as directed by the Executive Council.
- The Vice-President shall serve as a member of the HSSAA Transfer Committee and assist in those cases as requested by the HSSAA Transfer Representative.
- The Vice-President shall be responsible for coordinating all Association Awards of recognition as outlined in the Constitution.

SECRETARY:

- The Association Secretary shall keep an accurate record of all proceedings of the Association at Executive Council, General and Annual General Meetings.
- The Secretary shall distribute notice of all motions and business due to be presented at General and Annual General Meetings to all Principals, Executive Council Members and all Members of the Association at least ten (10) days prior to the date of the meeting in question.
- The Secretary shall distribute a copy of minutes from all General and Annual General Meetings to Principals, HPE Department Heads and all Executive Council Members.
- The Secretary shall report to the Association at each General and Annual General Meeting.
- The Secretary shall write and distribute letters of sanction to the individuals and schools involved in the violation.

- ❑ The Secretary shall distribute a report of the Board of Reference as required, to those individuals and schools involved and shall report such findings at the next scheduled meeting of the Association following the Board of Reference.
- ❑ The Secretary shall serve as a member of the HSSAA Transfer Committee and assist in those cases as requested by the HSSAA Transfer Representative.
- ❑ The Secretary shall ensure that all changes to the Constitution be accurately recorded and provided to the Athletic Convenor who will immediately post them onto the Association's Website.
- ❑ The Secretary shall act as the Sanctions Representative of the Association and carry out all duties and responsibilities of that role. In this capacity, the Secretary Shall:
 - Confer with the Sanctions Committee (composed of him/herself, the President, the Athletic Convenor, and the HSSAA Principals' Rep) on any violations that involve Code of Conduct.
 - The Sanction Representative shall report to the Executive Council at each Executive Council Meeting.
 - The Sanction Representative shall communicate the violation and sanction via a letter of sanction to the individual and/or schools involved

SECONDARY ATHLETIC CONVENOR:

- ❑ The Athletic Convenor shall have the power to initiate decisions and resolve issues regarding competitive structure and other such matters within the scope and mandate of the position.
- ❑ The Athletic Convenor shall act as the Treasurer of the Association and carry out all duties and responsibilities of that role. In this capacity, the Athletic Convenor shall
 - set the annual budget for the Association and invoice member schools accordingly
 - keep an accurate record of all money received and disbursed on behalf of the Association.
 - maintain an Account in the name of the Association and shall keep an accurate record of all transactions.
 - prepare and submit a financial statement to the Association at the Annual General Meeting for the current school year.
 - purchase, repossess and distribute the property of the Association.
- ❑ The Athletic Convenor shall carry out duties and functions as outlined in the Constitution in accordance with all By-Laws, Playing Regulations, School Board Policies, Admin Procedures and Standing Rules.
- ❑ The Athletic Convenor shall be part of the Sanctions Committee;
- ❑ In cases of minor violations, the Athletic Convenor shall levy the appropriate sanction and notify the schools involved as well as the Sanction Representative and the Secretary who sends a letter of sanction to the Executive Council and the schools involved.
- ❑ The Athletic Convenor shall present to the Association each year at the Annual General Meeting, a schedule of tentative dates for HSSAA, GHAC and OFSAA Championship events for the upcoming year, subject to final approval by the Executive Council in the fall.
- ❑ The Athletic Convenor shall serve as a member of the GHAC Council with duties and functions as outlined in the GHAC Constitution.
- ❑ The Athletic Convenor shall report to the Association at each General and Annual General Meeting.

TRANSFER REPRESENTATIVE:

- ❑ The Transfer Representative shall process and investigate, if necessary, all applications for eligibility as submitted by Member Schools on behalf of applicable transfer students, in accordance with Article XII - Transfer Policy.
- ❑ The Transfer Representative will confer with the Transfer Committee (composed of The Transfer Rep, the Vice-President, the Secretary and an additional Executive member) on any applications for eligibility that are not clearly a 'yes' or 'no' in accordance with Article XII.
- ❑ The Transfer Representative shall communicate all transfers to the Executive Council in accordance with the set Critical Dates.
- ❑ The Transfer Representative shall serve as a member of the GHAC Transfer Committee and as such, complete those duties and functions as outlined in the GHAC Constitution.
- ❑ The Transfer Representative shall report to the Association at each General and Annual General Meeting.

HPE DEPARTMENT HEAD'S REPRESENTATIVE – HDSB:

- ❑ The HPE Department Head's Representative from the Halton District School Board shall represent the HPE Department Heads of the Member Schools under the jurisdiction of the Halton District School Board, at all Executive Council, General and Annual General Meetings.
- ❑ The HPE Department Head's Representative shall act as liaison between the Association and the HPE Department Heads of the Member Schools of the Halton District School Board.
- ❑ The HPE Department Head's Representative shall distribute the HSSAA General Meeting Agendas and minutes to all Association members at their school.

HPE DEPARTMENT HEAD'S REPRESENTATIVE – INDEPENDENT SCHOOLS:

- ❑ The HPE Department Head's Representative from the Independent Schools shall represent the HPE Department Heads of the member schools, at all Executive Council, General and Annual General Meetings.
- ❑ The HPE Department Head's Representative shall act as liaison between the Association and the HPE Department Heads of the member schools not belonging to the Halton District School Board
- ❑ The HPE Department Head's Representative will be asked to attend Sanction Committee Meetings
- ❑ The HPE Department Head's Representative shall distribute the HSSAA General Meeting Agendas and minutes to all Association members not belonging to the Halton District School Board.

OFSAA/GHAC REPRESENTATIVE:

- ❑ The OFSAA Representative shall serve as a member of the GHAC Council with duties and functions as outlined in the GHAC Constitution.
- ❑ The OFSAA Representative shall represent GHAC and the Association at all scheduled OFSAA Meetings and act as liaison between OFSAA, GHAC and the Association.

PRINCIPAL'S REPRESENTATIVE – HDSB:

- ❑ The Principal's Representative from the Halton District School Board shall represent the Principals of the Member Schools, under the jurisdiction of the Halton District School Board, at all Executive Council, General and Annual General Meetings.
- ❑ The Principal's Representative shall act as liaison between the Association and the Principals of the Member Schools of the Halton District School Board.

SECONDARY SCHOOL PROGRAM DEPARTMENT REPRESENTATIVE - HDSB:

- ❑ The Secondary School Program Department Representative - HDSB shall represent the Halton District School Board at all Executive Council, General and Annual General Meetings.
- ❑ The Secondary School Program Department Representative - HDSB shall act as liaison between the Association and the Halton District School Board.
- ❑ The Secondary School Program Department Representative - HDSB will be asked to attend Sanction Committee and Board of Reference Committee meetings.

PAST-PRESIDENT:

- ❑ The Past-President shall be the individual who most recently served as Association President, unless otherwise required due to unusual circumstances.
- ❑ The Past-President shall act as advisor to the Executive Council and provide suggestions and advice as required from time to time.
- ❑ The Past-President shall perform other duties and functions as directed by the Executive Council.

MEMBERS AT LARGE:

- ❑ Members at Large will attend all HSSAA Executive Meetings and HSSAA General Meetings.
- ❑ Members at Large may be asked to sit on the Sanctions Committee and/or the Transfer Committee
- ❑ Members at Large will be asked to attend any Board of Reference
- ❑ Members at Large may assist Executive Officers with their duties if requested to do so

SECTION VI: REPRESENTATION

Each Member School's Principal shall designate an individual who shall act as a representative of the school, and will fulfill periodic duties as outlined in the Constitution or as requested by the Executive Council or full membership of the Association.

SECTION VII: QUORUM

- A quorum for the transaction of business at an Executive Council Meeting shall be a majority of Council members.
- A quorum for the transaction of business at any scheduled General or Annual General Meeting shall be a majority of the Member Schools.

SECTION VIII: VOTING

- All members of the Executive Council shall have voting privileges at Executive Council and/or Board of Reference Hearings, subject to any conflict of interest. No one member shall have more than one vote on any issue. Members at Large will only have voting privilege if asked to do so by the President (as in a case where it would complete the quorum). The Member at Large has the right to refuse the request to vote.
- Representatives of each Member School or duly authorized substitute shall have one (1) vote on issues or matters that require one (1) vote per Member School. A majority vote shall carry or defeat a motion unless otherwise specifically accepted herein.

ARTICLE II – STANDING COMMITTEES

SECTION I:

There shall be the following Standing Committees:

Sports Advisory Committees
Transfer Committee
Sanctions Committee
Constitution Review Committee

SECTION II: SPORTS ADVISORY COMMITTEE

- The Sports Advisory Committee consists of coaches in specific sports who will support the Athletic Convenor in decision-making, when appropriate.
- The Sports Advisory Committees are in place to make recommendations or suggestions to the Athletic Convenor with regards to the current playing regulations.
- Coaches are asked annually if they wish to be part of these committees. There is no limit to the number of coaches on each sport-specific committee.

SECTION III: TRANSFER COMMITTEE

- The Transfer Committee shall be composed of the Transfer Representative, the Association Vice-President, Association Secretary and one (1) other Member of the Executive Council.
- The Chairperson of the Transfer Committee shall be the Transfer Representative.
- The Transfer Committee shall act to determine transfer eligibility with respect to those cases whereby the Transfer Representative recommends further and closer evaluation.

SECTION IV: SANCTIONS COMMITTEE

- The Sanctions Committee shall make rulings on all matters not covered by the playing regulations. Violations are to be reported in writing to the President and the Chair of the Sanctions Committee before a meeting of the Committee will be held
- The Committee may be asked by a Board of Reference - Code of Conduct to determine the appropriate sanction for a violation identified in that Board of Reference.
- The Sanctions Committee shall be composed of the President, Athletic Convenor and the Secretary.
- Any member of the Sanctions Committee who is directly involved with the issue in question or cannot attend, will attempt to appoint an impartial proxy from a neutral school. If a member of the Sanctions Committee is directly involved, the Past President may be invited to assist, if needed.

SECTION V: CONSTITUTION REVIEW COMMITTEE

- The Constitution Review Committee shall be composed of volunteer members of the Committee of the Association as appointed by the President.
- The Constitution Review Committee shall meet from time to time as required or as mandated by the Executive Council and report its findings, suggestions and recommendations to the Executive within a specified time frame.
- The purpose or mandate of the Constitution Review Committee is to conduct a periodic review of the Association Constitution By-Laws for the purpose of making suggestions or recommendations to the Executive Council or for other such purposes as directed by the Board or Executive Council.

ARTICLE III – FINANCES

SECTION I: RESPONSIBILITY

The responsibility for collection of fees and revenues and disbursement of funds shall be the Athletic Convenor. The Treasurer shall be authorized to make purchases or authorize expenditures on behalf of the Association where required.

SECTION II: BANKING

The Athletic Convenor shall maintain a bank account in the name of the Association and shall keep accurate records of all bank transactions. The Treasurer shall report to the Board at General and Annual General Meetings, the current bank balance and statement of accounts.

SECTION III: BUDGET

The Athletic Convenor shall present a financial report to the Association each year at the September General Meeting. Included within that budget will be a suggested fee schedule for member schools for the current year.

SECTION IV: MEMBERSHIP FEES & DUES

The Association may from time to time be required to provide fees and dues on behalf of the Association as part of its membership affiliations to organizations such as GHAC and OFSAA.

SECTION V: ACTIVITY REPORTS

The Athletic Convenor shall complete a financial report for each applicable activity Championship. A report form shall be kept on file and summarized at a scheduled General Meeting where the applicable activity report is tabled. Financial Reports are due within 30 days following the conclusion of each activity.

SECTION VI: ADMISSIONS

For HSSAA Championship games or events, the admission charge for spectators will be \$3 for students and \$5 for adults. The Association shall run a gate at the following Championships to help offset the cost of field rental, officials, Athletic Therapists, etc... - Basketball, Volleyball, Football and Hockey. Any expenses incurred that are not reimbursed by School Boards, should be paid from gate receipts and/or ticket revenue as a result of pre-sold tickets at the competing schools.

The Association sanctions the advance sale of admission tickets or the operation of an admission gate at qualifying playoff round events. The designated home team is authorized to run such a gate if so desired. The visiting team in such events may presell admission tickets within their own school and ticket holders shall be granted, without charge, entry to such events. Competing schools are authorized to retain profits in all HSSAA qualifying playoff competitions.

For GHAC Championships or GHAC Sanctioned OFSAA Qualifying Competition, regulations and procedures regarding admissions and/or residual profits shall be as outlined in the GHAC Constitution.

SECTION VII: ENTRY FEES

All entry, participation, social or other applicable fees assigned as a requirement of participation at OFSAA Championships, shall be the responsibility of the competing or representing school.

SECTION VIII: FAILURE TO PAY FEES

Failure of any member school to pay their annual fees will result in all teams from the offending school being suspended from HSSAA play until such fees are paid. Games not played due to such a suspension will result in a forfeit win awarded to their opponents.

ARTICLE IV – MEETINGS

SECTION I: SPECIAL MEETINGS

A special meeting of the Association may be called at any time by the President or Executive Council to deal with issues or matters of urgency.

SECTION II: ORDER OF BUSINESS

The order of business at any General Meeting of the Association shall be: Call to Order, Roll Call, President's Remarks, Adoption of Minutes from Previous Meeting(s), Secretary's Report, Correspondence, Notices of Motion, GHAC Report, OFSAA Report, Transfer Committee Report, Athletic Convenor's Report (including a financial report), New Business, Adjournment.

SECTION III: QUORUM AND VOTING

A quorum for the transaction of business at a General or Annual General Meeting shall be a majority of the member schools. A representative of each member school or duly authorized substitute shall have one (1) vote on issues or matters that require one (1) vote per member school. A majority vote shall carry or defeat a motion unless otherwise specifically accepted herein.

SECTION IV: ATTENDANCE

Schools MUST have a representative at all pre season coaches meetings and a maximum of four (4) General Association meetings. Failure to attend a pre-season coaches meeting will result in a deduction from team points at the end of the regular season equal to one win (ie, two points in Rugby). For sports where athletes compete as individuals and gain points towards a team title (i.e badminton) the point deduction will come at the end of the Halton Competition. Failure to attend a general meeting will result in a forfeiture of voting privilege at the next attended meeting. Consecutive missed meetings will result in consecutive meetings without voting privilege or removal from HSSAA.

ARTICLE V - AMENDMENTS

1. may be made to the Constitution By-Laws by a majority vote of the member schools present at a regularly scheduled Association Meeting. An abstention will not be considered in the count to determine the majority vote. All amendments shall take effect immediately upon being passed unless otherwise stated in the original motion or amendment.
2. Notices of Motion to be considered at the regularly scheduled Association Meetings must be in writing and submitted to the Association Secretary five (5) days prior to the Executive Council meeting to be reviewed. The Agenda including the confirmed Notices of Motion must be circulated to the Executive Council, HPE Heads and school Principals ten (10) days prior to the General Meeting.

SECTION II: PLAYING REGULATIONS

1. HSSAA Playing Regulation changes must first be presented at either a Post-Season Coaches meeting, a Sport Advisory Committee meeting, or an informal and inclusive discussion for due deliberation and consideration. Such changes must have the support of a majority of participating school coaches in order to proceed with a

Notice of Motion to change the Playing Regulation at a regularly scheduled Association Meeting. Minor issues such as housekeeping items are exempt from this process.

2. Any notices of motion must be reviewed at the Executive Council Meeting for approval.
3. Amendments may be made to the Playing Regulations by a majority vote of the member schools present (1 vote per school) at a regularly scheduled Association Meeting. All amendments must be presented at the General Meeting prior to the practice season start date of the sport. The amendment will be effective immediately after being passed. An abstention will not be considered in the count to determine a majority.
4. Notices of Motion must be presented as outlined in Article X, Section I-2.

SECTION III: MOTIONS

1. There must be a first and seconder for a motion and one of these two people must attend the General/Annual Meeting to present the motion.
2. Any motion, or second for a motion, for changes in Playing Regulations or the Constitution involving an outside coach, must be moved or seconded by a bona fide HSSAA member from the member school represented by this coach.
3. If your school has not competed in a sport for 2 Calendar years where a playing regulation motion has been presented, your school is not permitted to vote.

ARTICLE VI - ELIGIBILITY

SECTION I: ACADEMIC

1. All students are eligible for athletic competition, with review by their Principals, if they are bona fide students registered in the day school they represent. (Exceptions see Section I-ACADEMIC: 2, 3, 4) An eligible competitor is one that meets the following criteria:
 - (i) Students who have fewer than twenty-two (22) credits must be taking courses which define them as full time students under the Ministry of Education definition. Namely, a student in a traditional school must be registered in a minimum of six (6) full day school credit courses; in a semestered school, a student must be registered in a minimum of three (3) full day school credit courses in the semester in which he/she participates.
 - (ii) Students who have achieved twenty-two (22) credits must be taking four (4) non semestered full day school credit courses over the school year or two (2) full day school credit courses in the semester in which he/she participates.
 - (iii) Students who take the required number of credits at more than one school, but not more than two schools, may be deemed eligible to participate in HSSAA sponsored events under the following conditions:

- (iv) The required number of credits is being taken at the Self-Reliant Learning Program, at Night School, or through E-Learning courses.
 - (v) One of the required number of credits is not available at his/her home school and must be taken at another school
2. In the case of a new school opening with only Grades 9-11 in the first year, any senior age student could play inter-school sports at the school closest to his/her home school. This exception to Section I-1 would be on a one year renewable basis.
 3. Students who are registered in their home school but placed at any Board Alternative Education facility for an unspecified period of time, are to be deemed eligible for HSSAA competition. Such students shall meet age and full time equivalency requirements as outlined in the HSSAA Constitution.
 4. Any HSSAA schools looking to combine teams must approach HSSAA Executive for permission, with the understanding that both schools (sending and receiving) are forfeiting the right to play at GHAC and OFSAA competitions. School administration must be in support of the combining teams prior to approaching the HSSAA Executive.

SECTION II: HSSAA ELIGIBILITY LIST

1. Sport Specific Eligibility lists for schools competing in Halton competition must be submitted to the Association's Athletic Convenor prior to their first league game.
2. This list must be attached to an Administrator's Signature to certify that the specified players are bona fide students of the school.
3. Names may be added to this eligibility list during the season, provided such names are submitted to the Athletic Convenor prior to the first league game in which the player takes part.
4. No player suspended by the HSSAA is eligible to play until his/her sanction has been fulfilled.
5. Should this Article be violated, the offending school shall forfeit each game it has played before the stated requirements have been satisfactorily fulfilled. The credit for the win shall be granted to the non-offending team in each game played under such circumstances.

SECTION III: YEARS OF ELIGIBILITY

A student who represents an HSSAA Member School in inter-school athletic competition shall be eligible for no more than five (5) consecutive years from date of entry into Grade 9.

Students not eligible under Item #1 (above), may appeal through:

- Article [VIII Board of Reference – Eligibility](#) with the understanding that their team would be ineligible for GHAC and OFSAA competition.

SECTION IV- AGES (ALL ACTIVITIES)

1. SENIOR: The individual's birth certificate indicates that he/she has not yet reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held.
2. JUNIOR: The individual's birth certificate indicates that he/she has not yet reached his/her 15th birthday by January 1st prior to the start of the school year in which the competition is held.
3. BANTAM: The individual's birth certificate indicates that he/she has not yet reached his/her 14th birthday by January 1st prior to the start of the school year in which the competition is held.

HSSAA/OFSAA AGE CLASSIFICATIONS for the 2023-2024 School Year

2003 or Earlier	Ineligible
2006-2007	Senior
2008-2009	Junior
2009	Bantam

SECTION V: QUALIFYING PLAYERS FOR HSSAA COMPETITION

1. A student who represents an HSSAA Member School in athletic competition shall be an amateur in that sport. A student athlete forfeits amateur status in a sport by signing a professional playing contract in that sport.
2. A player may not take part in more than one game in any higher category (including regular season, all playoff, or Championship games) and retain his/her lower series standing. Where a player plays in a higher category, his/her classification (Bantam/Junior) must be indicated on the game report. This listing of a player's name on the game report counts as having played in that game.
3. A player must compete in at least one regularly scheduled game before he/she is eligible to compete in any playoffs or Championships of that category.
4. A player may compete in only **one** category of an Association playoff. Halton is to be considered a category and any OFSAA competition (GHAC/OFSAA) should be considered as another distinctly different category. Hence, a Bantam or Junior Halton playoff player may be eligible to play at the GHAC/OFSAA Senior level.
5. Students may participate in 1 low risk team sport and 1 low risk individual sport in each of the seasons of play. Example (Fall: Basketball or Volleyball and Golf or Cross Country) All students must meet the current HDSB Localized Minimum Standards and OPASSE Secondary Interschool Safety Standards including number of practices for any team in which they participate.

Note: Any student participating in a high risk sport is ineligible for participating in any other activity in that season of play.

HIGHER RISK SPORT

FALL	WINTER	EARLY SPRING	SPRING
FOOTBALL	BOYS BASKETBALL	BADMINTON	SOCCER
BOYS VOLLEYBALL	GIRLS VOLLEYBALL	JUNIOR HOCKEY	BOYS BASEBALL
FIELD HOCKEY	VARSITY HOCKEY		SOFTBALL/SLOWPITCH
GIRLS BASKETBALL	WRESTLING		RUGBY
GOLF	CURLING		TENNIS
CROSS COUNTRY	SNOWBOARDING		ULTIMATE
	ALPINE SKIING		BOYS LACROSSE
	SWIMMING		TRACK AND FIELD - some events

SECTION VI: DEFINITIONS

a) SCHOOL SEASON

- The school season is defined as being the Sunday night at midnight prior to the first scheduled league game in an activity and ending when each individual team has concluded its commitment to HSSAA scheduled play.

b) PRACTICE SEASON

- Fall Practice Season – School teams may start one week prior to Labour Day.
- Winter Practice Season – School teams may start the Tuesday after Thanksgiving.
- Spring Practice Season – School teams may start the **first day of Semester 2**.
- **NOTE:**
 - i) Practice Season is defined as the earliest start time that schools may prepare their teams for the upcoming season.
 - ii) A school wishing to participate **beyond** the designated practice/school season must gain approval from the HSSAA Executive Council.

Some activities may begin practice and training subject to the availability of facilities such as Municipal arenas. In such cases, students must fulfill their obligations to their first committed activity prior to involvement in another activity in the following season of play. As an example, male students are prohibited from playing in an Exhibition Boys Hockey game while still participating in Boys Football or Volleyball and likewise, female students are prohibited from playing in an Exhibition Volleyball match while still participating in Girls Field Hockey.

c) CONSTITUTED ROSTER IN COMPETITION

A roster of eligible student athletes, duly authorized and certified by the school Principal and filed with the Athletic Convenor shall be considered a constituted roster, representing each particular school in competition. Competition shall be defined as any games, matches or events of competition played between member schools and other school teams within or outside the jurisdiction of the Association.

This definition shall include any Exhibition, Tournament, League or Playoff Games or Matches, up to and including GHAC and OFSAA events or Championships.

Each school sport is unique for various reasons, (e.g. the relationship it has to the community programs, skill levels of the athletes, the amount of time required to develop adequate skills, and conflict of seasons with community programs). As a result of the variations from sport to sport, each activity has its own set of eligibility regulations.

SECTION VII: ACTIVITY QUALIFICATIONS

This section refers to the eligibility of athletes in relationship to their involvement in the sport outside of school competition.

BADMINTON

Open and High School athletes compete separately for Haltons, as defined by OFSAA regulations.

BASEBALL (BOYS)

Students may play for a House League or Rep. Team during the school year.

BASKETBALL

Students may play House League or Rep team during the school year.

CROSS COUNTRY RUNNING

All athletes must comply with HSSAA Eligibility Regulations.

CURLING

All athletes must comply with HSSAA Eligibility Regulations.

FIELD HOCKEY (GIRLS)

Open to all club and squad members.

FOOTBALL (BOYS)

No student may play for a Rep. Team, Club Teams or House League Team during the school football season, inclusive from Sept. 1 to the completion of the OFSAA Championships.

GOLF

All students must comply with HSSAA Eligibility Regulations.

VARSITY HOCKEY

Any student playing in a Non Body Checking League is eligible

RUGBY

Rep and Club Players may participate in HSSAA

SOFTBALL (GIRLS)

Students may play for a House League or Rep. Team during the school year.

SOCCER

Students may play for a House League or Rep. Team during the school year.

SKIING

No Provincial or National team members for Alpine Skiing are permitted.

SNOWBOARDING

No Provincial or National team members for Alpine or Boarder Cross. Provincial or National SlopeStyle is permitted.

SWIMMING

Male and Female swimmers will be eligible to compete in the following divisions:

1. Junior - any non club swimmer who meets the Junior age requirements and who has not competed for and/or trained with and/or been registered with C.A.S.A. or its equivalent as of September 1st of the year prior to the current school year.

2. Senior - any non club swimmer who meets the Senior age requirements.

3. A non club swimmer shall be defined as a swimmer who has never swum with, nor in any way been associated with a C.A.S.A. club, or its equivalent as of September 1st of the year prior to the current school year.

4. A "club" swimmer who is ineligible shall be defined as a swimmer who "holds a C.A.S.A. Card, or held a card since August 31st of the previous year".

TENNIS

1. All athletes must comply with HSSAA Eligibility Regulations.

2. Open and High School athletes compete separately for Haltons, as defined by OFSAA regulations.

TRACK AND FIELD

1. All athletes must comply with HSSAA Eligibility Regulations.

VOLLEYBALL

Open to all club players.

WRESTLING

All athletes must comply with HSSAA Eligibility Regulations.

DEFINITIONS:

1. HOUSE LEAGUE: Is any league organized by an Association in each community which non-selectively signs players within the community and plays teams from the community only.

2. REP TEAM: Is a selected team that plays in a League, Tournament, Division, Level, Tier, Pool and or Exhibition under a Provincial or Federal organization that requires Provincial or Federal certified officials.

3. SCHOOL CLUB TEAMS NOTE: **School club teams no longer exist.**

As per OPASSE (Ontario Physical Safety Standards in Education), Intramural activities are defined as school-sponsored physical/recreation activities, which are not competitions against other outside teams/groups. Intramurals encourage school-wide involvement with an emphasis on participation, as opposed to competition.

Any group that participates in any form of competition against other outside teams/groups

is considered an Interschool team. This team must follow the current HDSB Localized Minimum Standards and OPASSE Secondary Interschool Safety Standards for all tryouts/practice and competitions.

SECTION VIII – RESPONSIBILITY

Schools will be held responsible for checking their players with regard to age limits, school attendance and outside competition. All complaints or requests for a ruling will be made in writing to the Association Secretary. Failure to adhere to the above criteria for eligibility will result in a referral to the Board of Reference who may refer the case to the Sanctions Committee to determine the appropriate sanction.

SECTION IX

All cases not covered by the eligibility rules shall be referred to the Board of Reference who may refer the case to the Sanctions Committee to determine the appropriate sanction(s). All decisions should be included in the minutes of a regularly scheduled HSSAA General Meeting.

SECTION X

The foregoing rules in no way affect a Principal's right to disqualify a student for reasons they deem fit.

SECTION XI

Any school in the HSSAA must qualify for the OFSAA Championships through GHAC Playdowns where competition is available.

ARTICLE VII - TRANSFER POLICY

SECTION I:

The HSSAA recognizes the right of all students to choose which school they attend and which subjects they study. The HSSAA, however, is charged with the responsibility of drafting, implementing and enforcing rules of eligibility for those students who seek the privilege of participating in Association sponsored events. The overriding purpose of these rules is to ensure fair and equitable competition. The HSSAA's Transfer Policy applies to all students transferring into Association Member Schools.

SECTION II:

No Association member School shall include in its lineup, any student who has been registered as a transfer from another school within the previous twelve (12) months. Any such transfer student shall be considered an ineligible competitor for any HSSAA sponsored events and/or competition.

SECTION III:

In accordance with the HSSAA's Transfer Policy Procedural Process, a transfer student or his/her representative may apply through the Association's Transfer Representative to be deemed eligible to participate in HSSAA sponsored events and/or competition, on the

grounds outlined by the OFSAA TRANSFER POLICY APPEAL FORM. (this form may be found on the HSSAA and OFSAA website)

SECTION IV:

Failure to follow Transfer Policy will result in referral to the Board of Reference who may refer the case to the Sanctions Committee to determine the appropriate sanction(s). Transfer abuses will be protested in writing to the Vice President of the Association. All decisions should be included in the minutes of a regularly scheduled HSSAA General Meeting.

SECTION V: HSSAA Jr. transfers

Prior to the start of grade 10, any student is able to transfer schools without adhering to the OFSAA transfer policy. The student still needs to file the OFSAA transfer form with the transfer rep at HSSAA. Any transferring student in this situation would waive their eligibility for any GHAC or OFSAA championships. The Athletic Director and coaches are responsible for ensuring that the student will only participate in non GHAC or OFSAA eligible sports upon submitting the transfer form.

ARTICLE VIII - SECONDARY INTERSCHOOL SAFETY STANDARDS **(HDSB Localized Minimum Standards and OPASSE Secondary Interschool Safety Standards)**

SECTION I: ACKNOWLEDGEMENT

The HSSAA acknowledges and supports the implementation of the current HDSB Localized Minimum Standards and OPASSE Secondary Interschool Safety Standards as the accepted minimum standards to be used by Coaches and Administrators in addressing the safety component of interschool athletics for all HSSAA sponsored activities. Where specific references in the By-Laws and Playing Regulations of the HSSAA Constitution refer to a higher safety standard than those contained in the above Module, the higher standards shall take precedence and remain in effect.

SECTION II: REVIEW

The Secondary School Athletic Convener and/or In-School Convener(s) shall ensure that the current HDSB Localized Minimum Standards and OPASSE Secondary Interschool Safety Standards be included and reviewed each and every year at scheduled Pre-Season Coaches Meetings.

SECTION III: SUPERVISION

A team without a Coach or Staff Liaison, as defined in the current HDSB Localized Minimum Standards and OPASSE Secondary Interschool Safety Standards who is not present at the start of a League, Playoff, Exhibition or Tournament Game/Match, shall forfeit the game/match. The opposing team shall be awarded the victory/points for the game/match.

Coaches must ensure that the playing area and athletes area is properly supervised before and after scheduled competition. Proper supervision of student athletes in school or public

facilities must be a high priority at all times. Incidents as a result of inadequate supervision may result in student, coach or team sanctions or loss of facility use to the Association.

SECTION IV: UNSAFE PLAYING CONDITIONS - OUTDOOR

To minimize risk to students and staff participating in all outdoor activities, the HDSB Environmental Factors and Physical Activity Administrative Procedure is the minimum standard and must be followed in the event of thunder and/or lightning, high winds, extreme temperatures, and inclement weather.

SECTION V:

Failure to follow current HDSB Localized Minimum Standards and OPASSE Secondary Interschool Safety Standards will result in referral to the Board of Reference who may refer the case to the Sanctions Committee to determine the appropriate sanction(s).

ARTICLE IX – CLASSIFICATION OF ACTIVITIES

SECTION I:

Interschool athletic activities between any member schools of the Association or between member schools and/or schools from outside the Association must be classified and sanctioned by the Board of Directors or the Executive Council.

ARTICLE X - ACTIVITY CONVENORSHIP

SECTION I

With limited exception, the responsibility for operation of HSSAA Approved Activities shall be that of the Athletic Convenor. Other minor activity convenorships shall be operated by volunteers as required and coordinated by the Athletic Convenor.

SECTION II

The Athletic Convenor shall operate activities with the assistance of the designated Member of the Board of Directors for which they have volunteered or been assigned by the Executive Council.

The Athletic Convenor shall have the power to resolve minor difficulties pertaining to HSSAA sponsored activities.

SECTION III

1. All schedules for all athletic events shall be tentatively arranged for the upcoming season by the Athletic Convenor in consultation with activity coaches.
2. Every effort is made to avoid having a team play more than two (2) league games in any given week.
3. The recommended starting time for all league games in Basketball, Volleyball and Soccer (or the first game of a doubleheader where applicable) shall be

3:30 PM, and that for designated schools where scheduling, school preference and/or available officials permit, be 3:15 PM.

SECTION IV – IN-SCHOOL CONVENED SPORT ACTIVITIES

The In-School Convenor is responsible for a specific sport activity as outlined in Section V. They must complete an In-School Convenor's Report within (90) ninety days of the end of that sports respective season and submit it to the Athletic Convenor.

SECTION V - SPECIFIC ROLE OF THE IN-SCHOOL ATHLETIC CONVENOR

- Determine participation of schools in each sport well in advance of the season
- Ensure that team sport schedules do not overlap from one season to another (Fall Season Football/Winter Season Hockey)
- Call PRE and POST (if necessary) season meetings for coaches
- Ensure that the current HDSB Localized Minimum Standards and OPASSE Secondary Interschool Safety Standards be included and reviewed each and every year at scheduled Pre-Season Coaches Meetings
- Confirm schedules and make changes to schedules at meetings
- Ensure that Playing Regulations for each sport are up to date and address the needs for the sport
- Work together with Athletic Convenor to ensure all games/events are covered with officials and athletic therapists(if needed)
- Prepare and maintain daily results and standings for coaches, Heads and press.
- Arrange with support from the Athletic Convenor outside facilities as appropriate for league or Championship games, meets or tournaments. (i.e. McMaster University for Football, Bronte Field for Field Hockey, Sheridan College for Basketball/Volleyball,Arenas for Hockey and Sherwood Park for Rugby, etc...
- Work hand in hand with the Executive Council to keep them informed of what is going on as the season progresses.
- Arrange for the appropriate Medallion and Trophy presentation at all Championship games, meets or tournaments. The Athletic Convenor or other member of the Executive Council will present in his/her absence.
- Examine the condition of Trophies and recommend to the Athletic Convenor when particular repairs are necessary.
- Establish and convene a Sports Advisory Committee for each sport.
- Gather proposed Playing Regulation changes at coaches' meetings for presentation at HSSAA Meetings.
- Provide a copy of Board Insurance Policy re: Liability when using outside facilities (when requested)
- Send OFSAA Information Packages to the appropriate schools as soon as they are received
- Attend OFSAA events that involve Halton teams or athletes
- Be aware of budget restrictions that may affect scheduling
- Work together with Athletic Convenor to provide decisions to schools and teams such as disputes over rules, scheduling and interpretation of Playing Regulations

ARTICLE XI – CODE OF CONDUCT

SECTION I

Players and coaches who are guilty of criticizing officials who act in their games, whether the criticism is to him/her in person or in public, or are guilty of unsportsmanlike conduct, are open to censure from the Association, and are liable to the Association for their actions. Any official is empowered to report any misconduct on the part of a player or coach to the Association Athletic Convenor, who refers it to the Sanctions Committee. Should a coach have a concern regarding the conduct of an official, a written statement should be submitted to the Athletic Convenor describing the concern or incident.

SECTION II

An incident of student or coach misconduct must be noted by the official on the back of the game report form or reported to the Athletic Convenor within 24 hours. If an incident of student or coach misconduct arises before, during or after an HSSAA competition and not noted on the game report form, coaches/staff members wishing to pursue such incidents further, should through their own school's Physical Education Department Head, first contact the Physical Education Department Head of the school in question by telephone, or email. If the matter is not resolved satisfactorily, then the coach/staff member in conjunction with the school's Physical Education Department Head, must pursue the incident with the school's administration and the Association's Secretary, who refers it to the Sanctions Committee.

SECTION III

The consumption of any alcoholic beverage by student participants whether of legal drinking age or not, at any time during a sanctioned HSSAA activity, is expressly forbidden. Drugs, other than medication prescribed by a medical doctor for a specific competitor, are expressly forbidden. Any reported violation of this section shall result in the convening of the Sanctions Committee to examine the details of the incident and application of appropriate disciplinary sanctions.

SECTION IV

Any player who strikes, threatens or conducts overt unsportsmanlike behaviour towards an official, coach or fan during an HSSAA competition, will be suspended from all further HSSAA competition until such time as the Sanctions Committee can render a decision. Principals will be given prior notice of possible sanctions against him/her if deemed necessary.

SECTION V

Any incident of harassment by a player, spectator or coach will be reported to and noted by the official on the back of the game report or to the Athletic Convenor. The protesting school will report the incident to the principals of the schools involved and the Athletic or in-school convenor in a timely fashion. All means should be exhausted to allow the principals of the school to rectify the situation and affect his/her own consequences. Any resolution must be reported to the Vice President of the HSSAA . If the incident is not resolved, either party may call a Board of Reference who will investigate and may refer the incident to the Sanctions Committee.

SECTION VI

School spirit is encouraged and promoted in a positive way. It is the home team's responsibility to ensure spectators adhere to the OFSAA Code of Conduct for Spectators as they support their teams at appropriate times during a game such that it does not present a safety concern or hinder the referee's ability to officiate the game. Any concerns regarding tone, timing and/or messaging are to be brought to the attention of the home team's supervisor to be dealt with in a timely and responsible way.

SECTION VII - RECRUITMENT

Recruiting is defined as a representative of a school, either directly or through another party, encouraging a student to attend a school other than that in whose catchment area he or she resides and/or within a shared catchment area for the purpose of being involved in extracurricular sport. The school representative could be a teacher, administrator, school district employee, school employee, student, parent, alumnus, or any person representing themselves as a school contact.

Indicators and Inducements for Athletic Purposes:

There may be many legitimate times that a school representative and/or coach of a school team will be in contact with students from another school. Therefore, indicators of recruiting have been developed to provide parameters of behavior and expectations for coaches and other school representative(s). A school representative shall not:

- ❑ initiate contact with any student who does not attend, or does not directly feed into a school, in order to suggest, encourage or explain a transfer to a different school.
- ❑ encourage any other person, including past and present players, to contact any student to suggest, encourage or explain a transfer to a different school.
- ❑ permit a student who is not currently enrolled at a school, or whose present school does not directly feed into the representative's school, to participate in team practices or participate in scheduled team activities (including travel to games/events, team meetings or trips).
- ❑ permit a student who is not currently enrolled at the representative's school, or whose present school does not directly feed into the representative's school, to attend "open gym" at the representative's school or attend spring or summer practices, games or camps specifically designated for enrolled students
- ❑ entice a student who is not currently enrolled at the representative's school, or whose present school does not directly feed into the representative's school, into transferring to the representative's school.

Where a coach or school representative is approached by a student-athlete or representative of a student-athlete who is not enrolled at the school or at a feeder school, with inquiries concerning the school's sports teams or programs, the coach or school representative must direct the student-athlete or representative of the student-athlete to the school administration.

Grade 8 Recruitment:

A school representative(s) may make general presentations (not just athletic) to eighth grade students (not just athletes). There should be a diversity of presenters, speaking on a variety of topics to students of all interests.

When an eighth grade student or the parents of that student, contacts the coach or school representative about attending the representative school, the coach or representative shall refer the student or parent to the appropriate school administration.

High school coaches or their representatives may not attend grade school or youth club games for the purpose of evaluating and recruiting specific prospective athletes.

OPEN HOUSE: The intent of an open house is to allow incoming grade 8 students to gather information regarding curriculum, programs, and the admissions process. School representatives may provide general information to prospective incoming students but no specific details or enticements as to participation if they were to enroll.

TOURNAMENT, LEAGUE, PLAYOFF & EXHIBITION GAMES INVOLVING HSSAA TEAMS

1. In this regulation, Tournament Games and/or Exhibition Games means games played outside of the HSSAA League and Playoff Schedule, GHAC and OFSAA competition.
2. If a HSSAA player in a tournament or exhibition game commits an infraction that would have led to a suspension if it had occurred in HSSAA League play, the HSSAA will treat the offense in the same manner as if it had occurred in HSSAA competition.
3. Suspensions assessed by Tournament Officials or Exhibition Game Officials, but not served in full during the course of the tournament and/or exhibition game, consistent with the requirements of the HSSAA Constitution By-Laws and Playing Regulations, shall be completed as HSSAA League Game suspensions or Tournament Game suspensions, whichever occurs first, beginning with the first scheduled game, following the incident in question.
4. Suspensions incurred in HSSAA League play before a Tournament, may be served in HSSAA League and/or Tournament play but not in Exhibition Games.
5. Upon request by the Athletic Convenor and/or In-School Convenor, coaches shall provide a copy of tournament and/or exhibition game sheets or any related reports by tournament and/or exhibition game officials.
6. Any outstanding suspensions at the end of a player's season, must be served in the following season, beginning with their team's first HSSAA Scheduled League game or the team's first scheduled tournament event, whichever occurs first. If a graduating student obtains a suspension which remains unfulfilled at the end of a sport activity, they shall complete the suspension in the next sport activity in which they seek to compete.
7. In all cases it is the responsibility of the coach to inform the Athletic Convenor immediately of any incident that relates to this regulation. Any player who plays in a game or games while under suspension within the meaning of this regulation, will be considered an ineligible player.
8. Any coach who deliberately chooses not to abide by this regulation, will be referred to the Sanctions Committee for ruling.
9. Any Coach or Player currently under suspension is not permitted to be present at any games (tournament, league, playoffs or any exhibition games) for their team until their respective suspension is served. If an ejected Coach is the only teacher-staff member present when the ejection occurs, the game is over and the game is considered a forfeit. During any suspension any person suspended, can not be on the bench, partake in team activities, with any members of the team, including but not limited to training, team meetings and practices.

SECTION VIII:

Failure by a player or coach to adhere to the Code of Conduct will result in a Board of Reference AND POSSIBLE referral to the Sanctions Committee to determine an appropriate sanction(s).

SECTION IX: SANCTIONS

The following sanctions will apply to one or all of the following: player, coach, staff advisor, spectator, team or school. The Sanctions Committee will rule on the level of violation and apply the criteria accordingly.

	1ST OFFENCE	FURTHER OFFENCES
<u>MINOR VIOLATION</u>	1 game forfeit - previous or next league game + Notification to Dept. Head and Principal of the school	Moves Directly to Major Violation
	NB. There will be no forfeits for missed general association meetings	
<i><u>Subsection A</u></i> <i><u>ELIGIBILITY LISTS</u></i>	<i>Refer to Article XI Eligibility – Section II – Submission of Eligibility Lists.</i> <i>Should this Article be violated, the offending school shall forfeit each game it has played before the stated requirements have been satisfactorily fulfilled.</i>	
<u>MAJOR VIOLATION</u>	Minimum 1 game forfeit (previous or next league game) + Notification to Dept. Head and Principal of the school.	Moves Directly to Abuse Sanctions
<i><u>Subsection A.</u></i> <i><u>FORFEITURES</u></i>		
Game	Pay all expenses related to forfeit, which may include, but is not restricted to, transportation, rental, and/or officiating fees. and Removal from GHAC playoff opportunity	Removal of team from league play for remainder of year + probation for next season
Season	Any time after declaration of team = probation for next season of play for specific team	
<i><u>OFSAA/GHAC</u></i>	Any team/individual that withdraws or forfeits after announcing its intentions will be on probation and ineligible for GHAC competition for the next season.	

The Sanctions for Abuse will fall on a continuum and can be applied to players, coaches, and/or teams. The Principal of the party shall be involved in the consideration of this decision.

Step 1: Suspension for at least one game.

Step 2: Suspension for a prolonged period of time, at least the remainder of that season.

Step 3: Suspension from HSSAA/GHAC/OFSAA competition for the remainder of the school year.

Step 4: Expulsion from HSSAA/GHAC/OFSAA competition for no less than 12 months (1 calendar year from the date of sanction) up to a maximum of a lifetime ban from coaching HSSAA sports.

DEFINITIONS

MINOR VIOLATION

All violations of a clerical nature that include, but are not restricted to, missed meetings (association and preseason sport specific), not reporting scores by 12 noon of the next day, failure to submit fully completed eligibility roster (see Subsection A)

MAJOR VIOLATION

Is defined as an action whereby the party violates the intent of the Constitution that can include, but is not restricted to, general rules, by-laws, and/or any action that impedes the ability of the athletic convener to deliver programs. Examples include but are not limited to; failure to follow transfer and eligibility rules, recruiting, out of season practices, game/season forfeitures (see Subsection A), disregard of the current HDSB Localized Minimum Standards and OPASSE Secondary Interschool Safety Standards, or any minor violation if repeated after a warning.

ABUSE

(relates to the Code of Conduct) Is defined as where actions of a party are severe and intentional that can include, but is are not restricted to, unsportsmanlike behaviour that may include threats, violence, harassment, alcohol or drug use, cheating, inappropriate behaviour off the venue of play, dishonesty, complete disregard for the HSSAA Constitution inclusive of by-laws and playing regulations or any major infraction if repeated.

PROBATION

Any team that is playing in a HSSAA league while under probation acknowledges that 1 forfeiture during that season will result in suspension from the league for the remainder of the season and playoffs.

SUSPENSION

The Sanctions Committee shall have the power to suspend a school, team or individual for deliberate violation of any By-Law, Playing Regulation, Policy, Procedure or Standing Rule of the Association. Prior to any such decision or action taken, the team, individual, and Principal of the school in question shall be notified. A Sanction Committee Meeting will be called within (5) five working days to hear from all parties involved and render a decision. Through the Board of Reference – Code of Conduct procedure, the team, individual or

school shall have the right to appeal this decision within (5) five working days. The decision of the Board of Reference shall be final. If the school, team representative or individual does not appeal within the five days, the suspension will begin immediately upon the Sanction Committee ruling.

APPEALS:

Exceptional conditions may arise. Please follow the appeal process as outlined in the Constitution (Article XVIII).

NOTE: the forfeiture/sanction **will** stand until the appeal is heard.

EXPENSES:

It is expected that each school's Business Manager be in receipt of the request for appropriate funds within 30 business days of receiving the bill. Failure to do so will be considered a major violation and sanctions may be levied appropriately.

SECTION X – PROTOCOL FOR COMPLAINTS TO THE HSSAA EXECUTIVE

Complaints to the Executive

Formal complaints must be made to the President of the HSSAA, in writing (or e-mail) by either the HPE Department Head, the Principal or an Executive Member.

Individual members or the school may bring details of the complaint to their respective HPE Department Head or Principal. The formal letter of complaint **MUST** be made by a HPE Department Head or the Principal of any member school, or an Executive Member.

Anonymous complaints will not be pursued.

Role of the Executive

Upon receipt of a formal written complaint by a member school the HSSAA President will:

- ❑ Contact the school in question via the Principal or the HPE Department Head. The contact will be followed by a written confirmation (formal letter or e-mail) with copies to both the Principal and HPE Department Head.
- ❑ This 'formal' contact between the HSSAA Executive, the Principal and HPE Department Head will serve as the first step in the investigation of any complaint.

Role of the School in Question

In response to the complaint, the Receiving School shall:

- ❑ Conduct an internal investigation of the complaint.
- ❑ Respond via email, within ten (10) school days, to the President indicating; a) receipt of the complaint; and b) that a discussion of this issue has taken place between the Principal and the HPE Department Head.

NOTE: As per the HSSAA Constitution, failure to meet this timeline may result in a Board of Reference.

Summary

It is expected that Schools Admin Team and Department Heads will be able to resolve 'internally' any and all issues regarding inappropriate or unprofessional conduct or their

staff supervisors, staff coaches, and/or players without further involvement of the HSSAA Executive.

Should further complaints be forthcoming to the Executive, or the Executive concludes that the school follow-up/feedback is not satisfactory (due to incomplete communication or follow-up) the issue may turn over a Board of Reference with the possible referral to the HSSAA Sanctions Committee.

Section XI – Major Ejection - Verbal Abuse

A player or coach ejected from any game (League, exhibition, tournament, playoffs, etc.) for a verbal abuse of a game official will be automatically prohibited from dressing for and/or participating in the next (3) three scheduled games.

ARTICLE XII – PROTEST POLICY

SECTION I

If a game is to be played under protest or a protest condition arises before, during or after a game, proper protest procedures must be adhered to as follows:

1. IF THE PROTEST CONDITION ARISES PRIOR TO THE GAME IN QUESTION:

- (i) Notification that the game is being played under protest must be duly recorded on the game sheet prior to the start of the game.
- (ii) The Athletic Convenor and/or In-School Convenor must be notified within (24) hours of the game in question that a protest condition has arisen.
- (iii) Acceptable instruments of notification are: GAMESHEETS, TELEPHONE CALL, or E-MAIL.

2. IF THE PROTEST CONDITION ARISES DURING A GAME IN QUESTION:

- (i) The protest must be duly recorded on the game sheet, following notification of game officials that the game is being continued under protest.
- (ii) The Athletic Convenor and/or In-School Convenor must be notified within (24) hours of the game in question that a protest condition has arisen.
- (iii) Acceptable instruments of notification are: GAMESHEETS, TELEPHONE CALL, or E-MAIL.

3. IF THE PROTEST CONDITION ARISES AFTER A GAME IN QUESTION:

- (i) The only condition in which a protest may be considered after the conclusion of a game will be questions of eligibility.
- (ii) The Athletic Convenor and/or In-School Convenor must be notified within (24) hours of the game in question that a protest condition has arisen.
- (iii) Acceptable instruments of notification are: GAMESHEETS, TELEPHONE CALL, or E-MAIL.

SECTION II

In all cases, following proper protest procedures, the Athletic Convenor and/or the In-School Convenor shall investigate all matters of protest and render decisions to member schools within a (24) hour time period.

SECTION III

All Association Member Schools have the right to appeal any decision rendered by the Athletic Convenor and/or the In-School Convenor, to the HSSAA Executive Council through the Board of Reference procedure. (See Article XIII)

ARTICLE XIII - BOARDS OF REFERENCE

Boards of Reference shall consider and deal with appeals of eligibility or transfer and with all matters of policy and principle affecting the HSSAA and shall act as guardians for the conduct of HSSAA programs and Constitution.

SECTION I

A school bond of \$100.00 made out to HSSAA (refundable if the Board of Reference is successful), a written description of the matter in question and all of the required documentation are to be forwarded to the Association Secretary by the School requesting the Board of Reference (within two full school days after the incident in the case of Board of Reference – Code of Conduct and within published timelines for Board of Reference Appeals meetings). When the bond and required paperwork are given to the Executive, the Board of Reference will be called to consider the matter.

SECTION II

In order for a meeting of the Board of Reference to proceed with business, a quorum of 50% of voting members must be present.

SECTION III

Dates for Boards of References – Eligibility and Transfer will be set in the Association Critical Dates. Exceptions to these dates for hearing a Board of Reference will be the decision of the President.

BOARD OF REFERENCE – CODE OF CONDUCT AND/OR SANCTION

It is recommended that before a Board of Reference is called, all means should be exhausted to allow the School(s) involved to rectify the situation and affect their own consequences, although it is still important that the Executive be informed of the problem.

SECTION I

The Board of Reference shall consist of all members of the current HSSAA Executive Council. Any member of the Board of Reference who is directly involved with the issue in question or cannot attend will attempt to appoint an impartial proxy from a neutral school. The HSSAA Secretary will be informed by telephone or via email, the name of the proxy, prior to the meeting of the Board of Reference.

SECTION II

The Chairperson for a Board of Reference Meeting will be the President of the HSSAA. In the event that the President cannot act, the Chair may be assumed by members of the HSSAA Executive in the following order:

1. Vice-President
2. Secretary
3. Treasurer
5. Board Administration Curriculum Representative(s)
6. Principal's Association Representative(s)

No proxy shall be responsible for chairing a Board of Reference Meeting.

SECTION III

Each Board of Reference member shall have one vote at any regularly called meeting. In the case of a tied vote, the Chairperson's vote will be the deciding vote.

SECTION IV

The Board of Reference shall meet within five school days after any matter has been brought to its attention.

SECTION V

The procedures to be followed by a Board of Reference are:

1. The Association Secretary shall immediately inform Principals of the schools involved that sanctions may be imposed by the HSSAA.
2. The Board of Reference members will not discuss the issue in question prior to the meeting of the Board.
3. The starting time and location for Board of Reference Meetings shall be designated by the Secretary in consultation with the President.
4. The Board may initially meet in camera to review all pertinent written submissions (written protest, game report, applicable sections of the Constitution).
5. The Board will hear all submissions and evidence by the parties involved.
6. The final decision and rationale will be published and kept as minutes of the Board of Reference and will be available to Members of the HSSAA upon request.
7. All matters discussed in the Board of Reference will remain strictly confidential and only the final decision and rationale will be discussed publicly.

SECTION VI

1. Permissible evidence and/or submissions at a Board of Reference shall be presented by the Physical Education Department Head or his/her designate, of the school requesting the Board of Reference.

2. The Physical Education Department Head from the school requesting the Board of Reference may be accompanied by the School Principal **or** Coach of the school team.

3. The Physical Education Department Head from the other affected school (if applicable), shall be advised of the Board of Reference and shall be accorded an opportunity to present permissible evidence and/or submissions, relevant to the case.

4. Permissible evidence and/or submissions at a Board of Reference:

1. Shall be presented by the Physical Education Department Head or his/her designate, of the school requesting the Board of Reference.
2. The Physical Education Department Head from the school requesting the Board of Reference may be accompanied by the School Principal
3. Can be submitted to a Board of Reference in the following form:
 - a) Written submissions.
 - b) Oral submissions.
 - c) Precedents set in past Boards of Reference.
4. Evidence not covered in the foregoing will be ruled permissible or not permissible by the Chairperson of the Board of Reference.

SECTION VII

The decision of the Board of Reference shall be reported directly to the people involved by the Chairperson of the Board, preferably in person.

BOARD OF REFERENCE – TRANSFER

SECTION I

This Board of Reference will consider and deal with an appeal of the decision made by the Transfer Committee (includes Transfer Representative, Secretary & one other Member of the Executive.

SECTION II

The Board of Reference shall consist of all members of the current Transfer Committee, and 3 other Executive members. Any member of the Board of Reference who is directly involved with the issue in question or cannot attend will attempt to appoint an impartial proxy from a neutral school. The HSSAA Secretary will be informed by telephone or in writing, the name of the proxy, prior to the meeting of the Board of Reference.

SECTION III

The Chairperson of the Board of Reference Meeting will be the Vice President of the HSSAA. In the event the Vice President cannot act, the Chair may be assumed by members of the HSSAA Executive in the following order:

1. President
2. Past President
3. Secretary

No proxy shall be responsible for chairing a Board of Reference Meeting.

SECTION IV

Each Board of Reference member shall have one vote at any regularly called meeting. In the case of a tied vote, the Chairperson's vote will be the deciding vote.

SECTION V

The Board of Reference will be held in accordance with the HSSAA Critical Dates unless an emergency meeting is deemed necessary by the HSSAA President.

SECTION VI

The procedures to be followed by a Board of Reference are:

1. The Transfer Rep shall immediately call the Board of Reference- Transfer within the given timeline.
2. The Board of Reference members will not discuss the issue in question prior to the meeting of the Board.
3. The starting time and location for Board of Reference Meetings shall be designated by the Transfer Rep in consultation with the Board of Reference – Transfer committee
4. The Board will hear all submissions and evidence by the applying school
5. The decision of the Board of Reference – Transfer is final
6. All matters discussed in the Board of Reference will remain strictly confidential and only the final decision and rationale will be discussed publicly.

SECTION VII

Permissible evidence and/or submissions at a Board of Reference:

4. Shall be presented by the Physical Education Department Head or his/her designate, of the school requesting the Board of Reference.
5. The Physical Education Department Head from the school requesting the Board of Reference may be accompanied by the School Principal
6. Can be submitted to a Board of Reference in the following form:
 - d) Written submissions.
 - e) Oral submissions.
 - f) Precedents set in past Boards of Reference.
5. Evidence not covered in the foregoing will be ruled permissible or not permissible by the Chairperson of the Board of Reference.

SECTION VIII

The decision of the Board of Reference shall be reported directly to the people involved by the Chairperson of the Board, preferably in person.

BOARD OF REFERENCE – ELIGIBILITY

SECTION I

This Board of Reference will consider and deal with an appeal for an exception to Article XI- Eligibility, Section III - #1 and Section VII - #2 & 3. See APPENDIX A for the Appeal Form and Criteria.

SECTION II

The Board of Reference shall consist of all members of the current HSSAA Executive Council. Any member of the Board of Reference who is directly involved with the issue in question or cannot attend will attempt to appoint an impartial proxy from a neutral school. The HSSAA Secretary will be informed by telephone or via email, the name of the proxy, prior to the meeting of the Board of Reference.

SECTION III

The Chairperson for a Board of Reference Meeting will be the President of the HSSAA. In the event that the President cannot act, the Chair may be assumed by members of the HSSAA Executive in the following order:

1. Vice-President
2. Secretary
3. Treasurer
5. Board Administration Curriculum Representative(s)
6. Principal's Association Representative(s)

No proxy shall be responsible for chairing a Board of Reference Meeting.

SECTION IV

Any member of the Board of Reference who is directly involved with the issue in question or cannot attend will attempt to appoint an impartial proxy from a neutral school. The HSSAA Secretary will be informed by telephone or in writing, the name of the proxy, prior to the meeting of the Board of Reference. The President will serve as Chairperson but will not have a vote in the final decision.

SECTION V

The Board of Reference shall meet within five school days after the required documentation has been received.

SECTION VI

The procedures to be followed by a Board of Reference are:

1. The Secretary shall immediately call the Board of Reference- Eligibility within the given timeline.
2. The Board of Reference members will not discuss the issue in question prior to the meeting of the Board. The starting time and location for Board of Reference Meetings shall be designated by the Eligibility Rep in consultation with the Board of Reference – Eligibility committee.
3. The Board will hear all submissions and evidence by the applying school
4. The decision of the Board of Reference – Eligibility is final
5. All matters discussed in the Board of Reference will remain strictly confidential and only the final decision and rationale will be discussed publicly

SECTION VII

Permissible evidence and/or submissions at a Board of Reference:

1. Shall be presented by the Physical Education Department Head or his/her designate, of the school requesting the Board of Reference.
2. The Physical Education Department Head from the school requesting the Board of Reference may be accompanied by the School Principal
3. Can be submitted to a Board of Reference in the following form:

- g) Written submissions.
- h) Oral submissions.
- i) Precedents set in past Boards of Reference.

4. Evidence not covered in the foregoing will be ruled permissible or not permissible by the Chairperson of the Board of Reference.

SECTION VIII

The decision of the Board of Reference shall be reported directly to the people involved by the Chairperson of the Board, preferably in person.

ARTICLE XIV - WORK TO RULE SANCTION PROCEDURE

The following are to act as a procedure in all matters pertaining to work-to-rule situations, affecting member Schools of the Halton Secondary School Athletic Association:

SECTION I - POLICY

Member Schools affected by work-to-rule sanctions cannot compete in any HSSAA activity.

SECTION II - VACATED POSITIONS OF RESPONSIBILITY

A) HSSAA EXECUTIVE:

The HSSAA Executive Council shall appoint eligible replacements, on an interim basis, to assume the applicable duties of those officers affected by work-to-rule sanctions, for a period of time as determined by the HSSAA Executive Council.

The Office of President of the HSSAA shall be assumed by the next highest ranking officer, not affected by any work-to-rule sanctions. In the event that all other Officers are affected by work-to-rule sanctions, the Office of President of the HSSAA shall be an appointed eligible replacement, for a period of time as determined by the HSSAA Executive.

B) CONVENORSHIPS:

The HSSAA Executive Council shall appoint eligible replacements, on an interim basis, to assume the applicable duties and functions of Convenors, affected by work-to-rule sanctions.

SECTION III - COMMUNICATION

The HSSAA President or designate shall act as sole spokesperson for Association policy and will respond to inquiries pertaining to Association policy.

SECTION IV - DEFINITIONS

The terms "REGULAR SCHEDULE, AMENDED SCHEDULE and CONTINGENCY SCHEDULE", described hereafter, shall be defined as follows:

1. REGULAR SCHEDULE: Is a schedule of team and/or individual interschool athletic competition, administered on behalf of the Member Schools of the HSSAA, whereby

no Member School is affected by work-to-rule sanctions.

2. **AMENDED SCHEDULE:** Is a schedule of team and/or individual interschool athletic competition, administered on behalf of those Member Schools of the HSSAA not affected by work-to-rule sanctions, commensurate with the first scheduled game(s) of an amended schedule of activity.

3. **CONTINGENCY SCHEDULE:** Is a schedule of team and/or individual interschool athletic competition, administered on behalf of those Member Schools affected by work-to-rule sanctions, whereby work-to-rule sanctions concluded during the course of an amended schedule of activity. Conditions necessary for affected Member Schools to qualify for HSSAA playoff competition are referred to in SECTION VIII.

SECTION V - RISK MANAGEMENT

A minimum of five (5) school days for LOW RISK team and/or individual activities and ten (10) school days for HIGH RISK team and/or individual activities, shall be accorded student athletes from all HSSAA Member Schools, prior to the start of any REGULAR, AMENDED, CONTINGENCY, LEAGUE and PLAYOFF schedule of activity. Refer to the Halton Physical & Health Education Safety Guidelines, Appendix "A", Supervision Section, Item #5 for a list of HIGH RISK activities.

SECTION VI - LEAGUE PLAY SCHEDULING

In the event of a continuance of a work-to-rule sanction or a pending work-to-rule sanction affecting Member Schools of the HSSAA, the Athletic Convenor and/or In-School Convenor(s) shall prepare:

1. REGULAR SCHEDULES of activity.
2. AMENDED SCHEDULES of activity.

An AMENDED SCHEDULE of activity will proceed in its entirety if work-to-rule sanctions are in effect, commensurate with the scheduled start of an AMENDED SCHEDULE. The decision to begin an AMENDED SCHEDULE of activity shall be made by the HSSAA Executive.

Should work-to-rule sanctions be imposed during a REGULAR SCHEDULE of activity, the Athletic Convenor and/or In-School Convenor(s) shall reduce the remaining REGULAR SCHEDULE accordingly. Games played against those Member Schools affected, shall be declared no contest, without point accumulation. League standings shall be adjusted accordingly.

SECTION VII - INDIVIDUAL ATHLETIC ACTIVITY

Participation in HSSAA individual athletic competition will be governed by the last entry date for each sport activity. Work-to-rule sanctions would have to have been concluded prior to the entry due dates, inclusive of RISK MANAGEMENT provisions, to enable participation by those affected member School's student athletes. Individual activities include: Badminton, Tennis, Ultimate, Track and Field, Cross Country Running, Wrestling, Swimming, Skiing/Snowboarding and Golf

SECTION VIII - PLAYOFF SCHEDULING

Should a work-to-rule sanction conclude during the course of an AMENDED SCHEDULE of activity, affected teams/individuals would be granted an opportunity to participate in competition and qualify for playoffs, under the following conditions:

1. A CONTINGENCY SCHEDULE of activity must consist of a minimum of 50% of the number of games scheduled for those schools not affected by work-to-rule sanctions, participating in an AMENDED SCHEDULE of activity.
2. HSSAA Playing Regulations shall be in effect for all teams/individuals participating in a CONTINGENCY SCHEDULE of activity.
3. A playoff format shall be made to accommodate all remaining teams/individuals.
4. The playoff positions provided to those Member Schools affected by work-to-rule sanctions and who have qualified for playoff competition, shall be the lowest ranked position(s). Playoff scheduling shall be restructured to accommodate the additional playoff positions.
5. Should work-to-rule sanctions be imposed at the beginning of regularly scheduled playoff competition, the Athletic Convenor and/or In-School Convenor(s) shall adjust playoff positions where possible, to fulfill the prescribed number of teams required as per individual Playing Regulations.
6. Should work-to-rule sanctions be imposed during regularly scheduled playoff competition, the affected schools shall forfeit any scheduled game in question. The opposing school team, if not affected by work-to-rule sanctions, shall then be scheduled into the next round of playoff competition.
7. HSSAA Member Schools shall not be accorded an additional playoff game opportunity after having already been defeated by an opposing school team, who then is affected by work-to-rule sanctions.

SECTION IX - RESUMPTION OF ACTIVITY FOR ATHLETES

Students from Member Schools who have been affected by work-to-rule sanctions, must provide a "Permission To Resume Play Form", signed by a parent or legal guardian, prior to the first practice of any sport which is scheduled immediately following the conclusion of work-to-rule sanctions.

ARTICLE XV - ATHLETIC SPONSORSHIPS

SECTION I - INTRODUCTION

Outside sponsorship of educational initiatives is a very inviting concept in this time of financial restraint. For several years, organizations have shown a strong interest in sponsoring individual school athletic teams and/or programs as well as special events such

as tournaments. This document, by its very existence, is an admission that sponsorship in today's financial climate is a very viable option.

SECTION II - PURPOSE

The following information is intended to serve as a "workable" guideline for school staff when pursuing sponsorship for athletics.

SECTION III - TYPE OF SPONSORSHIP

The product and/or service provided by the sponsor must be in agreement with the philosophical practices and policies of the Halton District School Board.

SECTION IV - IMPACT OF SPONSORSHIP

On The School Co-curricular Program (teams, facilities ,equipment)

The integrity of the school's name, colors and logo(s) must be maintained. These features are not negotiable and must remain prominently displayed. The sponsor's name/logo must be located in less conspicuous places such as the bottom of a shirt, sleeve, shoulder, left breast or on the hem of shorts. Team scores and game reports in the media must include the school name.

On Special Events (exhibition tournaments and all-star games)

The purpose and the integrity of the special event must be maintained. The showcasing of Halton athletics must not take a back seat to the attention focused on the sponsor.

SECTION V - OFSAA

It must also be recognized that guidelines related to sponsorship in athletics are also determined by OFSAA. Schools participating in OFSAA events must be aware of and follow OFSAA sponsorship guidelines, some of which are more definitive than those developed by the HSSAA

SECTION VI - EVALUATION

The HSSAA Executive shall review the impact of sponsorship on Halton athletics on a yearly basis and make recommendations to address integrity and equity issues.

SECTION VII - OFSAA SPONSORSHIP POLICY

THE FEDERATION'S UNIFORM SPONSORSHIP POLICY:

All competitors are expected to dress for Federation Championships in uniforms that are neat, clean, and conform to uniform requirements outlined in the Standing Rules (Playing Regulations), which maintain the integrity of the School's/Association name, colours and logos. No sport club insignia on uniforms shall be permitted. A sport club is defined as a community, provincially or nationally based organization whose primary purpose is participation in organized competition in single or multi sport programs.

A uniform is defined as a top, a bottom, warm-up, T-Shirt and a tracksuit.

A) COMMERCIAL SPONSORSHIP CRITERIA:

Commercial sponsorship may be recognized on athletes' uniforms at Federation Championships/Events provided the following criteria is met:

1. The product and/or service provided by the sponsor must be commensurate with the philosophical practices and policies of the Federation, the school, the Association and the local Board of Education.
2. Only the name of the singular sponsor may be recognized on a team's set of uniforms.
3. The manufacturer of the uniform may be recognized as the sponsor. If the manufacturer is not the sponsor, then the manufacturer's logo must be displayed very discreetly (i.e. smaller than 64 sq.cm. and not longer than 10 cm.
4. This criteria must be met both on and in the immediate vicinity of the competitive area.

B) COMMERCIAL SPONSORSHIP PLACEMENT GUIDELINES:

1. SINGLET/VESTS/JERSEYS

Where uniform tops have sleeves, recognition of the sponsor must appear on one of either the left or right sleeve. The maximum area to be covered by the advertising on the sleeve is 64 sq.cm. (maximum length 10 cm.)

Uniform tops without sleeves may display sponsorship on the left or right breast of the uniform top. The maximum area to be covered by the advertising on the uniform top without a sleeve is 24 sq.cm. (maximum length 8cm.)

2. SHORTS/BOTTOMS

One piece of advertising, similar in nature to that permitted on the top of the uniform, will be permitted on the left or right thigh. The maximum area to be covered by the advertising on the shorts/bottoms is 64 sq.cm. (maximum length 10 cm.)

3. WARM-UP T-SHIRTS/TRACKSUITS

The permitted advertising on warm-up T-shirts and tracksuits will conform to the criteria for uniform tops and bottoms. Schools may choose whether to recognize sponsors on the sleeve or breast area of the uniform top.

If the manufacturer's logo is discrete (i.e. smaller than 64 sq.cm. And not longer than 10 cm.) then the sponsor's name may be displayed on the warm-up T-shirt and/or track suit.

4. Failure to abide by all aspects of this Section may result in disqualification from the Federation Championship.

ARTICLE XVI - GENERAL RULES

SECTION I

The Playing Regulations Section of the HSSAA Constitution will be interpreted as being part of the Constitution.

SECTION II

In all HSSAA team sport activities, a team or teams tied for the final Divisional playoff position, who have not met during the league schedule, shall not be eliminated from playoff competition on the basis of the formula. A game shall be played between the tied teams and the winner shall advance into the playoffs. Tie Breaking formula as per each

Playing Regulation may be instituted for those affected teams who have competed against each other during the regular league schedule.

SECTION III: Application of Sport Specific Tiebreakers

In the event of a tie in League/Division Standings at the conclusion of scheduled league play, the following criteria shall be used to determine final standings:

1. Record (win/loss) between/among tied teams in head to head competition.
2. Point differential between/among tied teams in head to head competition.
3. Record (win/loss) between/among common opponents.
4. Point differential between/among common opponents
5. Application of Strength of Victory(SOV) - see Section V
6. Coin Toss

Point Differential:

The total added value when Points Against are subtracted from the Points Scored in the games played to the maximum allowed for each sport as listed below:

Maximum Points Per Sport:

- Baseball -7
- Basketball - 20
- Field Hockey - 5
- Volleyball - 15 - if # of sets won does not break the tie.
- Lacrosse - 8
- Football - 17
- Hockey - 5
- Rugby - 20
- Softball/Slow Pitch - 7
- Soccer - 5

Tie Breaking Procedure

When three (3) or more teams are tied, the order of tiebreaking, as outlined above, is applied until one or more team(s) are separated from the tied group. The tie breaking process will then be repeated starting at #1 for the remaining tied teams. This process will continue until all ties are broken.

SECTION IV: Strength of Victory (SOV) Application

When all tie breaking procedures outlined in the Sports Specific Playing Regulations have failed, SOV will be applied: **SOV is calculated by adding the winning percentages of the opponents a team has beaten. The team with the highest total winning percentages wins the tiebreaker**

1. In the event of a "Quad" league structure with teams playing an unequal number of games and /or not playing each other, SOV will be applied as follows: **all opponents winning percentages will be added together and the total divided by the number of games played.**

SECTION V: GAME SHEETS

The home team for each HSSAA league game must send a copy of the game sheet to the Athletic Convenor within 7 days of the game. Failure to do so may result in a minor

violation. If the game is played at a neutral site, it is the home team on the schedule's responsibility to send in the game sheet.

SECTION VI: POSTPONED GAMES

Any game that has been postponed for any reason whatsoever that has not reached the mid way point will be made up in its entirety at the discretion of the Athletic Convener. If games are called after the mid way point, the score at the time of cancellation will stand. The only exception to this rule will be in baseball where the score will revert back to the last completed inning of play unless the home school is winning at the bottom of the 5th inning.

SECTION VII: OUT-OF- SEASON PLAY

Schools wishing to enter competitions as a school team outside of regular season play **MUST** gain permission from the Association Executive. This includes Indoor Track and Field and Indoor Soccer.

SECTION VIII:

In tiered sports, any AAA School who has representation in a Tier 2 Junior Finals the previous year, will be moved up to Tier 1.

SECTION IX:

For all HSSAA playoff games and championships, no change of date or time will occur without the consent of both HPE Department heads of the competing schools and the Competition Convenor. The dates and times of all playoff matchups as indicated on the cover page distributed at the preseason coaches' meeting will be considered final.

SECTION X

SCHOOL COLOURS

Failure of any member school to follow the school colour/nickname guide (see below) during season and postseason play will be subject to HSSAA sanctions.

SCHOOL	NICKNAME	MAJOR	MINOR
Acton	Bearcats	Red	White
Abbey Park	Eagles	Light/Powder Blue	Grey
Aldershot	Lions	Green	Gold
Blyth Academy	Bruins	Grey/Silver	Blue
Burlington Central	Trojans	Gold/Yellow	Blue
Craig Kielburger	Spartans	Hunter Green	Yellow
Elsie MacGill	Hurricanes	Orange	Navy Blue
Gaetan-Gervais	GAGE	White	Green

Garth Webb	Chargers	Gold/Black	Grey/White
Georgetown	87s	Navy Blue	Red
Halton Waldorf		TBA	TBA
Frank Hayden	Huskies	Silver	Red
Iroquois Ridge	Trailblazers	Navy Blue	Kelly Green
King's Christian	Cavaliers	Maroon	Gold
MacLachlan		Black	White
Milton	Mustangs	Royal Blue	Black
MM Robinson	Rams	Maroon	Gold
Nelson	Lords	Red	Yellow
Oakville Trafalgar	Red Devils	Red	Black
Chisholm Academy		TBA	TBA
Sainte Trinite	Loups	Maroon	Black
TA Blakelock	Tigers	Kelly Green	Black
White Oaks	Wildcats	Royal Blue	Yellow

SECTION XI - GHAC REPRESENTATION

A, AA HALTON REPRESENTATION - SINGLE GHAC ENTRY

1. Should an A or AA School win the Tier 1 Finals, or lose in the Tier 1 final game versus a AAA School - as one of the two best teams in Halton - they will be the A or AA HSSAA Representative at GHAC.
2. Should all A and AA Schools play in Tier 2, the highest surviving A and AA team from those playoffs will be the Halton Representative.
If the last two teams go out at the same level (i.e. Semi Finals), a tie breaking game will be played at the school of whom finished higher in the regular season standings.
3. Should A and AA Schools be split between Tier 1 and Tier 2 the Highest Survivor from each Tier's playoff will play a 1 game playoff match to determine the Representative. The Tier 1 School will host this game.
4. In the event that OFSAA hosts an A and a AA Championship, the same rules will apply for each separate Classification.

A, AA HALTON REPRESENTATION - DOUBLE GHAC ENTRY

1. If a second entry is awarded into GHAC and all A or AA schools are in Tier 1 or Tier 2, then the two surviving teams from those playoffs will be the Halton Representatives. If the last two teams go out at the same level (i.e. Semi Finals), a tie breaking game will be played at the school of who finished higher in the regular season standings to determine seeding.
2. If a second entry is awarded into GHAC and A and AA Schools be split between Tier 1 and Tier 2, the highest surviving Tier 1 School will be the Halton #1 Representative. The

next highest Tier 1 School (if applicable) will host the Highest Survivor from the Tier 2 playoffs to determine the #2 Representative. If the last two teams go out at the same level of either Tier (i.e. Semi Finals), a tie breaking game will be played at the school of whom finished higher in the regular season standings. If there is only one Tier 1 School, the second entry will be given to the highest finishing Tier 2 A or AA Playoff survivor.

AAA HALTON REPRESENTATION

1. The winner of the Tier 1 Playoffs will be declared the Halton Champion and will represent Halton at the GHAC AAA playdowns.
2. Should an A or AA School win the TIER 1 Finals, then they will be the A or AA representative and the next highest surviving AAA School will advance to the playdowns. In the event of a tie (i.e. both losing in semi finals) a tie breaking game will be played at the school who finished higher in the regular season standings.
3. No AAA School participating in Tier 2 is permitted to challenge the HSSAA Tier 1 Champion for their classification.

HOSTING OFSAA CHAMPIONSHIPS HALTON REPRESENTATION

Any additional OFSAA hosting seeds go to the HSSAA host team if they are successful in getting to the HSSAA semi-finals. If the host team wins the HSSAA Championship, the second place HSSAA team gets the additional seed. If more than one school joins to host an OFSAA event, those schools can decide prior to the season how to give the spot.

If the OFSAA host school does not qualify for the HSSAA Semifinals, then the HSSAA Champion shall take the OFSAA host spot if they do not win GHAC.

If the OFSAA host school does not qualify for the HSSAA Semifinals and the HSSAA Champion also wins GHAC, then the HSSAA Finalist receives the OFSAA spot.

Section XII

In the event of a conflict of jersey color, the home school or the school not wearing their school colours, as listed in our constitution, must change or forfeit. Every attempt to play the game shall be made.

Section XIII

Any HSSAA team deemed to have competed in any league not governed by the HSSAA and/or GHAC are ineligible for any post season competition within the HSSAA/GHAC in that same school year. Any appeal must be made to the HSSAA prior to the start of the first game of the HSSAA Season of that sport.

Section XIV

It is the expectation of the schools involved to ensure that their spectators are sitting directly behind or across from their team bench. It is the responsibility of coaches and staff members present to ensure that students are abiding by this expectation. Some exceptions may occur (Volleyball, Championships venues with assigned seating.)

Sections XV

For any HSSAA Sanctioned league/division to run there must be a minimum of 4 HSSAA schools running that program. If there are less than 4 in a particular division (Tier 1/Tier 2), those schools may be forced to combine to make a viable league.

PART IV: PLAYING REGULATIONS INDEX

1.0	<u>BADMINTON</u>
1.1	<u>BADMINTON - JUNIOR</u>
2.0	<u>BASEBALL - BOYS</u>
3.0	<u>BASKETBALL - BOYS</u>
3.1	<u>BASKETBALL - GIRLS</u>
4.0	<u>CROSS COUNTRY RUNNING</u>
5.0	<u>CURLING</u>
6.0	<u>FIELD HOCKEY - GIRLS</u>
6.1	<u>FIELD HOCKEY - GIRLS (JUNIOR)</u>
7.0	<u>FOOTBALL (TACKLE)</u>
8.0	<u>GOLF</u>
9.0	<u>HOCKEY - VARSITY</u>
9.1	<u>HOCKEY - GIRLS</u>
10.0	<u>LACROSSE (FIELD)</u>
11.0	<u>RUGBY 15s - BOYS</u>
11.1	<u>RUGBY 15s - GIRLS</u>
11.2	<u>RUGBY 7s - BOYS and GIRLS</u>
12.0	<u>SKIING - ALPINE</u>
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12.2	<u>SNOWBOARDING</u>
13.0	<u>SOCCER - BOYS and GIRLS</u>
14.0	<u>FASTPITCH - GIRLS</u>
14.1	<u>SLO-PITCH SOFTBALL- GIRLS</u>
15.0	<u>SWIMMING</u>
16.0	<u>TENNIS</u>
17.0	<u>TRACK AND FIELD</u>
18.0	<u>VOLLEYBALL - BOYS</u>
18.1	<u>VOLLEYBALL - GIRLS</u>
18.2	<u>VOLLEYBALL - GIRLS (BANTAM)</u>
19.0	<u>WRESTLING</u>
20.0	<u>ULTIMATE</u>

PLAYING REGULATION 1.0 - BADMINTON

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) in the HSSAA Constitution.

3. **EVENTS:**

A) There will be competition in the following events:
BOYS SINGLES, GIRLS SINGLES, BOYS DOUBLES, GIRLS DOUBLES, MIXED DOUBLES.

4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).

5. **ENTRIES:**

A Halton Meet where the top eight (8) entries from each Divisional Meet advance to the Halton Meet.

6. **RULE BOOK:**

The rules of the Canadian Badminton Association will govern play, unless specified differently in the Playing Regulations.

7. **OFFICIALS:**

It is recommended that monitors be available if required for games in the Halton Tournament to assist players in line calls and scoring.

8. **UNIFORMS:**

No headgear is allowed except for proper athletic sweatbands.

Either a "T" or collared shirt is acceptable that is neat, clean and in good repair. It must be a school Phys.Ed. Shirt, Badminton Team Shirt, or a Badminton type shirt. Shorts may be athletic type shorts that are neat, clean and in good repair. Any solid colour with or without a stripe is acceptable.

9. **STARTING TIME:**

All HSSAA Tournaments will begin between 9:00 and 9:30AM. It is recommended that Divisional Meets be held two (2) weeks before the GHAC Date and the Halton Meet be held one (1) week before the GHAC date.

10. **AWARDS:**

Halton Medallions will be presented to the winners at the Halton Championship meet.

11. **GHAC REPRESENTATION:**

GHAC Representation: Entries awarded as per the GHAC Constitution.

12. **STARTING ORDER OF COMPETITORS:**

The starting order of competitors in the double elimination draw for all the Halton tournaments will use the following guidelines:

A) Top seeded players to be spaced out over the draw sheet. Players are seeded for the Divisional tournament based on the previous years top 4 results when available. The Halton

Tournament is seeded according to the results of the current Halton Divisional Tournaments that immediately precedes it.

13. **GENERAL REGULATIONS:**

(A) STYLE OF COMPETITION

1) 1) All Divisional and Halton Meets will be double elimination tournaments. However, for all meets, the consolation side winner does not come back around to meet the championship side winner. (Refer to Halton Tournament Draw Sheet.) If a qualifier cannot compete at the Halton Meet, no replacement will be required and the vacant position(s) will become bye(s).

2) A player or team should be allowed a minimum of 15 minutes between matches.

B) SHUTTLES:

Each school must supply its own practice shuttles.

C) A competitor is limited to one event in any one tournament. Once a player or team has begun its 1st match in an HSSAA qualifying tournament, no substitution will be allowed for that player or team moving forward, right through the OFSAA Championships.

D) Official Halton Tournament Draw Sheet must be used for the Divisional Meets and the Halton Meet.

E) Entry Forms must be typed.

PLAYING REGULATION 1.1 - BADMINTON (JUNIOR)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. **EVENTS:** There will be competition in the following events: BOYS SINGLES, GIRLS SINGLES, BOYS DOUBLES, GIRLS DOUBLES, MIXED DOUBLES. These competitions must take place during the regular Badminton season. The tournament should be held just prior to the Divisional Halton Championships or should be held immediately after the GHAC Championships.

3. **ELIGIBILITY:**

A) All competitors must meet the eligibility requirements as per [Article VI](#) of the Constitution.

B) Players that compete at the Halton Divisional, Closed or Open Tournaments are not eligible to compete in the Junior category therefore, alternates (Junior Age) or varsity team members who do not compete, may play Junior.

4. **ENTRIES:**

A) A maximum of two teams from each participating school.

B) The cost will be covered by the entry fee charged to each competitor. Entry fees are the responsibility of each school involved in the competition.

5. **RULE BOOK:** The rules of the Canadian Badminton Association will govern play, unless specified differently in the Playing Regulation.

6. **OFFICIALS:** It is recommended that monitors be appointed for games in the Open and Closed Tournaments to assist players scoring and line calls, etc.

7. **UNIFORMS:** Plain whites or school uniforms are acceptable. Definition of "School Uniform" - a Physical Education T-Shirt and athletic shorts. (Phys. Ed. Class Uniform)

8. **STARTING TIME:** All HSSAA tournaments begin at 9:00 AM.

9. **AWARDS:**

There will be a trophy presented to the school who wins the A Flight and the B Flight at the HSSAA Championships.

10. **GHAC REPRESENTATION:** Not applicable.

11. **GENERAL REGULATIONS:**

A) **STYLE OF COMPETITION**

1. Team style of competition. (Best 3 out of 5 events)
2. One game to 21 points.

PLAYING REGULATION 2.0 - BASEBALL (BOYS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following Critical Components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the HSSAA Constitution.
3. **EVENTS/GHAC REPRESENTATION:** There will be a league at the Tier 1 and Tier 2 level. Tier 1 will send 1 representative to the GHAC Playdowns unless a second entry has been granted. Determining this (these) entries will be determined prior to the season and communicated at the preseason coaches meeting.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each HSSAA Member School may enter one team.
6. **RULE BOOK:** The official Baseball Rule Book will apply. The Halton High School Baseball Association supplements standard O.B.A. Rules with additional rules and regulations to enhance participation and parity. (See item #11)
7. **OFFICIALS:** The officials will be certified, and members of the Halton Baseball Umpires Association.
8. **UNIFORMS:**
 - A) If possible, all players should be in complete baseball uniform with corresponding tops and caps. Any team entering OFSAA playoffs must be completely and uniformly outfitted, including the coaching staff.
 - B) All batters and baserunners must wear a helmet. Metal cleats are allowed. Catchers must wear a mask with throat protector, helmet, chest protector, shin guards, cup and cup type athletic supporter. Any player warming up a pitcher, must wear a mask with throat protector.
9. **STARTING TIME:** All regular season games will start at 3:30 PM, unless otherwise directed by the Athletic Convenor. Playoff games will start at the discretion of the Athletics Convenor.
10. **AWARDS:** The Tier 1 and Tier 2 Champions will receive a Championship Trophy. Medallions (24) will be presented to the Champions and Finalists of each Tier.

11. GENERAL REGULATIONS:

DESIGNATED RUNNER

A designated runner MAY be used for the catcher with 2 out. The designated runner will be a player not currently in the lineup, or the player making the 2nd out of the inning.

ROSTER SIZE There is no limit to the number of players on a roster for HSSAA events.

FIELD DIMENSIONS

Pitchers Mound: 60' 6" from front of home plate. Bases: 90' apart

Home Plate to Second Base: 127' 3 3/8"

PROTESTS

As governed by HSSAA Constitution, [ARTICLE XII – PROTEST POLICY](#)

HOME TEAM RESPONSIBILITIES

- A) Provide and set out the bases.
- B) Keep the official score sheet.
- C) Provide two game balls. Visiting team to provide one.

DEPORTMENT

- A) Players and coaches are expected to conduct themselves in a manner which reflects positively on their school, on the game of baseball and on themselves.
- B) Profanity will not be tolerated. Any profanity directed at Umpires, opposing players and/or spectators, will result in an automatic ejection from the game.
- C) Any player or coach ejected from a game shall result in an additional suspension from at least the next regular season and/or playoff game.

PITCHERS

- A) Pitchers may not pitch more than 12 outs in a single game. Outs **must** be consecutive.
- B) Pitchers once removed from a game under the substitution rule may return to the game but may not pitch.

SUBSTITUTIONS

O.B.A. Rule P2-6: Any starting player may be substituted for and return to the game one time only. He must return to his original place in the batting order. Any pitcher, if removed from the game, may return but may not pitch.

DESIGNATED HITTER/RUNNER

- A) A designated hitter may be used for any position player. The DH must be named in the starting lineup, if you choose to use one. Once the game has begun, you may not institute a DH. If a DH enters the game as a position player, his team forfeits the DH for the remainder of the game.

GAMES

- A) For scheduled league games, the Home Team will have the field until fifteen minutes prior to the start of the game. The Visiting team will have the field from fifteen minutes prior to the start of the game until five minutes prior to the start of the game.
- B) All HSSAA games are seven innings in duration, barring curfew, run rule, or weather. Extra innings in tied games can occur if time permits. No new inning may begin after one hour and fifty-five minutes of play has transpired.
- C) Tied games will stand in curfew games.
- D) Ties in playoff games will continue in extra innings until 30 minutes to curfew. At this time, the international tie breaking rule will come into effect. (begin the inning with your last out or a player on the bench at second base and nobody out.)
- (E) All games will be seven (7) innings except when a team is leading by 18 or more runs after three (3)innings, two and a half (2 1/2) innings if the home team is ahead; or when a team is leading by 12 or more runs after four (4) innings, three and a half (3 1/2) innings if the home team is ahead; or when a team is leading by 10 or more runs after five (5) inning, four and a half (4 1/2) innings if the home team is ahead. Then the run rule will apply and the game will end.
- (F) Extra Hitter (EH) is permitted in each team's lineup should they choose to use it.

ONE MINUTE RULE

- A) From the time the third out is made, the outgoing defensive team has one minute before the Umpire orders the first pitch to begin the new half-inning.

RAIN OUTS

Rainouts will be made up at the discretion of the Athletic Convenor.

BASE COACHES

All Base Coaches, students or staff must wear helmets while in the field of play.

PLAYING REGULATION 3.0 - BASKETBALL (BOYS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the Constitution.
3. **EVENTS:** There will be competition for Junior and Senior Champions in the respective league alignment divisions. All levels of competition will consist of games played in (4) eight minute quarters.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each of the HSSAA Member Schools may enter one Junior and one Senior team. No limit to the number of players dressed for the game.
6. **RULE BOOK:** The F.I.B.A Rule Book will apply with HSSAA/OFSAA Exceptions
7. **OFFICIALS:** The officials will be of the highest caliber (Inter-Collegiate). For all HSSAA Championships, when available, 3 officials will be used.
8. **UNIFORMS:** As per the F.I.B.A Rule Book
9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches meeting.
10. **AWARDS:** For each division, there will be:
 - A) A Trophy - for the winning team.
 - B) Medallions - for each member of the winning team. (16 max)
 - C) Medallions - for each member of the finalist team. (16 max)
11. **GHAC REPRESENTATION:** As governed by HSSAA Constitution [Article XVI, Section XI](#).
12. **GENERAL REGULATIONS:**
 - A) The host school will be responsible for having available all the necessary equipment:
 1. A game ball
 2. A time clock and stopwatch.
 3. HSSAA approved Score Sheets
 4. Practice balls.
 - B) **TIE BREAKING PROCEDURES** Refer to [Article XVI, Section III](#) – Application of Sports Specific Tiebreakers
 - C) A player or coach ejected from a league or playoff game will be automatically prohibited from dressing for and participating in the next scheduled game. This does not include disqualification by personal fouls
 - D) Federation lines will be used, even where FIBA lines are available.
 - E) Where shot clocks are available, the home team has the choice to use them or not.
 - F) Where shot clocks are not used, the closely guarded rule will be in place.
 - G) Shot Clocks will be used at the HSSAA Championships

PLAYING REGULATION 3.1 - BASKETBALL (GIRLS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the Constitution
3. **EVENTS:** There will be competitions for a Junior and Senior Champion in the respective league alignment divisions.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each school may enter one Junior and one Senior team.
6. **RULE BOOK:** The F.I.B.A Rule Book will apply with HSSAA/OFSAA Exceptions.
7. **OFFICIALS:** To be assigned by the Hamilton Board of Officials. For all Senior HSSAA Championships, when available, 3 officials will be used.
8. **UNIFORMS:** As per F.I.B.A Rule Book.
9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches meeting
10. **AWARDS:** For each division there will be:
 - a) A Trophy - for the winning team
 - b) Medallions - for each member of the winning team and finalist team (16 max)
11. **GHAC REPRESENTATION:** As governed by HSSAA Constitution [Article XVI, Section XI](#)
12. **GENERAL REGULATIONS:**
 - A) The host school will be responsible for having available all the necessary equipment:
 1. A game ball (#6 Ball).
 2. A time clock and stopwatch.
 3. HSSAA approved Score Sheets
 4. Practice balls.
 - B) TIE BREAKING PROCEDURES

Refer to [Article XVI, Section III](#) – Application of Sport Specific Tiebreakers

 - C) A player or coach ejected from a league or playoff game will be automatically prohibited from dressing for and participating in the next scheduled game. This does not include disqualification by personal fouls.
 - D) Federation lines will be used, even where FIBA lines are available.
 - E) Where shot clocks are available, the home team has the choice to use them or not.
 - F) Where shot clocks are not used, the closely guarded rule will be in place.
 - G) Shot Clocks will be used at the HSSAA Championships

PLAYING REGULATIONS 4.0 - CROSS COUNTRY

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. **AGES:** As per HSSAA Constitution [Article VI, Section III](#) .

3. **EVENTS:** The events and distances will be adjusted as needed to correspond to the OFSAA distances.

BOYS BANTAM - 4000 METRES	GIRLS BANTAM - 4000 METRES
BOYS JUNIOR - 5000 METRES	GIRLS JUNIOR - 5000 METRES
BOYS SENIOR - 6000 METRES	GIRLS SENIOR - 6000 METRES
BOYS PARA - 3000 METRES	GIRLS Para - 3000 METRES

4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).

5. **ENTRIES:** Each member School may enter one Girls and one Boys team in each event. For this purpose, a team shall consist of an unlimited number of runners with five to receive awards.

6. **RULE BOOK:** I.A.A.F. Rules with OFSAA Amendments shall govern competition.

7. **UNIFORMS:** All competitors in a race must wear a uniform top of the same style and colour. Failure to do so will result in disqualification from the starting line of that individual or by decision from the jury of appeal after the race is completed.

8. **OFFICIALS:** Not specified.

9. **AWARDS:** There will be a Team Trophy presented to the overall Girls team and overall Boys team. The following Championships will be declared:

- a) Combined Overall (Boys & Girls)
- b) Boys Overall
- c) Girls Overall

Points awarded as such:

1st- 10
 2nd- 8
 3rd- 6
 4th- 4
 5th- 2
 6th- 1

Schools who tally the most points in each category will be declared champions.

10. **GHAC REPRESENTATION:** 1 team per school per division with no maximum number of athletes may compete at GHAC.

11. **GENERAL REGULATIONS:**

A) **SCORING:** In determining team champions, only the top 4 runners will count. In the case of a tie, the placing of the 4th runner will determine the winning team e.g. whichever team's 4th runner finishes ahead of each other wins the team title by tie-break.

- B) LENGTH OF COURSES: The length of the course for each event will correspond to the OFSAA distances.
- C) The In School Convenor shall have a Medical Doctor in attendance or readily available. St. John's personnel or equivalent is required on site for the duration of the day.
- D) A Jury of Appeal consisting of three people shall be appointed by the Meet Convenor prior to the meet.
- E) NUMBERING SYSTEM: Each competitor will use a transponder or identifying number that corresponds to his or her name and school. These will be provided by the Convenor on the day of the meet.

PLAYING REGULATION 5.0 - CURLING

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. **AGES:** As per HSSAA Constitution [Article VI, Section III](#) .

3. **EVENTS:** There will be a competition in both boys and girls in the Novice and Competitive Divisions.

4. **ELIGIBILITY:**

A) As governed by HSSAA Constitution [Article VI](#).

B) Competition Levels

- i) Competitive - Eligible for GHAC/OFSAA. Limited to 2 or more Club Level Players.
- ii) Novice and Intermediate - No OFSAA opportunity.

C) Late/Attendance Policy:

* *Unless a staff sponsor is present, a school will be deemed ineligible to curl.*

First 5 minutes late – loss of hammer

After second 5 minutes – hang 1 point

Third 5 minutes – hang 2nd point

After 20 mins, the non-offending team has the option to declare default.

D) Teams must have a minimum of 3 players, two of which are regular members of the team. Spares may be used, according to spare rules for each division. Spares must be/or added to the teams eligibility list.

E) The Competitive Level will have two divisions, boys and girls only. A boys team may have one female on the team only if the school can not field a separate girls team. The Novice and Intermediate Level will have boys, girls, and mixed teams and will be open to any combination of boys and girls.

5. **ENTRIES:**

Team Entries:

- a) Cut off date for novice and competitive team submissions will be announced at the pre-season coaches meeting.
- b) Team entry lists must be submitted to the in school convenor by the deadline announced at the preseason meeting. Team Eligibility lists must be submitted to the HSSAA Athletic Convenor prior to the teams first scheduled game.
- c) Due to ice and date restrictions, coaches can enter a maximum of 4 teams per school. Actual team numbers will depend entirely on the total number of teams declared by each school and ability to schedule the seasons' games.

There must be a minimum of 4 players on every competitive team; a minimum of 4 players on every novice team, however it is recommended that novice teams carry at least 5 players.

6. **RULE BOOK:** The O.C.A. Rule Book supplemented with OFSAA Regulations.

7. **UNIFORMS:**

- (a) Players must bring a clean change of shoes to be worn on the ice surface. *Any* player without a clean change of shoes will not be allowed to play that game.
- (b) Jeans and "pajama pants" *cannot* be worn on the ice surface.
- (c) All players must wear attire that will not damage the ice surface. Dirty pants, metal chains, and metal lace eyelets are examples of attire that can damage the ice.
- (d) Inappropriate slogans and advertising/sponsorship reflecting alcohol or tobacco products may not be worn.
- (e) All other equipment, including sliders and brooms are supplied by the Oakville Curling Club.

8. **RULES and OFFICIALS:**

Coaches are to instruct their participants on curling rules, etiquette and expectations. This will be ongoing during the novice season.

The rules governing play shall be that of the Ontario Curling Association. The HSSAA exceptions to these rules are:

- i) A coin toss will take place at the beginning of each scheduled game. The winning team will choose either the hammer or the colour of the rock.
- ii) In all league and playoff games at the Novice Level, a team may substitute any number of players in the lead or second positions but only at the conclusion of an end of play.
- iii) All regular season Competitive Level games will be scheduled for six (6) ends. No end shall start with less than 15 minutes of rented ice time left. Games that end in a tie will be recorded as a tie in the standings.
- iv) All regular-season Novice Level games will be scheduled for six (6) ends. No end will start with less than 15 minutes of rented ice time left. Games that end in a tie will be recorded as a tie in the standings.
- v) In the Competitive Level, two one (1) minute timeouts per team, per game are permitted and may be called by a player on the ice when it is their team's turn to throw, or between ends. Coaches may signal to their team that they wish for a time-out, but the time-out must be called for by a player on the ice. No banging on the glass allowed! Note: The one (1) minute time limit **MUST** be adhered to, to prevent time problems.
- vi) If required, an umpire will be designated by the convenor for a game.
- vii) Playoff games will be played to completion, time permitting.
- viii) If a game ends in a tie a full end will be played towards the glass to break the tie. Note: In the event this rule needs to be amended due to ice rental restrictions, one rock will be thrown by each team, closest to the button to break the tie.
- ix) Playoff Tie Breaking Criteria:
 - Winner of the game between the tied teams.
 - Total number of points for and against.
 - Number of ends won (if needed)

9. **GAME LENGTH:**

The number of ends played will be determined at the beginning of the playoffs. Eight ends is recommended for Competitive and Six ends for Novice and Intermediate.

10. **AWARDS:** A fee will be assessed at the pre-season meeting to cover awards costs.

11. **GHAC REPRESENTATION:** The Halton Boys and Girls (Senior) Champions will advance to the GHAC Championship games.

12. **CODE OF CONDUCT**

A) Coaches and players are expected to act in a sportsmanlike manner as per Article XVI – Code of Conduct in the HSSAA Constitution.

B) Unsportsmanlike conduct: If the convenor needs to speak to a team and/or coach twice during a match, that team automatically defaults the game and will be asked to leave the ice. After too many infractions, the team may be banned from the league at the convenor’s discretion.

C) A no smoking and no alcoholic beverage policy will be enforced for participants and spectators during HSSAA curling competitions.

D) No player/coach is allowed any electronic device on the ice surface. This is a safety issue and must be adhered to at all times

13. **JURY OF APPEAL**

A) The Jury of Appeal constructed at the coaches pre-season meeting will consist of the convenor and 3-4 coaches from participating schools.

B) The Jury of Appeal will rule on disputes and protests.

C) The Jury of Appeal may only consider matters of policy regarding the operation of the activity concerned within the limits of the playing regulations.

PLAYING REGULATION 6.0 - FIELD HOCKEY (GIRLS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the Constitution
3. **EVENTS:** There will be competitions for a Senior Champion in both Tier 1 and Tier 2.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each school may enter a maximum of one team.
6. **RULE BOOK:** The rules of the Field Hockey Canada will govern play unless specified differently in this Playing Regulation. Games during league play shall consist of (2) thirty minute halves. For the tournament, length of games and substitution rules are to be determined by the Field Hockey Convenor.
7. **OFFICIALS:** Only F.H.O. rated officials will umpire league and Championship games or tournaments. Games must be rescheduled if a rated official is not available for a game.
8. **UNIFORMS:** All teams are required to wear the same coloured socks and the same tops. Each team must have official school uniforms - tops and socks. No sweats are to be worn. Any infraction of the uniform policy will mean that the team will forfeit the game.
9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches meeting.
10. **AWARDS:** For each division there will be:
 - a) A Trophy – For the winning team.
 - b) Medallions – For each member of the winning and finalist team. (20 max)
11. **GHAC REPRESENTATION:** As governed by HSSAA Constitution [Article XVI, Section XI](#)
12. **GENERAL REGULATIONS:**
 - A) The league will be divided into two tiers. Two points will be awarded for a win and 1 point for a regular season tie.
 - B) GAME TIE BREAKING PROCEDURE
 1. During regular league play - Ties will stand.
 2. Playoffs - i)Two (2) seven and a half (7.5) minute overtime periods (not sudden victory) shall be played after a five (5) minute rest. Teams will toss for choice of ends prior to the start of the overtime period. Teams will change ends with no rest after the first seven and a half (7.5) minute period.
 - ii) - if still tied, each team will select any five (5) players from those listed on the match sheet except a player who has received a red card or a temporary suspension at the end of

the game. These five (5) players shall take penalty shots alternately, the first team to shoot being decided by a coin toss. The winner shall be the team scoring the most goals;

iii) - if the score is still tied a "sudden victory" system will be used. Each team will alternately send one player to take a penalty shot until the tie is broken. The order of penalty shots will change with each pair of shooters. No player may take a second shot in this series until any five (5) players listed on the match sheet (except any under permanent suspension or temporary suspension at the end of overtime) have taken one shot.

D) The host school will be responsible for marking the field correctly, having all necessary equipment available.

E) An unlimited number of players should be allowed on each team.

F) Field Hockey Ontario rule of interchange will apply.

G) Coaches are responsible for ensuring the use of mouth guards and shin guards by players during the game. Any athlete that does not comply with these safety regulations will be removed from the field by the Umpire. If the player can produce properly worn equipment, they may return to play. A player removed from play for the above may be substituted.

H) It is the responsibility of the Home Team to provide on-site care at each league game or tournament. Games must be rescheduled if a qualified trainer is not available.

I) Where possible, all regular season and playoff games will be played on Turf Fields.

PLAYING REGULATION 6.1 - FIELD HOCKEY (GIRLS JR)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** As per HSSAA Constitution [Article VI, Section III](#) .
3. **EVENTS:** There will be competitions for a Junior Tier 1 and Tier 2 Champion; numbers permitting.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each school may enter a maximum of one team.
6. **RULE BOOK:** The rules of Field Hockey Canada will govern play unless specified differently in this Playing Regulation. Games during league play shall consist of (2) thirty minute halves. For the tournament, length of the games and substitution rules are to be determined by the Field Hockey Convenor.
7. **OFFICIALS:** Only F.H.O. rated officials will umpire League and Championship games or tournaments. Games must be rescheduled if a rated official is not available for a game.
8. **UNIFORMS:** All teams are required to wear the same coloured socks and the same tops. Each team must have official school uniforms - tops and socks. Socks and tops do not need to be the same colour. No sweats are to be worn. Any infraction of the uniform policy will mean that the team will forfeit the game.
9. **STARTING TIME:** As per Constitution.
10. **AWARDS:** For each division there will be:
 - a) A Trophy – For the winning team.
 - b) Medallions – For each member of the winning and finalist team. (20 max)
11. **GHAC REPRESENTATION:** Not applicable.
12. **GENERAL REGULATIONS:**
 - A) There will be one or two Divisionals based on the number of schools competing. The schedule will be created by the Athletic Convenor with every effort made to play double headers with the schools senior team.
 - B) GAME TIE BREAKING PROCEDURE
 1. During regular league play - Ties will stand.
 2. Playoffs - i)Two (2) seven and a half (7.5) minute overtime periods (not sudden victory) shall be played after a five (5) minute rest. Teams will toss for choice of ends prior to the start of the overtime period. Teams will change ends with no rest after the first seven and a half (7.5) minute period.
 - ii) - if still tied, each team will select any five (5) players from those listed on the match sheet except a player who has received a red card or a temporary suspension at the end of

the game. These five (5) players shall take penalty shots alternately, the first team to shoot being decided by a coin toss. The winner shall be the team scoring the most goals;

iii) - if the score is still tied a "sudden victory" system will be used. Each team will alternately send one player to take a penalty shot until the tie is broken. The order of penalty shots will change with each pair of shooters. No player may take a second shot in this series until any five (5) players listed on the match sheet (except any under permanent suspension or temporary suspension at the end of overtime) have taken one shot.

D) The host school will be responsible for marking the field correctly, having all necessary equipment available.

E) An unlimited number of players should be allowed on each team.

F) Field Hockey Ontario rule of interchange will apply.

G) Coaches are responsible for ensuring the use of mouth guards and shin guards during the game. Any athlete that does not comply with these safety regulations will be ejected from the game and yellow carded by the umpire without warning.

H) It is the responsibility of the Home Team to provide on-site care at each league and Championship game or tournament. Games must be rescheduled if a qualified trainer is not available.

I) Where possible, all regular season and playoff games will be played on Turf Fields.

PLAYING REGULATION 7.0 - FOOTBALL

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. **AGES:**

All competitors shall meet the age requirements as per [Article VI, Section III](#) of the Constitution

3. **EVENTS:**

There will be competition for Junior and Senior HSSAA Championships in the following Divisions. Each division must have a minimum of 4 teams to run.

- | | |
|------------------|------------------|
| 1. Tier-1 Senior | 2. Tier-2 Senior |
| 3. Tier-3 Senior | 4. Tier-1 Junior |
| 5. Tier-2 Junior | |

4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).

5. **ENTRIES:** Each HSSAA Member School may enter one team per age category. No limit to the number of players who may dress for any game, as long as every player can be properly and safely equipped while playing.

6. **RULE BOOK:** The current edition of the Canadian Amateur Rule Book for Tackle Football shall be used. The only exceptions shall be:

- When the score reaches a spread of 25 points or greater the game clock shall run if the coach of the losing teams wishes.
- Should the score be tied after regulation time during the regular season, the shoot-out procedure (per Rule 1 Section 3 Article 6) will be played for 1 series.
- 3 downs to gain 10 yards in the junior age group.

7. **OFFICIALS:** To be the highest caliber possible. There will be a minimum of three (3) officials for Junior league and playoff games. There will be four (4) officials for Senior league and playoff games and for playoff games and for the Championship games in both Tiers, there will be six (6) officials. Costs for extra officials to be borne by the competing schools.

8. **UNIFORMS:** Not specified.

9. **STARTING TIME:** To be set by the Athletic Convenor prior to the pre-season coaches meeting.

10. **AWARDS:** For all divisions – Senior/Junior – there will be:

- A) a trophy for the winning team
- B) Medallions for Champion and Finalist. (40 Max)

11. **BOWL REPRESENTATION:** The Halton Senior Tier 1 Champion shall advance to the GHAC play downs as per the GHAC Constitution. Any additional entries into the GHAC play downs will also follow as outlined in the GHAC Constitution. The Halton Junior Tier 1 Champion will represent Halton in the Junior Metro Bowl Playoffs if scheduling permits.

12. **Minimum Requirements to Play:**

- a) In order to participate in **Sr/Jr Tier 1/2** division football a minimum of 24 players must be approved and submitted on the season's eligibility roster 4 days prior to Regular Season Game 1. (or at the Convenor's request)
- b) In order to play in a HSSAA regular season or playoff football game a minimum of 19 players must be dressed and eligible to participate. If the minimum cannot be met the game would be forfeited. A minimum notice, determined by the convenor, must be provided prior to any forfeit.
- c) Any school forfeiting a game during the regular season is not eligible for postseason play.

13. **GENERAL REGULATIONS:**

- A) All games will consist of 12 minute quarters, and a staff member should be assigned the duties of chief timer. NOTE: The referee has the right to take the watch from the chief timer.
- B) All afternoon games will start at 3:30 PM until standard time sets in, then all league games will start at 3:00 PM. In the case of afternoon doubleheaders, the first game shall begin at 2:30 PM with the second game to follow. All playoff games will start at 2:30 PM. Night games will start at 7.00pm. If an earlier or later starting time is required, it must be by mutual consent of both teams and the officials must be given 24 hours notice of change.
- C) The deadline for postponing games is 24 hours prior to the date of the game. The Chief Referee and the Athletics Convenor must be notified in advance.
- D) It is the responsibility of the home team to ensure that competent stick and down-box men are available. They should contact the officials before game time for instructions.
- E) The CIS game ball will be used in all competitions and is to be supplied by the home team. No substitution of the game ball will be permitted except at the referee's discretion.
- F) Football Tie breaking Procedure; See [Article XVI, Section III](#)- Application of Sport Specific Tiebreakers
- G) **VIDEO TAPES:** Video taping is permissible at all games and scrimmages.
- H) **HEADSETS:** Coaches may use electronic communication devices at both the Junior and Senior levels. If these devices are employed, the spotter must remain at the same mutually agreed upon location throughout the game.
- I) Any player or coach who is ejected from an HSSAA sponsored game will be automatically prohibited from dressing for and participating in at least the next scheduled HSSAA game.
- J) **PRE-SEASON and OFF-SEASON PRACTISES:**
OFF SEASON
 - a) Spring practices will be permitted any time after the Victoria Day Weekend and scheduling will be at the discretion of each individual school. No more than Eight (8)

Spring practices will be permitted. Full Equipment is permitted for these practices following the 3 day progression(helmets and shoulder pads may be worn during these three days) and format must follow the current HDSB Localized Minimum Standards and OPASSE Secondary Interschool Safety Standards, as well as Safe Contact Policies for participation. Commitment to spring teams must be completed prior to any spring football training.

b) Violations of the above conditions will result in the suspension of the coach(es) involved, for the entirety of the upcoming season.

PRE SEASON

a) A team may start practices under coaches' supervision 7 Weekdays prior to the Labour Day Weekend.

b) The first 3 days of practice must follow the current HDSB Localized Minimum Standards and OPASSE Secondary Interschool Safety Standards, as well as incorporate safe contact skill development (helmets and shoulder pads may be worn during these three days), after which full pads can be worn. This training must be repeated for all athletes even if it was completed in the spring.

c) Violations of the above conditions will result in the suspension of the coach(es) involved, for the entirety of the upcoming season.

PLAYING REGULATION 8.0 - GOLF

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** As governed by HSSAA Constitution [Article VI, Section III](#) .
3. **EVENTS:** There will be a series of weekly or bi-weekly events, to be known as Tour Stops. Each Tour Stop shall feature a separate format of team and/or individual competition. The final event shall be designated as the Halton Stroke Play Championship.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each HSSAA Member School may enter one team, composed of (4) students and a 2nd team composed of (4) members if the tournament dictates entry and each player qualifies by score. Each school team shall include a teacher or coach/supervisor, as designated by the Member School.
 - i) A student athlete is eligible for competition deemed by their coach to consistently score below 105 per round.
6. **RULE BOOK:** The Halton Golf Tour shall play under the rules of the R.C.G.A., with local course rules in effect at each Tour Stop location.
7. **STARTING TIME:** As specified by the activity Convenor
8. **AWARDS:** Unless otherwise specified by the activity Convenor: Medallions/Plaques/Trophies shall be provided to each member of the winning school team for overall tour competition.
 - A) A Medallion/Plaque/Trophy shall be presented to the winning team's school, after each of the Tour Stop events.
 - B) A Trophy shall be presented to the individual student who is designated Stroke Play Champion, with Medallions/Plaques Trophies being awarded to the 2nd, 3rd and 4th place individuals in the Stroke Play Championship.
9. **GHAC REPRESENTATION:** An official GHAC Stroke Play event shall be organized with the top (4) HSSAA finishers, plus the top (2) HSSAA teams from the Stroke Play Championship, competing against similarly organized teams from Hamilton Catholic and Halton Catholic.
10. **GENERAL REGULATIONS:**
 - A) All associated costs in organizing the Halton Golf Tour shall be borne by the competing schools. The activity Convenor will determine such costs and advise each school prior to any interschool competition.
 - B) The various Tour Stops tee off times are - subject to course availability and scheduling.
 - C) Each Tour Stop will proceed RAIN OR SHINE, with the exception of Thunder/Lightning. In the case of inclement weather, each School's Coach/Supervisor is required to contact the course to make sure the course is not closed.

D) Teacher and/or Coach/Supervisors are responsible for recording the score for the team he/she is marshaling. Scores are to be recorded at the completion of each hole. Scorecards are to be attested and dated from each school team.

E) Teacher and/or Coach/Supervisors are expected to remind each student participant of their responsibilities as school representatives and as such, throwing clubs, intentional damage to a golf course and abusive or foul language will not be tolerated. Violation of these guidelines will result in an individual(s) being suspended from further Halton Golf Tour competition.

F) The dress code for student competitors is as follows: Golf Shirt, Appropriate Slacks/Shorts which are knee length, Golf Shoes or some other type or non-destructive footwear. (NO FOOTBALL OR SOCCER CLEATS)

G) Balls hit out of bounds (white stakes/local rule boundaries) must be replayed from the exact location where the original stroke was played. Penalty is stroke and distance.

H) All issues of concern shall be dealt with by the activity Convenor, consistent with the aims, objectives and philosophies of the HSSAA and the sport of Golf.

PLAYING REGULATION 9.0 - VARSITY BOYS HOCKEY

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. **AGES:** As governed by HSSAA Constitution [Article VI, Section III](#)

3. **EVENTS:** Each HSSAA Member School may enter one team per age category. There will be competition for one HSSAA Tier-I Team Champion and for one HSSAA Tier-II Team Champion at the conclusion of league play. Pending the final number of teams, the Athletic Convenor may determine with consultation with the Hockey Sports Advisory Committee to only run 1 Championship.

4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#). Effective midnight on the Sunday immediately preceding the first scheduled game of the current year's league schedule shall be the deadline for eligibility. Any student playing or whose name appears on a Body Checking Rep Team or Junior A, B, C, or D or Major Junior game sheet or report from the deadline date forward, shall be deemed ineligible for his school team for the balance of the school season. House league select players are eligible for high school hockey if they are bona fide house league players in their respective municipalities. To be bona fide they have signed a house league registration form and not a Rep registration form.

5. **ENTRIES:** Each HSSAA Member School may enter one team.

6. **RULE BOOK:** C.H.A. Rules for the current year shall apply.

7. **QUALIFIED OFFICIALS:**

REFEREES: Officials will be of the highest caliber. All games will have 3 Officials.

FIRST AID: The Athletic Convenor will provide a qualified First Aid person for all HSSAA scheduled games

8. **AWARDS:**

For each division, there will be:

- A) A Trophy - for the winning team.
- B) Medallions - for each member of the winning team. (25 Max)
- C) Medallions - for each member of the finalist team. (25 Max)

9. **GHAC REPRESENTATION:** As governed by HSSAA Constitution [Article XVI, Section XI](#)

10. **GENERAL REGULATIONS:**

A) **TIE BREAKING FORMULA - LEAGUE STANDINGS** Refer to [Article XVI, Section III](#) - Application of Sport Specific Tiebreakers.

B) **SUPERVISION** Each team using a non-teacher as a coach must have a teacher supervisor in attendance at all games and practices.

C) **RULES REVISIONS** - HSSAA Hockey shall use the current Official Hockey Rules as set out by the Canadian Hockey Association, with the following revisions:

D) PLAYERS IN UNIFORM - The maximum number of players permitted to dress for a game is twenty (20), eighteen (18) plus two (2) goaltenders.

E) Suspension for Major Penalties other than fighting, assessed to any player, including a goaltender, will be assessed as per the current OHF Minimum Suspension List.

F) Goal Judges shall not be used for HSSAA games.

G) OFFICIAL SCORER - will be provided by the home team on the schedule. At the completion of each game, the official scorer shall:

1. Sign the Official Game Sheet.
2. Have the Referees sign the Game Sheet.
3. Provide the Pink Copy to the Visiting Team.
4. Provide the White and Yellow Copies to the Home Team, who shall forward the White Copy to the Athletic Convenor upon request.

H) Any player, including a goaltender, incurring a Major Penalty for fighting, shall be ejected from the game and suspended for his/her team's next three scheduled league games. Should a suspension carry over into playoff competition or occurs during playoff competition, the Convenor shall assess a one, two or three game suspension, upon review of the case. The Referee shall report the offence and full details of the violation to the Convenor. If a player is assessed a second fighting major penalty in the same season, that player will be suspended from his/her team for the remainder of the current season. If a fighting major penalty is assessed in a league or playoff game where one team or player may be eliminated by the result of the game, (A PLAYER LEAVING SCHOOL AT THE END OF SEMESTER I) the team progressing in the playoffs may appeal the suspension of their player if the official has assessed an instigator penalty to the offending player from the eliminated team. Such an appeal shall be dealt with by the HSSAA Athletic Convenor.

I) For HSSAA league play, if at the end of regulation periods, the score is tied, the game will proceed with a five (5) minute, 3 on 3 sudden death overtime period. If still tied, a three player shootout format will be employed to determine a winner. If still tied, teams will continue with new players until 10 shooters have gone and if the game still remains tied, the coach can select any shooter but must again go through 10 shooters before repeating a shooter for a third time.

For HSSAA Playoffs games, during the round robin portion of the tournament overtime will consist of a ten (10) minute, 3 on 3 sudden death overtime period. If still tied, a three player shootout format will be employed to determine a winner. If still tied, teams will continue with new players until 10 shooters have gone and if the game still remains tied, the coach can select any shooter but must again go through 10 shooters before repeating a shooter for a third time.

For all HSSAA playoff elimination games (Quarter final, semi-final and Championships and challenge games) will be followed by consecutive ten-minute stop time sudden-death periods, 5 on 5 until ten minutes to curfew. If still tied, a five-player shootout format will be employed to determine a winner. If still tied teams will continue with new players until 10 shooters have gone and if the game still remains tied, the coach can select any shooter but must again go through 10 shooters before repeating a shooter for a third time.

J) One twelve minute period and two fifteen minute periods of actual playing time with a ten minute intermission between the second and third periods, will be the time allowed for each scheduled league game. Three fifteen minute periods of actual playing time with a ten minute intermission between each period will be the time allowed for each Championship Final.

K) a) 3 points to the winning team at the conclusion of regulation time.

- b) 1 point to both teams at the conclusion of regulation time if the game is tied.
- c) An additional point earned for the team winning the game in a 5-minute overtime period, or the Penalty-Shot Shootout if the teams are still tied following the conclusion of the overtime period.
- d) 0 points for the team losing the game in regulation time.

PLAYING REGULATION 9.1 – VARSITY GIRLS HOCKEY

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. **AGES:** As governed by HSSAA Constitution [Article VI, Section III](#) .

3. **EVENTS:** There will be competition for an HSSAA Champion.

4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).

5. **ENTRIES:** Each HSSAA Member School may enter one team.

6. **RULE BOOK:** C.H.A. Rules for the current year shall apply.

7. **QUALIFIED OFFICIALS:**

REFEREES: HSSAA Girls Hockey League, Playoff and Championship Games shall be officiated by a two person system.

8. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches meeting

9. **AWARDS:**

For each Division, there will be:

a) A Trophy - for the winning team.

b) Medallions - for each member of the winning team and the finalist team. 25 max per team

10. **GHAC REPRESENTATION:** As governed by HSSAA Constitution [Article XVI, Section XI](#)

11. **GENERAL REGULATIONS:**

A) **SUPERVISION:** All teams using a non-teacher coach must have a teacher supervisor in attendance at all games.

B) **TIE BREAKING FORMULA:** LEAGUE STANDINGS

Refer to [Article XVI, Section III](#) – Application of Sport Specific Tiebreakers.

C) **RULES REVISIONS:**

HSSAA Girls Hockey shall use the current Official Hockey Rules as set out by the Canadian Hockey Association, with the following revisions.

D) **PLAYERS IN UNIFORM** - The maximum number of players permitted to dress for a game is twenty (20), eighteen (18) plus two (2) goaltenders.

E) Suspension for Major Penalties other than fighting, assessed to any player, including a goaltender, will be assessed as per the current OHF Minimum Suspension List.

F) **GOAL JUDGES** - Not applicable to HSSAA competition.

G): **OFFICIAL SCORER**

At the completion of each game, the official scorer shall:

1. Sign the Official Game Sheet.
2. Have the Referees sign the Game Sheet.
3. Provide the Pink Copy to the Visiting Team.
4. Provide the White and Yellow Copies to the Home Team, who shall forward the White Copy to the Athletic Convenor upon request

H) Any player including a goaltender, incurring a major penalty for fighting, shall be ejected from the game and suspended for her team's next three scheduled games. The Referee shall report the offence and details of the incident to the Athletic Convenor. If a player is assessed a second fighting major penalty in the same season, that player will be suspended from her team for the remainder of the current season

I) For HSSAA league play, if at the end of regulation periods, the score is tied, the game will proceed with a five (5) minute, 3 on 3 sudden death overtime period. If still tied, a three player shootout format will be employed to determine a winner. If still tied, teams will continue with new players until 10 shooters have gone and if the game still remains tied, the coach can select any shooter but must again go through 10 shooters before repeating a shooter for a third time.

For HSSAA Playoffs games, during the round robin portion of the tournament overtime will consist of a ten (10) minute, 3 on 3 sudden death overtime period. If still tied, a three player shootout format will be employed to determine a winner. If still tied, teams will continue with new players until 10 shooters have gone and if the game still remains tied, the coach can select any shooter but must again go through 10 shooters before repeating a shooter for a third time.

For all HSSAA playoff elimination games (Quarter final, semi-final and Championships and challenge games) will be followed by consecutive ten-minute stop time sudden-death periods, 5 on 5 until ten minutes to curfew. If still tied, a five-player shootout format will be employed to determine a winner. If still tied teams will continue with new players until 10 shooters have gone and if the game still remains tied, the coach can select any shooter but must again go through 10 shooters before repeating a shooter for a third time.

J) Length of games - One twelve minute period and two fifteen minute periods of actual playing time with a ten minute intermission between the second and third periods, will be the time allowed for each scheduled league game. Three fifteen minute periods of actual playing time with a ten minute intermission between each period will be the time allowed for each Championship Final.

- K)
- a) 3 points to the winning team at the conclusion of regulation time.
 - b) 1 point to both teams at the conclusion of regulation time if the game is tied.
 - c) An additional point earned for the team winning the game in a 5-minute overtime period, or the Penalty-Shot Shootout if the teams are still tied following the conclusion of the overtime period.
 - d) 0 points for the team losing the game in regulation time.

PLAYING REGULATION 10 - FIELD LACROSSE

1. **SAFETY GUIDELINES:** Each HSSAA member school shall insure that the current physical education safety guidelines-secondary inter school module, outline according to the following critical components: EQUIPMENT, CLOTHING/ FOOTWEAR, FACULTIES, SPECIAL RULES/INSTRUCTION, AND SUPERVISION be adhered to at all times. Specific details on the critical components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** As governed by HSSAA constitution [Article VI, Section III](#)
3. **EVENTS:** Field lacrosse shall be aligned into two divisions (Volpe/Richardson) for league play provided there are enough teams. Mini-tournaments may be used to facilitate scheduling. There will be competition for one age HSSAA team champion at the conclusion of league play.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each HSSAA member school may enter one team.

6. RULEBOOK:

All participating teams must provide a timer/scorer and a ball boy for each game in which they participate.

The current ILF (International Lacrosse Federation) rulebook shall govern HSSAA competition with the following exceptions:

Playing time

Pool, round robin or preliminary games: These games will consist of four ten minute quarters with the last one minute being stopped time. Overtime will not be played during regular season play, or during preliminary rounds of the playoffs.

Championship game:

These games will be four 12 quarters with the last 3 minutes of the fourth quarter being stopped time. Overtime, if necessary, will be as per the ILF rule book.

All games will allow for a 10 minute warm up period. All games will have the following intervals between periods; 2 minutes between the first and second quarters, 5 minutes at half time, and 3 minutes between the 3rd and 4th quarters. Teams who are not ready by this time shall be assessed an "avoidable lateness" technical foul to start the game. Teams that are more than 10 minutes late will forfeit the match at the discretion of the league Convenor.

Teams will be allowed two one minute timeouts per half.

(A) Roster Limits

There will be no roster limit for the tournament, however only 30 medals will be given to each team as applicable. Each team shall submit an eligibility list of players who shall be eligible to play in the tournament. Teams will be allowed to dress 25 players per game. These designated players must be properly listed on the game sheet. All other players must be in an alternate strip or tracksuits if they are in the bench area.

(B) TIE BREAKING PROCEDURE:

Refer to [Article XVI, Section III](#)- Application of Sport Specific Tiebreakers

(C) Player Equipment

All players must wear:

- (i) CSA approved helmet and mask with chinstrap properly fastened on both sides

- (i) Full fit interior mouth guard at all times when on the field of play
- (ii) Gloves with fingers fully encased
- (iii) Shoulder pads
- (iv) Arm pads
- (v) Goalies must wear a throat guard and chest protector

All offending equipment must be repaired or removed subject to the referee's discretion.

(D) Suspensions and Ejections:

- (i) Any player given intent to injure penalty (including off-the-ball leg slashes, and pulling the face mask) will be ejected from the League play.
- (ii) The third man into an off-play altercation will be ejected from the League and Festival play.
- (iii) Players who accumulate four(4) minutes in personal fouls will be suspended for the duration of the match.
- (iv) Any expulsion penalty must be reported to both the Referee-in-Chief and the Convenor, and will result in suspension for the remainder of League play.
- (v) Goaltenders receiving a penalty shall serve their own penalty provided that the team has a second goaltender dressed. Where a team has only one goaltender dressed, they must declare a "designated defender" prior to the game, who shall serve all goaltender time and serve penalties other than expulsion.
- (vi) Any verbal altercation or player misconduct will result in a minimum 1 game suspension.
- (vii) Any physical altercation or player misconduct will result in a minimum 2 game suspension.
- (viii) Any major incident; fighting or any verbal abuse will result in a minimum 3 game suspension.
- (ix) Any player or coach who gets suspended for a second time during the season of play will be suspended up to and including the OFSAA Championships.

7. **OFFICIALS:** Each referee must be certified to officiate Field Lacrosse. Each game will be officiated by a minimum of two officials.

8. **AWARDS:** A trophy/plaque will be given to the winning team.

9. **UNIFORMS AND EQUIPMENT:**

All teams must wear matching shirts and shorts. Shirts must have a minimum of 8" numbers on the front and minimum 10" numbers on the back. No duplicate numbers shall be permitted on the same team. Track suit trousers or leggings may be worn by any player but, for a particular team, they must be of the same colour. In cases where the teams have similar coloured jerseys, it is the requirement of the home teams to wear contrasting jerseys/pinnies. Where no home team is identified, the team named first on the schedule will be required to wear contrasting jerseys/pinnies. Numbers should not be duplicated and should be single/double digits only. All competitors are expected to dress in uniforms that are neat, clean and which maintain the integrity of the school's/Association's name, colours and logos. Any knee braces must be approved by the head official at the coaches meeting prior to the start of the Festival. All games will be played on cut and clearly lined fields marked by 7 pylons as per the ILF rulebook. The penalty areas will have a table, 3 stop watches, four chairs and an official score sheet. Any football, rugby, or soccer goal posts that are in play shall be sufficiently padded.

10. **GHAC REPRESENTATION:** As governed by HSSAA Constitution [Article XVI, Section XI](#)

PLAYING REGULATION 11.0 – SENIOR RUGBY (BOYS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. **AGES:** All competitors shall meet the Junior and Senior age requirements as per [Article VI, Section III](#) of the HSSAA Constitution.

3. **EVENTS:**

There will be a fifteen-a-side (hereafter referred to as "15s") competition for Senior HSSAA Championships in the following divisions:

Tier 1 – Senior

Tier 2 – Senior

4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).

5. **ENTRIES:** Each HSSAA Member School may enter one team per age category.

6. **RULE BOOK:** Games shall be played by the laws established in the Ontario Rugby Union Rule Book in accordance with the laws outlined by World Rugby, with the exception of the modifications listed below.

a) **NUMBER OF PLAYERS:** Each team may dress an unlimited number of players for games.

b) **SUBSTITUTION:**

- There shall be unlimited substitution for injury at any time during the game or overtime, provided the referee is notified. Injured players may not return to the game.
- Substitution for reasons other than injury shall be limited to six, at half time, unless agreement between both coaches has been made prior to the start of the game for unlimited substitution at half time. These substituted players may return to the game for injury replacement ONLY.
- There is no provision for replacement, other than for injury during overtime.

c) **LENGTH OF GAME:** Each game will consist of two 30 minute halves with a three minute intermission between halves.

d) **OVERTIME:** (PLAYOFF GAMES ONLY)

- Two 7 minute halves with one minute between halves.
- If still tied, the following procedure shall be used. Each team will select up to three players from the players on the field at the end of overtime. Those players shall be organized to kick at the goal posts from designated spots of the field. These spots are on the 22 metre line from a) centre, b) the intersection of the 15 metre line and the 22 metre line.

7. **OFFICIALS:** Only qualified RO officials will referee league and Championship games or tournaments. Games must be rescheduled if a rated official is not available for a game. For all HSSAA Championships, 3 officials are required.

8. **UNIFORM:**

- All team members must wear a team jersey and shorts. Spandex shorts or tights may only be worn under shorts at the discretion of the referee. (Home Teams are responsible for avoiding colour conflicts.)
- All players must wear an internal mouth guard.
- Junior competitors are permitted to wear proper rugby cleats to be inspected by the RO officials.

9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches' meeting.

10. **AWARDS:**

- For all divisions,; Senior/Junior, there will be:
 - a) Championship trophy for the winning team
 - b) medallions for Champion and Finalist (30 maximum)

11. **GHAC REPRESENTATION:** As governed by HSSAA Constitution [Article XVI, Section XI](#)

12. **GENERAL REGULATIONS:**

- a) **PLAYOFFS:** The playoff format will be determined by the Athletic Convenor and accepted by the coaches at the pre-season meeting.
- b) Goal post pads and flexible playing field marks must be used at all games. Dangerous projections near the playing area must be covered to ensure safety for the players.
- c) It is the responsibility of the Athletic Convenor to provide sideline care at each league and championship game. Games must be rescheduled if a qualified First Aid person is not available.
- d) Any player ejected from a game by the referee will sit out the next scheduled league game. If this occurs during the last game, then the player will sit out the next playoff game. Two ejections will result in a disqualification for the rest of the season.
- e) A player ejected from a league or playoff game will be automatically prohibited from dressing for and participating in the next scheduled game. This does not include disqualification by personal fouls.
- f) Defaulted games will be scored 9-0 to coincide with the Canadian Rugby laws.
- g) **TIE BREAKING PROCEDURE:**
Refer to [Article XVI, Section III](#)- Application of Sport Specific Tiebreakers

PLAYING REGULATION 11.1 – SENIOR RUGBY (GIRLS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the HSSAA Constitution.
3. **EVENTS:**
There will be a fifteen-a-side (hereafter referred to as "15s") competition for Senior HSSAA Championships in the following divisions:
 - Tier 1 – Senior
 - Tier 2 – Senior
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each of the HSSAA Member Schools may enter one 15's team and two 7's teams to each of the Junior and Senior Divisions.
6. **RULE BOOK:** Games shall be played by the rules laid down in the Ontario Rugby Union Rule Book, with the exception of the modifications listed below.
 - a) **NUMBER OF PLAYERS:** Each team may dress an unlimited number of players for games.
 - b) **SUBSTITUTION:**
 - There shall be unlimited substitution for injury(blood related) at any time throughout the game. The injured player may return to the game at any time.
 - There shall be unlimited substitution for all players throughout the game.
 - An unlimited number of players may be substituted at these times.
 - A player who has been replaced must remain out of the half they have been removed from, but may return the next half.
 - c) **LENGTH OF GAME:** Each game will consist of two 30 minute halves with a Three (3) minute intermission between halves.
 - d) **OVERTIME:** (PLAYOFF GAMES ONLY)
 - Two 7 minute halves with one minute between halves.
 - If still tied, the following procedure shall be used. Each team will select up to three players from the players on the field at the end of overtime. Those players shall be organized to kick at the goal posts from designated spots of the field. These spots are on the 22 metre line from a) centre, b) the intersection of the 15 metre line and the 22 metre line.
7. **OFFICIALS:** Only qualified O.R.U. officials will referee league and Championship games or tournaments. Games must be rescheduled if a rated official is not available for a game. At all HSSAA Championships, 3 officials are required.
8. **UNIFORM:**
 - All team members must wear a team jersey and shorts. Spandex shorts or tights may only be worn under shorts. (Home Teams are responsible for avoiding colour conflicts.)

- All players must wear an internal mouth guard.
- Competitors are permitted to wear proper rugby cleats to be inspected by the O.R.U. officials

9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches; meeting.

10. **AWARDS:**

- For all divisions, there will be:
 - a) Championship trophy for the winning team
 - b) medallions for Champion and Finalist (30 maximum)

11. **GHAC REPRESENTATION:** As governed by HSSAA Constitution [Article XVI, Section XI](#)

12. **GENERAL REGULATIONS:**

- a) PLAYOFFS: The playoff format will be determined by the Athletic Convenor and accepted by the coaches at the pre-season meeting.
- b) Playoff and tournament sites will be determined by the Athletic Convenor at the Pre-season coaches meeting.
- c) Goal post pads and flexible playing field marks must be used at all games. Dangerous projections near the playing area must be covered to ensure safety for the players.
- d) It is the responsibility of the Athletic Convenor to provide on site sideline care at each league and championship game. Games must be rescheduled if a qualified First Aid person is not available.

PLAYING REGULATION 11.2 – JUNIOR RUGBY (BOYS and GIRLS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the Junior age requirements as per Article VI, Section III of the HSSAA Constitution.
3. **EVENTS:** There will be ten-a-side (hereafter referred to as "10s") competition for Junior HSSAA Championships. Divisions and alignment will be determined prior to the Pre-Season Coaches Meeting at the discretion of the Athletic Convenor with consultation for the Rugby Sports Advisory Committee.
4. **ELIGIBILITY:** As governed by HSSAA Constitution Article VI.
5. **ENTRIES:** Each HSSAA Member School may enter one team per age category.
6. **RULE BOOK:** Games shall be played by the laws established in the Ontario Rugby Union Law Book in accordance with the laws outlined by World Rugby, with the exception of the modifications listed below.
 - a) **NUMBER OF PLAYERS:** Each team may dress an unlimited number of players for games.
 - b) **SUBSTITUTIONS:**
 - There shall be unlimited substitutions for injury at any time during the game or overtime, provided the referee is notified. Injured players may not return to the game.
 - Substitution for reasons other than injury shall be limited to six, at half-time, unless an agreement between both coaches has been made prior to the start of the game for unlimited substitution at half. These substituted players may return to the game for injury replacement ONLY.
 - There is no provision for replacement, other than for injury during overtime.
 - Teams may substitute during the second half of the regular season play at 3/4 time at the referee's discretion.
 - c) **LENGTH OF GAME:** Each game will consist of two 10 minute halves with a two minute intermission between halves.
 - d) **OVERTIME:** (PLAYOFF GAMES ONLY)
 - Two 7 minute halves with one minute between halves.
 - If still tied, the following procedure shall be used. Each team will select three players from the players on the field at the end of overtime. Those players shall be organized to kick at the goal posts from designated spots of the field. These spots are on the 22 metre line from a) centre, b) the intersection of the 15 metre line and the 22 metre line.
7. **OFFICIALS:** Only qualified RO officials will referee league and Championship games or tournaments. Games must be rescheduled if a rated official is not available for a game. For all HSSAA Championships, 3 officials are required.
8. **UNIFORM:**

- All team members must wear a team jersey and shorts. Spandex shorts or tights may only be worn under shorts at the discretion of the referee. (Home Teams are responsible for avoiding colour conflicts.)
- All players must wear an internal mouthguard.
- Competitors are permitted to wear proper rugby cleats to be inspected by the RO officials.

9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches' meeting.

10. **AWARDS:** • For all divisions, there will be:

- a) Championship trophy for the winning team
- b) Medallions for Champion and Finalist (25 maximum)

11. **GENERAL REGULATIONS:**

- a) **PLAYOFFS:** The playoff format will be determined by the Athletic Convenor and accepted by the coaches at the pre-season meeting.
- b) Goal post pads and flexible playing field marks must be used at all games. Dangerous projections near the playing area must be covered to ensure safety for the players.
- c) It is the responsibility of the Athletic Convenor to provide sideline care at each league and championship game. Games must be rescheduled if a qualified First Aid person is not available.
- d) Any player ejected from a game with a red card by the referee is required to sit out the next scheduled league or playoff game. Two ejections will result in a disqualification for the rest of the season.
- e) Yellow cards are recognized as two-minute penalties; however, a red card warrants an immediate ejection from the current game.
- f) Defaulted games will be scored 9-0 to coincide with the Canadian Rugby laws.
- g) Scrums are composed of five players. Those in the front row must have experience at that position and have been coached about the technical expectations of playing in the front row.
- h) The conversion is a drop-kick in direct line with the placement of the ball during the try. This can be taken as close or as far back as desired. Kickers have 60 seconds to complete the kick.
- i) The scoring team kicks the ball to the opposing team at a subsequent restart.

12. **TIE BREAKING PROCEDURE:** Refer to Article XVI, Section III- Application of Sport Specific Tiebreakers

PLAYING REGULATION 12.0 - SKIING (ALPINE)

1. SAFETY GUIDELINES: Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. AGES: All competitors shall meet the age requirements as per [Article VI, Section III](#) of the HSSAA Constitution.

3. EVENTS: A combined Halton/GHAC Alpine Skiing Championship shall be held in sufficient time in order to determine entries for the OFSAA Alpine Skiing Championship. The season will begin November 1 and end March 31. The Halton/GHAC Championship race will be a one day Giant Slalom event based on place points established using the combined times of two runs.

There shall be a) High School and b) Open Division in Halton/GHAC Alpine Skiing.

a) High School Team Racers are school trained athletes. They have NO ski league affiliation and race training beyond the U-12 category.

b) Open Team Racers are participants who have ski league affiliation and race training beyond the U-12 category.

4. ELIGIBILITY: As governed by HSSAA Constitution [Article VI](#).

To represent a HSSAA Member School, a student must be eligible for competition under the Constitution By-Laws and Playing regulations of the Halton Secondary School Athletic Association.

(a) Each school eligible to race at OFSAA must have met the team practice requirements by practicing under the direction and supervision of the designated teacher coach, as approved by the school principal, from November 1st until the OFSAA Championship. Each athlete must have participated in a minimum of 8 school practice sessions (dry land and on-hill). Each team member must participate in one on-hill training session with the school team before the Association Championship Race. A ski race is not defined as a practice session.

(b) In order to be eligible for OFSAA each team member must participate in the Association Championship or qualifying event if one is held.

5. ENTRIES:

(a) Each HSSAA Member School may enter one (1) Girls team and one (1) Boys team in each of the High School and Open categories. A team consists of a minimum of 3 and a maximum of 5 athletes. (b) Entries must be received by the Race Convenor one week prior to the race date.

(c) Late entries or changes prior to the day of the event will only be accepted if they can be accommodated.

(d) All racers must be declared on the entry form prior to the start of the race. NO

SUBSTITUTIONS are allowed.

6. STARTING ORDER:

(a) In the first run of each event each school shall have a skier in the first seed section. Seed order will be drawn independently and randomly. Racers will keep the same bib number and seed for both first and second runs.

(b) The bib number must match the registered athlete on the entry forms. NO SUBSTITUTIONS

(c) If an athlete misses their starting order they will be allowed to race at the end of their appropriate division. If their division is over they may be slotted in at the discretion of the Official Starter.

7. DISQUALIFICATIONS:

(a) A disqualified athlete may receive a second run but their score will not count.

(b) A dispute must be communicated and followed up in writing to the Convenor within 15 minutes of the conclusion of the run in which the incident under protest occurred or within 15 minutes of the conclusion of the full event if the protesting incident is outside the field of play.

(c) The Jury of Appeal shall handle disputes and their decision is final.

8. JURY OF APPEAL: The Jury of Appeal shall consist of three (3) individuals to be agreed to by the current participating coaches at that specific events coaches meeting.

9. EXPENSES: An entry fee will be charged which shall be sufficient to cover the operating costs of the event. Each school is responsible for submitting the entry fee prior to the start of the race.

10. RULE BOOK:

The Current F.I.S Rule Book shall govern competition.

11. OFFICIALS:

To be determined by the In School Convenor.

12. UNIFORMS AND EQUIPMENT:

All skiers must have ski brakes. Hard shell crash helmets with full ear protection are mandatory for all racers. Snow sport helmets must be worn by all coaches and volunteers while on the hill. All competitors are expected to dress in clothing that is safe, neat, clean and which maintains the integrity of the school's/Association's name, colours and logos. No sport insignia on clothing shall be permitted. A sport club is defined as a community, provincially or nationally based organization whose primary purpose is participation in organized competition in single or multi sport programs. Sponsorship recognition is permitted to be visible but must conform with the guidelines in Article XX of the HSSAA Constitution.

13. START TIMES:

To be determined by the In School Convenor

14. GHAC REPRESENTATION: As governed by Constitution [Article XVI, Section XI](#)

PLAYING REGULATION 12.1 - SKIING (NORDIC)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the Constitution
3. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
4. **SCORING:**
 - a) In the individual Cross Country event the competitor with the fastest time shall receive 1 point, the 2nd fastest 2 points, the 3rd fastest 3 points, etc. Where ties exist the same score is awarded and the appropriate number of places left out.
 - b) To calculate team scores for individual Cross Country the OFSSA scoring shall be applied.
 - c) The following DQ's - lost or broken equipment, DNF, will receive a score 1.5 times the last proper score. Unsportsmanlike conduct, changing numbers, improper equipment change and DNS will receive no score.
 - d) If in calculating the team winner scores, a tie occurs for first place the lowest total times in the individual races will count.

TEAM SIZE: Any one school may enter a maximum of 10 boys and/or 10 girls in each age group or a greater number if decided upon by the convener.

GENERAL:

- 1) The Junior Girls Race shall be 2.5 - 5 km
The Junior Boys Race shall be 4 - 6 km
The Senior Girls Race shall be 4 - 6 km
The Senior Boys Race shall be 8 - 10 km
Sprint relays will be offered as part of the GHAC Championship and shall be run similar to the event run at OFSAA.
- 2) Should a skier jump the signal to start, he/she shall be required to return to the starting gates and then proceed.
- 3) Should a skier arrive after his/her starting time has passed he/she may enter the race upon arrival at the starting gate with the approval of the chief starter. His/her time shall be calculated from the time he/she should have started.
- 4) Failure of a skier to go through a designated checkpoint shall result in the disqualification of that skier.
- 5) When overtaking a slower skier the faster skier shall shout "track". The slower skier must allow the faster skier to pass. In order to protect the safety of all skiers, the call "track" shall be avoided on all downhills. Calling "track" too soon, or failure to yield when "track" is called may result in the disqualification of the racer involved.

- 6) The 150 metre "no tracking" zone prior to the finish line means that the slower skier does not need to give up his/her lane to the faster skier.
- 7) The competitors will be seeded according to the discretion of the coaches.
- 8) The draw will be held by the convener prior to the meet.
- 9) Appeals should be lodged immediately or within 30 minutes of the unofficial posting of results. The decision of the jury will be final.
- 10) A competition jury will consist of the convener and two neutral coaches chosen by the convener.
- 11) No skating or lane changes shall be allowed in the starting zone and no skating or tracking shall be allowed in the finish area. Competitors who violate this rule shall be disqualified.
- 12) There must be a qualified individual assigned to the meet whose sole responsibility will be to provide first aid wherever necessary.

PLAYING REGULATION 12.2 – SNOWBOARDING

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the HSSAA Constitution.

3. **EVENTS:** A combined Halton/GHAC Snowboarding Championship shall be held in sufficient time in order to determine entries for the OFSAA Snowboarding Championship. The season will begin November 1 and end March 31. The Halton/GHAC Championship race will be a one day event based on place points established using the combined times of two runs.

There shall be a) High School and b) Open Division in Halton/GHAC Snowboarding

Definition of Teams and Team Members:

High School Team Racers: Participants are school trained athletes. They have NO snowboard league affiliation race training beyond the age of 10 years.

Open Team Racers: Participants are those snowboarders that have competed in A.O.S. and Interclub or equivalent club level racing (including alpine racing and/or boarder cross). This would exclude slopestyle and halfpipe competitions.

A team will consist of a minimum of three and a maximum of five athletes from the same school. Teams must be composed of the same team members that represented their school in their association qualifying event.

4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).

(a) Each school eligible to race at OFSAA must have met the team practice requirements by practicing under the direction and supervision of the designated teacher coach, as approved by the school principal, from November 1st until the OFSAA Championship. Each athlete must have participated in a minimum of 8 school practice sessions (dry land and on-hill). Each team member must participate in one on-hill training session with the school team before the Association Championship Race. A snowboard race is not defined as a practice session.

5. ENTRIES:

(a) Each HSSAA Member School may enter three(3) Girls' High School teams and

three(3) Boys' High School teams.

(b) Schools may enter a maximum of 5 Open Girls and 5 Open Boys to compete as individuals. (c) Entries must be received by the Race convenor one week prior to the race date.

(d) Late entries or changes prior to the day of the event will only be accepted if they can be accommodated.

(e) All racers must be declared on the entry form prior to the start of the race. NO SUBSTITUTIONS are allowed.

6. STARTING ORDER:

(a) In the first run of each event each school shall have a snowboarder in the first seed section. Seed order will be drawn independently and randomly. Racers will keep the same bib number and seed for both first and second runs.

(b) The bib number must match the registered athlete on the entry forms. NO SUBSTITUTIONS

(c) If an athlete misses their starting order they will be allowed to race at the end of their appropriate division. If their division is over they may be slotted in at the discretion of the Official Starter.

7. DISQUALIFICATIONS:

(a) A disqualified athlete may receive a second run but their score will not count.

(b) A dispute must be communicated and followed up in writing to the Convenor within 15 minutes of the conclusion of the run in which the incident under protest occurred or within 15 minutes of the conclusion of the full event if the protesting incident is outside the field of play..

(c) The Jury of Appeal shall handle disputes and their decision is final.

8. JURY OF APPEAL:

The Jury of Appeal shall consist of three (3) individuals to be agreed to by the current participating coaches at that specific events coaches meeting.

9. EXPENSES:

An entry fee will be charged which shall be sufficient to cover the operating costs of the event. Each school is responsible for submitting the entry fee prior to the start of the race.

10. RULE BOOK:

The current F.I.S Rule Book shall govern competitions.

11. OFFICIALS:

To be determined by the In School Convenor.

12. UNIFORMS AND EQUIPMENT: All athletes must have a snowboard leash. A protective helmet designed for snowboarding or skiing is mandatory for all racers, coaches and volunteers. All competitors are expected to dress in clothing that is safe, neat, clean and which maintains the integrity of the school's/Association's name, colours and logos. No sport insignia on clothing shall be permitted. A sport club is defined as a

community, provincially or nationally based organization whose primary purpose is participation in organized competition in single or multi sport programs. Sponsorship recognition is permitted to be visible but must conform with the guidelines in Article XX of the HSSAA Constitution.

13. **GHAC REPRESENTATION**: As governed by Constitution [Article XVI, Section XI](#)

PLAYING REGULATION 13.0 – SOCCER (BOYS AND GIRLS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) I of the HSSAA Constitution
3. **EVENTS:** There will be competition for Junior and Senior team Champions.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each HSSAA Member School may enter one team per Division.
6. **RULE BOOK:** F.I.F.A. Laws will apply, unless otherwise stated in HSSAA Playing Regulations.
7. **OFFICIALS:** To be of the highest caliber obtainable. Assigning Referees are to be discouraged from assigning the same Referees to the same teams as much as possible. Junior and Senior playoff matches will use 3 referees, one Head Referee and 2 Assistant Referees.
8. **UNIFORMS:** Soccer boots or running shoes will be permitted. Football boots will not be permitted. Otherwise, not specified. Shin guards must be worn.
9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches meeting
10. **AWARDS:**
 - a) Trophies will be given to the winning teams in each Division.
 - b) Gold medallions will be given to each member of the winning team.
 - c) Silver medallions will be given to each member of the finalist team.
(MAX 18 Per Team)
11. **GHAC REPRESENTATION:** As governed by Constitution [Article XVI, Section XI](#)
12. **GENERAL REGULATIONS:**
 - a) Each team shall be allowed 1 time out per game taken when the ball goes out of bounds. This time out will last 1 minute and it is the Captain's responsibility to ask the referee for the time out. Substitutions may be made at this time.
 - b) Substitutes shall be allowed only at goal kicks, half time, goals scored, injury to a player, time outs and on any throw in at the referee's discretion. Substitutes must be waived in by the Referee. Goalkeepers must inform the Referee verbally when changing.
 - c) All games, Junior or Senior, league and playoff, shall be 35minute halves.
 - d) Playing fields should be properly marked. Each team must provide an assistant. The home team will provide Corner Flags, Nets, Good Leather Ball. Colour conflict will be solved at this time, with the home team changing.

- e) 3 points for a win and 1 for a tie will be awarded. There will be no overtime until the playoffs.
- f) Game reports must be signed by the Referee and should be sent upon request to the Athletic Convenor. Names of any players receiving a caution must be communicated to the Athletic Convenor by 12:00pm the next school day.
- j) Any player who strikes or threatens a coach or an official will be suspended from all further competition.
- k) OSA policy in effect for all cautions. The athletic convenor will provide the current OSA policies each year at the pre-season meeting.
- l) If a player or coach is ejected from a game, that player or coach will be suspended for at least the next scheduled game. If he is ejected again, he will be suspended for the rest of the season. In either case, the referee is to make a special report to the Athletic Convenor on the back of the game sheet
- n) In the event of a quarter-final, semi-final or final playoff game ending in a tie, two 10 minute overtime halves will be played (Golden Goal format). If a tie still exists at this time, kicks from the penalty mark as per FIFA laws will occur.
- o) All schools shall provide a list of potential tournament dates they are planning to host to the Athletic Convenor by March 1st.
- p) All tournaments shall be hosted only before the first regular season match day and only on Friday's thereafter
- q) A "cooling period" after a caution can be initiated at the referee's discretion.

PLAYING REGULATION 14.0 – FASTPITCH (GIRLS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the HSSAA Constitution.
3. **EVENTS:** There will be competition for Varsity Team Champions.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each HSSAA Member School may enter one school team. No limit to the number of players dressed for the game.
6. **RULE BOOK:** O.S.A. Rule Book will apply.
7. **OFFICIALS:** To be of the highest caliber obtainable.
8. **UNIFORMS:** All competitors must wear a uniform top. No metal spikes are permitted
9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches meeting
10. **AWARDS:** A team Trophy will be awarded to the winning team. Each member of the winning team will receive Gold Medallions. Each member of the finalist team will receive Silver Medallions. (Max 20 per team)
11. **GHAC REPRESENTATION:** Not applicable.
12. **GENERAL REGULATIONS:**
 - a) All games are to be 7 innings with a 1hour 55 minute time limit. If after 5 complete innings a team is 10 or more runs up, the game is **called**.
 - b) No more than 7 runs may be scored in one inning. Exception: The final inning is an open inning where there is no limit to the amount of runs that can be scored.
 - c) Unlimited substitution provided the player sits out one full rotation of the batting order. NOTE: The player must return to the same spot in the batting order.
 - d) A pitcher may only pitch an unlimited number of outs.
 - e) The home team is responsible for preparing the diamond and providing 2 new softballs. Visitors should provide 1 good ball.
 - f) Ground rules are to be established before the beginning of each game.
 - g) **TIE BREAKING PROCEDURE:**
Refer to [Article XVI, Section III](#), Application of Sport Specific Tiebreakers.
 - h) Any player or coach ejected from a game shall result in an additional suspension from the next regular season and/ or playoff game.

PLAYING REGULATION 14.1 –SLO-PITCH (GIRLS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting..
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the HSSAA Constitution.
3. **EVENTS:** There will be competition for Varsity Team Champions.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each HSSAA Member School may enter one school team. No limit to the number of players dressed for the game. The cost will be borne by the competing schools.
6. **RULE BOOK:** O.S.A. Rule Book will apply.
7. **OFFICIALS:** To be of the highest caliber obtainable.
8. **UNIFORMS:** All competitors must wear a uniform top. No metal spikes are permitted
9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches meeting.
10. **AWARDS:** A team Trophy will be awarded to the winning team. Each member of the winning team will receive Gold Medallions. Each member of the finalist team will receive Silver Medallions. (max 20 per team)
11. **GHAC REPRESENTATION:** Not applicable.
12. **GENERAL REGULATIONS:**
 - a) Playoffs – to be determined by convenor based on number of participating teams
 - b) All games are to be 7 innings with a 1hour 45 minute time limit. If after 5 complete innings a team is 10 or more runs up, the game is called.
 - c) No more than 5 runs may be scored in one inning. Exception: the final inning, as declared by the umpire, allows for unlimited runs to be scored.
 - d) The home team is responsible for preparing the diamond, providing one new ball and reporting the score to the convenor. The visiting team is responsible for providing one good ball.
 - e) Balls should be official 11"; yellow or white.
 - f) Base length is 70 feet with a safety bag at 1st base; pitchers must be between 50 and 60 feet from home plate (no rubber is required).
 - g) A commitment line is drawn 20 feet from home plate (once runner crosses this line they must continue to home plate).
 - h) A pitcher may pitch unlimited innings.
 - i) Pitches are to be between 6 – 12 feet. A batter may swing at an illegal pitch and the result of the swing is taken.
 - j) A 2 x 3 feet mat/board is used for home plate.

- k) Catchers must wear head/face protection, face masks for pitchers are strongly recommended.
- l) A runner may not slide into or touch home plate. They must cross the scoring line adjacent to the plate which is an extension of the first base line. If the catcher touches home plate before the runner crosses this line, the runner is out. If a runner touches home plate they will be called out.
- m) If the batter hits a foul ball with two strikes they are called out.
- n) Infield fly rule applies.
- o) Intentional walk rule is used.
- p) A 10th fielder (rover) is used; they must be positioned behind the baseline (i.e. not utilized as a 5th infielder)
- q) Runners cannot lead off or steal; runners may only advance when the batter makes contact with the ball.
- r) Bunting is not allowed.
- s) Jewelry is not allowed.
- t) Teams may choose to bat all players on the roster; players batting must play the field at least one inning. OR: teams may choose to bat 10 players; normal substitution rules then apply – inform the other team and substituted players must remain in the game for at least once through the batting order.
- u) A team may use a maximum of three courtesy runners per game. A courtesy runner may be anyone from the team, but if the runner's spot comes up to bat, a new courtesy runner must be used for that person, or an out is recorded. Using a courtesy runner must be communicated to the other team.
- v) If after using three courtesy runners there is an injury where a player can bat but not run, the batter cannot advance past 1st, and the runner would be the last out.
- w) Teams must start a game with 8 players minimum. New players arriving would be added to the bottom of the batting order.
- x) In Playoffs, if teams only have 8 players; the 9th and 10th position in the batting order will be considered out. If teams only have 9 players, the 10th position in the batting order will be considered an out.
- y) Ties in the regular season will stand and each team will receive 1 point.
- z) Ties in playoff games will continue in extra innings until 20 minutes to curfew. At this time, the international tie breaking rule will come into effect. (begin the inning with your last out or a player on the bench at second base and nobody out.)

PLAYING REGULATION 15.0 – SWIMMING

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. **SUPERVISION:**

A swimmer may not compete in any HSSAA Swim meet unless accompanied by a **teacher-coach** or a **teacher-supervisor**.

3. **RULES GOVERNING COMPETITION:**

S.N.C. rules for high schools shall govern all HSSAA swim meets.

4. **OFFICIALS:**

At the convener's discretion, the meet officials are to be of the highest caliber.

5. **UNIFORMS:**

All swimmers from the school shall wear the school team bathing cap or team swim suit.

6. **DATES:**

The HSSAA Swim Championships will be held in February, at least one week before the GHAC Swim (OFSAA Qualifying) Meet each year. The coaches meeting will take place within the first two weeks of October. The season will start with a meet that may include a Rookie category.

This category will pertain only to those swimmers who have never raced in a competition. The HSSAA swim season shall consist of league meets and the Halton & GHAC Swim Championships. The league meets run by the convener will be held from November until mid-December. The dates of the league meets will be communicated to the coaches by October 1st. At the coaches meeting, coaches will sign up for the league meets run by the convener. After the coaches meeting, coaches will have one week to sign up for the league meets. If no sign up occurs, teams will be slotted into a minimum of 2 meets to a maximum of 3 (space permitting).

If a team withdraws from a league meet run by the HSSAA less than one week before that meet, their team will be declared ineligible for GHAC. If declared ineligible for GHAC, a team can appeal to the HSSAA Executive Council and request a Board of Reference.

7. **LOCATION:**

The HSSAA Swim Championships will be held at the pool the convener schedules.

8. **AGES:**

All competitors shall meet the age requirements as per [Article VI, Section III](#) of the HSSAA Constitution.

9. **CLASSIFICATION:**

There shall be a **boys'** and a **girls'** competition in each of the following classifications:

PARA Division: All Swimmers with a Disability must have a classification provided by accredited classifiers. See OFSAA Swim Regulation 3(a)(i) for detailed information. PARA swimmers will compete under the following classifications:

S1-10 physical disability

S11-13 blind

S14 intellectual disability

High School Division

1. A swimmer who exclusively trains with and competes with/for their high school and does not train or compete with/for any other aquatic program or program with an aquatic component.
2. A swimmer is eligible who has ceased to train or compete with/for any other aquatic program or program with an aquatic component prior to the previous high school season. For the purposes of classification, the high school season begins November 1st.

Open Division: All other swimmers (i.e. not Para-swimmers or high school swimmers as defined above) who meet the eligibility requirements and who are bona fide members of the school team must compete in this division.

Grade 7 and 8 Students:

Grade 7 and 8 students from Aldershot School, Burlington Central School and Acton District High School are permitted to train with the high school students from their respective schools in recognition of the unique organizations at those schools. Students enrolled in LEAP programs at Halton Schools are also permitted to train with their respective high schools. Further, these student athletes are ineligible for Halton/GHAC Championship competitions. These students are eligible to compete in league and invitational meets*space providing.

10. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).

- "Club swimmers"/Open must compete only in open events.

- All swimmers must attend at least 50% of the school swim practices.

- In addition, in order to compete at the Halton Swim Championships, the athlete must have participated in, and be listed in the results of, at least two league swim meets.

- In the case of extraordinary circumstances (e.g. injury, lengthy illness), the swim convener(s) may make exceptions to this request based on a **written request from the coach received prior to the submission of the school's Halton entries. PARA swimmers are exempt from this regulation.**

- An HSSAA league meet is defined as a meet designated by the convener. For a meet to count as an HSSAA League meet, it must be in compliance with the HSSAA Playing Regulations.

11. **ENTRY FEES:**

Entry fees will be determined by the convener(s).

12. **EVENTS:** An HSSAA league meet is defined as a meet designated by the convener. For a meet to count as an HSSAA League meet, it must be in compliance with the HSSAA Playing Regulations.

13. **HSSAA LEAGUE MEETS AND CHAMPIONSHIP MEET:**

- Entry to the HSSAA Swim Championships must be made in accordance with the published timelines for the current year. Failure to comply will result in the denial of entry to the

competition. In extenuating circumstances (e.g. illness), a decision regarding entry will be made by the convener(s).

-Outside officials may be used at the discretion of the Swim Convener(s).

-Only schools that are HSSAA members (with a minimum of 4 athletes) in good standing, and whose athletes have met all of the eligibility requirements, are permitted to enter swimmers in the HSSAA Swim Championships.

-Entries will be completed as directed by the convener. All entries should include a short course metres best time. Seeding will be completed after the entries are received and before the meet starts.

-Swimmers may be entered in a **maximum of four (4) events** and 2 individual events and 2 relay events. Swimmers may be entered in 5 events ONLY if the fifth event is the Open 4X100 Freestyle Relay. Any, or all, of these events for junior swimmers may be at the senior level. Seniors may not swim events at the junior level.

- At the Championship Meet, schools may enter a maximum of three (3) swimmers in individual events (50's and 100's of each stroke), if time permits. This will be up to the discretion of the convener(s). Only the best two (2) finishes for any school will count for points in scoring the Championship team result. NOTE: In HSSAA League Meets, schools may enter any number of swimmers in each event to a maximum of 4 events per swimmer (2 individual and 2 relay) Note: a 5th event at HSSAA League Meets may be permitted as a deck entry only; based on empty lanes in a heat.

-At the HSSAA Championships, schools may **only enter two (2) relay teams** and may list up to six (6) swimmers in a relay – 4 to swim and 2 as alternates. If listed, either as swimmer or alternate, the entry counts toward the limits set above – all participants must complete a positive check-in during the event, on the day of the championship meet

-For the OPEN 400 METRE RELAY and the OPEN MEDLEY RELAY, teams may consist of swimmers from the High School Division, the Open Division, or any combination thereof.

Note: These events are only contested at the Championship Meet and may only take place at the league meets if time permits.

-Schools are limited to two (2) entries in any individual Championship final. In addition, **only the best two (2) finishes for any school will count for points in scoring the Championship team results.**

-A PARA swimmer who chooses to swim in the PARA division may not swim in the *corresponding event* in the High School or Open Divisions. For any other events, he/she may swim in only one of the High School or Open Divisions.

- PARA swimmers are permitted to swim on relay teams in the appropriate age category.

-The pool will be available for warm-ups prior to the start of the meet.

-A warm-up schedule shall be provided prior to the meet. SNC warm-up procedures shall be in effect.

-At the discretion of the convener, all of the events at the HSSAA Championship meet may be run as times finals.

-PARA events will be swam as timed finals.

-If there are preliminaries and finals and if a swimmer is disqualified in finals your time from the preliminary heats will be used for qualifying for GHAC Swim Championship.

-Scratches for the HSSAA Championships are to be submitted to the marshal as early as possible, and at least 20 minutes prior to the start of the meet. No substitutions will be allowed.

THERE WILL BE NO DECK ENTRIES.

14. GHAC REPRESENTATION:

- As governed by HSSAA Constitution [Article XVI, Section XI](#)

- If a relay advances to GHAC, the swimmers on the relay can change from the HSSAA Championship to GHAC. Any changes need to be submitted before the deadline as established at the Coaches Meeting. This deadline will be at the discretion of the convener.

- all athletes, except for PARA swimmers, must physically swim at the HSSAA Swimming Championships to be eligible to qualify for GHAC and OFSAA. If a PARA swimmer is unable to swim at the HSSAA Swimming Championships, a written request from the coach with a medical note or reasoning must be submitted to the convenor(s) in order for them to advance to GHAC.

Time permitting, a time trial will be run at the end of the meet for those who qualify based on the following criteria:

50m Swims – official time must be less than or equal to 0.5 seconds off the OFSAA times.

100M Swims - official time must be less than or equal to 1.0 seconds off the OFSAA times.

Coaches must submit an entry to the referee within 30 minutes after the race is completed (not at the end of the meet.)

15. **AWARDS:**

No awards will be given out for league meets.

a) The HSSAA Overall Team Championship and the Junior and Senior Boys and Girls Divisional Championships will be based on points earned in the High School Divisions only. The Open and PARA Divisions Championship will be determined by points earned in the OPEN and PARA events.

The Combined Team Championship will be determined by the total number of points in the High School, Open and PARA events.

c) Points in- **HIGH SCHOOL, OPEN or PARA - will be as follows:**

Finish	Individual Events	Relays
1	16	32
2	13	26
3	12	24
4	10	20
5	9	18
6	8	16
7	7	14
8	6	12
9	4	8
10	3	6
11	2	4
12	1	2

c) Only the best two (2) finishes for any school will count for points in scoring the Championship team results.

d) Individual gold and silver medals will be awarded to the top 2 finisher(s) only in each event final (including relays).

e) Trophies will be presented to the winning school team in the following divisions:

Junior HS Girls, Junior HS Boys, Combined HS Junior
 Senior HS Girls, Senior HS Boys, Combined HS Senior
 Overall HS Team Champion
 Overall OPEN Team Champion
 Overall PARA Team Champion

PLAYING REGULATION 16.0 - TENNIS

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the Junior and Senior age requirements as per [Article VI, Section III](#) of the HSSAA Constitution.
3. **EVENTS:** There will be competition in the following events:
Boys Singles, Boys Doubles. Girls Singles, Girls Doubles, Mixed Doubles
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
A "B" player would be any player who has not been ranked in the top (20) Provincially or Nationally in the past year.
5. **ENTRIES:**
 - a) No player may compete in more than one event. Each school may enter one team or one competitor per division.
 - b) There will only be "B" competition at both Senior and Junior levels.
6. **RULE BOOK:** The rules of the Canadian Lawn Tennis Association will govern unless specified differently in this Playing Regulation.
7. **OFFICIALS:** Not specified.
8. **UNIFORMS:** Proper Tennis apparel is required.
9. **AWARDS:** Not specified.
10. **GHAC REPRESENTATION:** As governed by HSSAA Constitution [Article XVI, Section XI](#)
11. **GENERAL REGULATIONS:**
 - a) A school may enter a partial team.
 - b) The tournament will be organized on a single elimination knock-out basis.
 - c) Consolation events may be held at the Convenor's discretion.
 - d) The Convenor has discretion to modify tournament conditions, e.g. length of matches. These changes shall not be contrary to the normal rules of lawn tennis.
 - e) The use of umpires & linemen are the Convenor's discretion.
 - f) Balls shall be supplied by the Convenor.
 - g) The Convenor or his/her designate shall act as Chief Umpire and his/her decision shall be final.
 - h) Operating expenses for the meet will be met by entry fees from the participating schools. Fees are to be charged per competitor, per event as determined by the Convenor.
 - i) The Halton Tennis Championship will be held in the spring.
 - j) Confirmation of entry (events) must be into the Convenor two Fridays prior to the tournament.
 - k) Confirmation of player (eligibility sheets) must be in one Friday prior to the tournament.
 - l) A school missing deadlines listed (j&k) will NOT be permitted to enter a team.

PLAYING REGULATION 17.0 - TRACK AND FIELD

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.

2. **AGES:** All competitors shall meet the Bantam, Junior and Senior age requirements as per HSSAA Constitution, [Article VI, Section III](#) .

3. **EVENTS:**

- a) All events will be offered that are offered at the O.F.S.A.A. Track Meet of that year, with the exception of Pole Vault. This will be offered if entries dictate. Otherwise, any Halton competitors advance directly to compete at the GHAC Final.
- b) 400M Relays (4x100m) shall be as follows: Bantam, Junior and Senior.
- c) Open events shall be as follows: Steeplechase, 1600M Relay (4x400m).

DISCUS WEIGHTS

Senior/Junior/Bantam Girls, Junior/Bantam Boys (1 kg.)
Senior Boys (1.613 kg.)

JAVELIN WEIGHTS

Senior/Junior/Bantam Girls, Junior/Bantam Boys (600 grams)
Senior Boys(800 grams)

SHOT PUT WEIGHTS

Bantam/Junior Girls (3 kg.)
Senior Girls Junior/Bantam Boys (4 kg.)
Senior/Junior Boys(12 lbs.)

HURDLE INFORMATION:

Girls

80 metre hurdles (Midget & Junior 30")
100 metre hurdles (Senior 30")
300 metre hurdles (Midget & Junior 30")
400 metre hurdles (Senior 30")

Boys

100 metre hurdles (Midget 33"/Junior 36")
110 metre hurdles (Senior 36")
300 metre hurdles (Midget & Junior 33")
400 metre hurdles (Senior 36")

4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).

5. **ENTRIES:**

- a) All entries must be received by the Convenor by the date announced at the pre-season meeting. No entries will be accepted the day of the meet. Coaches bear the sole responsibility of the accuracy and completeness of their entries.
- b) Individual schools are allowed (3) entries per event and (1) entry per relay. If GHAC regulations allow, Wildcards are permitted to exceed 3 entries in some events.
- c) In relays, each school may enter one team per school in each meet.
- d) Any one competitor may enter (3) events plus one sprint relay and an open relay.
- e) An athlete may compete in the individual Track and Field event in his/her own age classification and then may move up to a higher classification for a relay providing

he/she does not compete in the relay or relays in his/her own classification.

6. **RULE BOOK:** Unless otherwise specifically amended by any rule addressed in OFSAA Regulations, or in the Athletics Canada (AC) Rule Book, all rules published, or currently amended, by the International Association of Athletics Federations (IAAF), or (where relevant) the International Paralympic Committee (IPC)

7. **OFFICIALS:** To be of the highest calibre.

8. **UNIFORMS:** All competitors in the HSSAA Track and Field Meets shall wear a presentable school uniform or Physical Education Uniform. A violation of this will bar the offender from entry into the events. It should be noted that uniform specifications for O.F.S.A.A. relay events are identical tops.

9. **STARTING TIME:** Not specified. Details are announced at the Pre-Season Coaches Meeting.

10. **AWARDS:**

A Trophy will be awarded to the Overall Team Champion. Halton Medallions, in addition to those presently awarded, should be awarded to the First Place Finishers in all Bantam, Junior and Senior Individual and Relay Track and Field events.

- a) Boys Team Champion - Trophy
- b) Girls Team Champion - Trophy
- c) Overall Team Champion - Trophy
- d) Medallions for each event winner

11. **GHAC REPRESENTATION:**

- a) Competitors in each event advance to GHAC.

12. **GENERAL REGULATIONS:**

- a) The order of events are to be circulated at the Pre-Season Coaches Meeting.
- b) Calling events: All events will be called three (3) times;
 - 1st call: 30 minutes prior to the start of event
 - 2nd call: 15 minutes prior to the start of event
 - 3rd call: 10 minute prior to the start of event
- c) Reporting of Contestants: It is the competitor's responsibility to report to the official in charge of the event immediately after the first call. This should be done before the start of the event if he/she is competing in another event at the same time.
- d) Order of Precedence: In the event that competitors are entered in events that are being conducted at the same time, track events will take precedence over the Pole Vault and High Jump, which in turn, will take precedence over all other field events.
- e) Measurement:
 1. All measurements shall be made with a certified steel or fiberglass tape.
 2. Distances or heights shall be recorded to the nearest .5cm below the distance achieved or covered, and if over 35M, shall be recorded to the nearest cm below the distance covered; (fractions less than .5cm must be ignored) In jumping for height, all measurements shall be length of the perpendicular between the ground and the lowest part of the upper side of the bar.
- f) Scoring: The points shall be: 1st place - 10 points
 - 2nd place - 8 points
 - 3rd place - 6 points
 - 4th place - 4 points
 - 5th place - 2 points

6th place - 1 point

In the open events, the points won count for an individual Championship in the class to which the competitor belongs. The competitors placing in these events will be awarded the number of points awarded for their place in the event, (e.g. a Junior competitor placing 2nd in the 3000 meter run would be awarded only the points awarded for his place in the event, even though he was the best of his class in the event).

g) The decision as to whether the meet shall be called off due to weather conditions, etc., will be made by the Co-Ordinators and the Convenor by 10:30 AM on the day of the meet or at any time during that day that lightning is present. If postponed, the meet will be held on the next available day.

h) Profane language and/or unsportsmanlike conduct will not be tolerated and may result in disqualification.

PLAYING REGULATION 18.0 - VOLLEYBALL (BOYS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the HSSAA Constitution
3. **EVENTS:** There will be competitions for a Junior and Senior Champion in both Tier 1 and Tier 2.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:**
 - a) Each HSSAA Member School may enter one team in each Division.
 - b) There is no limit to the number of players on a Volleyball Team. NOTE: no more than (12) players may be used in any game. (See Rule Book - Rule #5, Article 2)
6. **RULE BOOK:** The Canadian Volleyball Association Rule Book for the current school year will be used. The height of the net for Senior Boys will be 2.43 metres and the height of the net for Junior and Bantam Boys will be **2.35 metres**.
7. **OFFICIALS:** A rated referee will be used. Host school will supply umpire and minor officials unless the competing school brings one linesperson.
8. **UNIFORMS:** The playing uniforms shall consist of jerseys, numbered front and back, shorts and running shoes. Players may not at any time compete in bare feet.
9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches meeting
10. **AWARDS:** For each Division, there will be:
 - a) A Trophy - for the winning team.
 - b) Medallions - for each member of the winning team and the finalist team. (max 15 per team)
11. **GHAC REPRESENTATION:** As governed by HSSAA Constitution [Article XVI, Section XI](#)
12. **GENERAL REGULATIONS:**
 - a) At all HSSAA games, effective September 1990, a three copy game sheet must be used with one copy going to the Visiting team, one copy going to the Home team and one copy going to the Athletic Convenor.
 - b) **LEAGUE GAMES:**
 1. All matches will be (2) out of (3) games
 2. 3rd game is compulsory
 3. Flip coin for serve - 3rd game
 4. Switch ends after (8) points in 3rd game
 5. Set of antennas must be used
 - c) All Senior finals and OFSAA qualifying/challenge matches will be best 3 out of 5 sets played to 15 points. Junior finals will remain the best 2 out of 3 format.

d) BREAKING TIES: refer to Article XXII, Section IV- Application of Sport Specific Tiebreakers

6. A player or coach ejected from a league or playoff game will be automatically prohibited from dressing for and participating in the next scheduled game.

PLAYING REGULATION 18.1 - VOLLEYBALL (GIRLS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the HSSAA Constitution
3. **EVENTS:** There will be competitions for Junior and Senior Champions in the respective league alignment divisions.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each school may enter one team per Division.
6. **RULE BOOK:** The rules and regulations as outlined in the "Volleyball Guide" by the C.V.A. will govern unless specified differently in the Playing Regulations. The height of the net for Senior Girls will be 2.24 metres and the height of the net for Junior Girls will be 2.15 metres
7. **OFFICIALS:**
 - a) To be assigned by the Halton Referee-In-Chief. Officials shall be of the highest caliber possible. Referees are not to be used when they teach in the school of one of the competing teams, unless both coaches agree.
 - b) Two rated officials are to be used for all playoff games.
 - c) Officials for all playoff and championship games are to be assigned under the direction of the league Convenor. Requests for specific officials are to be discouraged.
 - d) The Referee-In-Chief (or designate) must be invited to attend a coaches meeting prior to the start of league play, outlining any rule changes or interpretations for the season. Changes in rules and/or interpretations should not occur during the season without another meeting of the coaches, Convenor and Referee-In-Chief. Requests for rule changes specific to Halton by the coaches must be made at this meeting.
 - e) The Referee-In-Chief must be made aware of any league exceptions to O.V.A. Rules and he/she in turn, must make his/her officials aware of these exceptions.
8. **UNIFORMS:** Will be governed by O.V.A. Rules.
9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches meeting
10. **AWARDS:** For each Division, there will be:
 - a) A Trophy - for the winning team
 - b) Medallions - for each member of the winning team (max 15)
 - c) Medallions - for each member of the finalist team (max 15)
11. **GHAC REPRESENTATION:** As governed by HSSAA Constitution [Article XVI, Section XI](#)
12. **GENERAL REGULATIONS:**
 - a) The following exceptions to C.V.A. Rules will be permitted:
 1. More than (12) players are allowed to be listed on the score sheet and to play in one match.

2. Team members will be allowed to come off the bench to listen to the coach during timeouts.
3. More than one coach may be allowed to come off the bench to speak to the home team during a time out. (Max. of 2)
- b) The host school will provide whistles, time clock, competent linesperson, game ball, scorer and visual scoreboard. The home team will provide two lines persons. The visiting team will provide their own practice balls.
- c) LEAGUE GAMES:
 1. All matches will be (2) out of (3) games.
 2. The 3rd game is compulsory.
 3. Flip a coin for serve in the 3rd game and switch ends after one team accumulates (8) points.
 4. All games are to be played in the school's main gymnasium.
 5. The Convenor will attempt to schedule half of the school's games with the Junior Team playing first and the other half with the Senior Team playing first.
 6. Warm-up will be 5-5-2 with the home team having court first.(5-5-2 means the home team has the entire court for five minutes, followed by the visiting team having the court for five minutes, followed by a 2 minute serving period by both teams.
- d) All Senior finals and OFSAA qualifying/challenge matches will be best 3 out of 5 sets played to 15 points. Junior finals will remain the best 2 out of 3 format.
- e) BREAKING TIES Refer to Article XXII, Section IV – Application of Sport Specific Tiebreakers.
 - e) At all HSSAA games, effective September 1990, a three copy game sheet must be used with one copy going to the Visiting Team, one copy going to the Home Team and one copy going to the Athletic Convenor.
 - f) A player or coach ejected from a league or playoff game will be automatically prohibited from dressing for and participating in the next scheduled game.

PLAYING REGULATION 18.2 - VOLLEYBALL (GIRLS BANTAM)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All Bantam competitors must meet the age classification as per HSSAA Constitution, [Article VI, Section III](#) of the HSSAA Constitution.
3. **EVENTS:** There will be a series of Bantam Tournaments with one designated as a Championship Tournament.
 - a) A tournament format will be used.
 - b) Schools will be grouped into Divisions (Volpe/Richardson).
 - c) There will be tournaments during the winter season, with no more than one (1) per week.
 - d) Matches will be best (2) out of (3) games.
 - e) A Championship for each Division will be held.
 - f) A Championship Tournament may be held for the top teams from each Division.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#). Students competing or practicing with Provincial or National Volleyball Teams during the current school year may not compete in Halton Volleyball.
5. **ENTRIES:** Each school may enter (1) team in tournament play.
6. **RULE BOOK:** The Canadian Volleyball Association Rule Book for the current year is to be used. The following exceptions to the C.V.A. Rules will be permitted:
 - a) More than (12) players are allowed to be listed on the game sheet and play in one match.
 - b) Team members will be allowed to come off the bench to listen to the coach during time outs.
 - c) More than one (1) coach may be allowed to come off the bench to listen during a time out.
7. **OFFICIALS:** Host schools are responsible for supplying referees, umpires and scorers for tournament play. These may be teachers, senior volleyball players or knowledgeable students. Linesmen will be the responsibility of the competing teams.
8. **UNIFORMS:** Team shirts with numbers must be used.
9. **STARTING TIME:** It is recommended that tournament play begin at 3:00 PM, with warm-ups beginning at 2:30 PM.
10. **AWARDS:** No awards or champions need be declared. However, if awards are to be given, their cost will be the responsibility of the competing schools
11. **GHAC REPRESENTATION:** Not applicable.
12. **GENERAL REGULATIONS:** TIE BREAKING PROCEDURE (TOURNAMENT PLAY)
 - a) The number of matches won.
 - b) The record between tied teams.

PLAYING REGULATION 19.0 - WRESTLING

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the Senior age requirements as per [Article VI, Section III](#) of the HSSAA Constitution.
3. **EVENTS:** O.F.S.A.A. metric weights will be used in Halton. The weights are as follows: Men: 38kg, 41kg, 44kg, 47.5kg, 51kg, 54kg, 57.5kg, 61kg, 64kg, 67.5kg, 72kg, 77kg, 83kg, 89kg, 95kg, 130kg, and over 130kg.
 - In order to compete in the 130 kg class, a competitor must weigh in over 95 kg and in order to compete in the highest weight class, a competitor must weigh in over 130 kg. Women: 41kg, 44kg, 47.5kg, 51kg, 54kg, 57.5kg, 61kg, 64kg, 67.5kg, 72kg, 77kg, 83kg, 115kg, and over 115kg.
 - In order to compete in the 115 kg class, a competitor must weigh in over 83 kg and in order to compete in the highest weight class, a competitor must weigh in over 115 kg.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#). Boys and Girls will be eligible to compete in their respective weight classes.
5. **ENTRIES:** Each school may enter an unlimited number of competitors per weight class; however, only the highest two (2) finishers will count for team points.
6. **RULE BOOK:** The current Wrestling Canada Lutte rule book will govern with the right of modification where it benefits Halton.
7. **OFFICIALS:** Only rated officials will be used. Five officials should be used. (If there are four mat surfaces)
8. **UNIFORMS:** Not specified.
9. **STARTING TIME:** 7:30 AM - 8:30 AM - WEIGH INS
8:30 AM - 9:15 AM - COACHES MEETING AND DRAW
9:30 AM - START OF COMPETITION
10. **AWARDS:** A Trophy will be presented to the overall team Champion. Individual Weight Class Champions receive Medallions. The winning team will receive (18) Medallions.
11. **GHAC REPRESENTATION:**
 - a) **ELIGIBILITY:** The top (4) wrestlers as determined by each region, shall be eligible for GHAC competition. If one region does not have (4) competitors, the other region may send their 5th and 6th place finishers. The regional results must be forwarded by email to the GHAC Convenor within (24) hours of the regional competition. Both the Hamilton and Halton Championships should be held on the same day. Wrestlers must compete in a minimum of (3) competitions prior to their regional qualifying tournament to be eligible for GHAC competition.

All wrestlers must be registered with the Hamilton, Halton and GHAC Convenors, (2) weeks prior to the GHAC competition. Wrestlers must be registered at a given weight (Wrestler may wrestle 119, 127, or 134)

b) BYE INTO GHAC: Athletes may be given a bye directly into GHAC under exceptional circumstances such as injury, sickness, involvement in a higher level of competition etc. The granting of a bye is at the discretion of the regional coaches and must follow a formal request by the athlete's coach. Injured or ill athletes must make weight at the Regionals, those involved in another competition must be competing at or below their GHAC weight or make weight before departure. If an athlete receives a bye, he must be seeded #1 or #2 from his region. The region will only qualify (3) others at the regional competition and a maximum of (4) overall.

c) SEEDING: 1st and 3rd seeds from one region will be grouped with the 2nd and 4th seeds from the other region. In the first round the pairings will be #1 seed (Hamilton/Halton) vs. #4 seed (Hamilton/Halton) and #2 seed (Hamilton/Halton) vs. #3 seed (Hamilton/Halton).

d) FORMAT: A two pool round robin format will be used. All wrestlers in the pool will face one another, unless one wrestler is winless after two rounds and all other competitors have won one match. If two wrestlers are winless after Round #2, they will meet to determine 3rd place in the pool. (Good points will not be used to eliminate wrestlers who have not met). In the semi-finals, #1 from Pool #1 and Pool #2 will face #2 from Pool #2 and Pool #1. The winners of the semi-finals will compete for the Gold Medal and qualify for OFSAA competition, while the losers will compete for the Bronze. The 3rd place finisher in each pool will wrestle for 5th place. If there are less than (6) competitors, only (1) Pool will be used. In a (1) Pool system, the zone champions will face the lowest finisher from the other zone in round #1. Zone Champions will not meet before round #3.

e) SCORING: Only the top placing per school will count for team points. Challenge matches do not affect medal placement or team scoring.

SCORING: 1ST - 12 POINTS

2ND - 9 POINTS

3RD - 6 POINTS

4TH - 4 POINTS

5TH - 2 POINTS

6TH - 1 POINT

f) CHALLENGE MATCHES: Using the Pool format, there will no longer be any challenge matches

g) WEIGH-INS: Optional night before weigh-ins will be held at two locations. Weigh-ins will be done from 6:00 PM to 6:30 PM and supervised by a GHAC Official. Night before weigh-ins must be verified by an official and an opposing coach. Night before weigh-ins will be held in alternating years in Burlington/Hamilton and Georgetown/Milton. Those who do not weigh in the night before, may weigh in at the competition site on the morning of the competition.

h) GHAC DRAW: FORMAT - (2) Four man Pool

- UWW Nordic Draw Scoring/FILA Round Robin Scoring

- Seeding remains as is

11. **GENERAL REGULATIONS:**

a) TOURNAMENT DRAW: A double elimination bracket draw will be used in weight classes with 6 or more athletes, and a Nordic draw will be used in weight classes with 5 or less athletes.

b) TEAM SCORING: All individuals placing in the top (6) will score points for their team. Only the top (2) wrestlers per school may count for team points. Only the top placing per school will count for team points. Challenge matches do not affect medal placement or team scoring.

SCORING: 1ST - 12 POINTS
 2ND - 9 POINTS
 3RD - 6 POINTS
 4TH - 4 POINTS
 5TH - 2 POINTS
 6TH - 1 POINT

- c) WEIGH-INS: Calibrated scales must be used.
- d) DATES: The GHAC Meet should be approximately one week before OFSAA and the Halton Tournament one week before GHAC.
- e) HALTON SEEDING: Seeding will be agreed upon between coaches before the draws are posted.

PLAYING REGULATION 20.0 - ULTIMATE

1. **SAFETY GUIDELINES**: Each HSSAA member school shall insure that the current physical education safety guidelines-secondary inter school module, outline according to the following critical components: EQUIPMENT, CLOTHING/ FOOTWEAR, FACULTIES, SPECIAL RULES/INSTRUCTION, AND SUPERVISION be adhered to at all times. Specific details on the critical components will be provided at the Pre-Season Coaches Meeting.
2. **AGES**: As governed by HSSAA constitution Article VI, Section III
3. **EVENTS**: The HSSAA Championships will be run as a 1 day tournament.
4. **ELIGIBILITY**: As governed by HSSAA Constitution Article VI.
5. **ENTRIES**: Each HSSAA member school may enter one team. A team may dress an unlimited number of players.
6. **RULEBOOK**: All teams will play under the current 11th edition rules, available online at ultimate Canada or USA ultimate at; https://www.usultimate.org/resources/officiating/rules/11th_edition_rules.aspx If a more current version of the rules is released, the newest version of the rules used by Ultimate Canada will supersede the 11th edition rules.
7. **RULES OF PLAY**:
 - A) All teams will play with 7 players on the field, with a minimum of 3 males and 3 females. The 7th player is either male or female. It is up to the receiving team (Offence) to determine the gender ratio. It is up to the opposing team to match the gender ratio of the receiving team.
 - B) The field of play will follow regulation size as stated in the 11th edition rules. Using a 110 m Canadian football sized field, each end-zone will be 20 yards deep, with a 70 yard playing field between the endzones. The width of the field is intended to be 37 meters wide. If a 110 yard long field of play is not available and/or a more narrow field needs to be used, coaches will agree on the dimensions of the field before the start of the game or tournament.
 - C) Foot blocks are not allowed during any high school ultimate competition. A foot block is defined as an attempt to stop the disc that is in the air with a foot or leg. This is especially dangerous while an athlete is marking the person with the disc, but the leg should not be used to stop a disc in the air at any location on the field of play. If a disc is thrown into the leg or foot of a defensive player, it is not a foot block because it was not intentionally using the leg or foot to defend the disc. If a foot block occurs, any offensive player on the field of play that has the best perspective to view the foul may call a foot block foul. This results in the disc being returned to the thrower with a count of 1 if uncontested, or the original count minus one if contested with a maximum starting stall count of 6.
 - D) Spirit of the Game is an important aspect of Ultimate – Spirit scores are awarded by the opposing team.
 - E) Tie breaker is broken down in the following order: a. Head to Head play b. Spirit Points c. Points Against

8. **AWARDS:** For each division, there will be: A) A Trophy - for the winning team. B) Medallions - for each member of the winning team. (20 max) C) Medallions - for each member of the finalist team. (20 max)

9. **UNIFORMS AND EQUIPMENT:**

A) Teams shall be dressed in similar shirts that must be numbered.

B) Cleats may be worn, however, may not have any medal exposed.

10. **GHAC REPRESENTATION:** As governed by HSSAA Constitution Article XVI, Section

APPENDIX A

Categories and Definitions of Allowable Exceptionalities for Appeal of Age Restriction Eligibility

The following categories of exceptionalities and definitions outline the **allowable student exceptionalities** upon which an appeal to the Age Restriction Eligibility must be based. These definitions are consistent with those of the Ministry of Education

Communication	<p><u>Autism</u> A severe learning disorder that is characterized by:</p> <p>a) disturbances in:</p> <ul style="list-style-type: none"> • rate of educational development; • ability to relate to the environment; • mobility; • perception, speech, and language; <p>b) lack of the representational symbolic behaviour that precedes language.</p>
	<p><u>Deaf and Hard-of-Hearing</u> An impairment characterized by deficits in language and speech development because of a diminished or non-existent auditory response to sound.</p>
Intellectual	<p><u>Mild Intellectual Disability</u> A learning disorder characterized by:</p> <p>a) an ability to profit educationally within a regular class with the aid of considerable curriculum modification and supportive service;</p> <p>b) an inability to profit educationally within a regular class because of slow intellectual development;</p> <p>c) a potential for academic learning, independent social adjustment, and economic self support.</p>
	<p><u>Developmental Disability</u> A severe learning disorder characterized by:</p> <p>a) an inability to profit from a special education program for students with mild intellectual disabilities because of slow intellectual development;</p> <p>b) an ability to profit from a special education program that is designed to</p> <p>c) accommodate slow intellectual development;</p> <p>d) a limited potential for academic learning, independent social adjustment, and economic self- support.</p>
Physical	<p><u>Physical Disability</u> A condition of such severe physical limitation or deficiency as to require special assistance in learning situations to provide the opportunity for educational achievement equivalent to that of pupils without exceptionalities who are of the same age or developmental level.</p>
	<p><u>Blind and Low Vision</u> A condition of partial or total impairment of sight or vision that even with correction affects educational performance adversely.</p>
Multiple	<p><u>Multiple Exceptionalities</u> A combination of learning or other disorders, impairments, or physical disabilities, that is of such nature as to require, for educational achievement, the services of one or more teachers holding qualifications in special education and the provision of support services appropriate for such disorders, impairments, or disabilities.</p>

Excerpted from: HDSB Special Education Plan 2007-2011

Production of evidence/documentation described above does not guarantee eligibility. If granted, the exception will apply only to competition at the HSSAA level.

Signature of Student

Signature of School Official

Signature of Parent/Guardian

Name & Title of School Official