

PLAYING REGULATION 14.0 – FASTPITCH (GIRLS)

1. **SAFETY GUIDELINES:** Each HSSAA Member School shall ensure that the current Physical Education Safety Guidelines - Secondary Inter School Module, outlined according to the following critical components: EQUIPMENT, CLOTHING / FOOTWEAR, FACILITIES, SPECIAL RULES / INSTRUCTION and SUPERVISION, be adhered to at all times. Specific details on the Critical Components will be provided at the Pre-Season Coaches Meeting.
2. **AGES:** All competitors shall meet the age requirements as per [Article VI, Section III](#) of the HSSAA Constitution.
3. **EVENTS:** There will be competition for Varsity Team Champions.
4. **ELIGIBILITY:** As governed by HSSAA Constitution [Article VI](#).
5. **ENTRIES:** Each HSSAA Member School may enter one school team. No limit to the number of players dressed for the game.
6. **RULE BOOK:** O.S.A. Rule Book will apply.
7. **OFFICIALS:** To be of the highest caliber obtainable.
8. **UNIFORMS:** All competitors must wear a uniform top. No metal spikes are permitted
9. **STARTING TIME:** To be set by the Athletic Convenor prior to the preseason coaches meeting
10. **AWARDS:** A team Trophy will be awarded to the winning team. Each member of the winning team will receive Gold Medallions. Each member of the finalist team will receive Silver Medallions. (Max 20 per team)
11. **GHAC REPRESENTATION:** Not applicable.
12. **GENERAL REGULATIONS:**
 - a) All games are to be 7 innings with a 1hour 55 minute time limit. If after 5 complete innings a team is 10 or more runs up, the game is **called**.
 - b) No more than 7 runs may be scored in one inning. Exception: The final inning is an open inning where there is no limit to the amount of runs that can be scored.
 - c) Unlimited substitution provided the player sits out one full rotation of the batting order. NOTE: The player must return to the same spot in the batting order.
 - d) A pitcher may only pitch an unlimited number of outs.
 - e) The home team is responsible for preparing the diamond and providing 2 new softballs. Visitors should provide 1 good ball.
 - f) Ground rules are to be established before the beginning of each game.
 - g) **TIE BREAKING PROCEDURE:**
Refer to [Article XVI, Section III](#), Application of Sport Specific Tiebreakers.
 - h) Any player or coach ejected from a game shall result in an additional suspension from the next regular season and/ or playoff game.